

2011 Florida Behavioral Risk Factor Surveillance System (BRFSS) Data Report



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2011 Florida Behavioral Risk Factor Surveillance System Data Report

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Introduction

Completed Surveys: 12,399
2011 State Adult Population: 14,809,250

The Florida Department of Health is pleased to release the 2011 Florida Behavioral Risk Factor Surveillance System (BRFSS) Data Report. In 2011, 12,399 Florida adults, aged 18 years or older, completed the survey. This survey was developed in collaboration with national, state, and local representatives to better meet the needs of programs, researchers, and community planners by providing estimates of prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida.

The 2011 BRFSS survey collected data on a variety of issues related to health status, healthcare access, lifestyle, chronic illnesses, and disease prevention practices. These data can be used to: (1) determine priority health issues and identify populations at highest risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease.

This report examines county level estimates for leading health indicators, each of which is presented by sex, race/ethnicity, age, education, income, and marital status. The 2011 BRFSS survey data are adjusted, or “weighted”, so that the resulting estimates can be generalized to all Florida adults aged 18 years or older.

The weighting methodology for the 2011 BRFSS data is iterative proportional fitting, or “raking”. Raking is a commonly used estimation procedure where estimates are controlled to population totals or control totals. These estimates are adjusted by one demographic variable at a time until all variables have been adjusted. The procedure continues in a repetitive process until all group proportions in the sample approach those of the population. Raking variables for the 2011 BRFSS include age, sex, race/ethnicity, telephone source, education, marital status, and renter/owner status. Raking is used to mitigate the various sources of survey error such as under-coverage and nonresponse. A process called weight trimming is also being used and refers to increasing the value of extremely low weights and decreasing the value of extremely high weights to reduce their impact on the variance of the estimates.

Since BRFSS respondents are randomly selected, measures of prevalence, reported as percentages, are subject to random sampling errors; therefore, each measure listed in the data tables includes the 95% confidence interval. Measures of prevalence have been excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

Using the confidence intervals, comparisons can be made between subpopulations within a measure (e.g., general level of health of males compared to females). If the confidence intervals overlap, there is no statistically significant difference in the prevalence rates. However, if the confidence intervals do not overlap, there is a statistically significant difference. For example, if 13.0%-15.7% of males and 10.5%-12.7% of females report their general level of health as fair or poor, it is appropriate to state that the prevalence of adults reporting their general level of health as fair or poor was significantly higher in males than females. If a measure’s confidence interval is wide, data should be interpreted with caution.

If any assistance is needed with data interpretation or survey methodology and for more information about the BRFSS, please contact the Bureau of Epidemiology’s Chronic Disease Section at (850) 245-4401 or by e-mail at ChronicDisease@doh.state.fl.us. You can also visit our website at <http://www.FloridaChronicDisease.org>.

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Alcohol Consumption

Percentage of adults who engaged in heavy or binge drinking in the past 30 days:

		Measure	95% CI	
ALL	Overall	18.8	17.6	– 20.0
SEX	Male	23.8	21.8	– 25.8
	Female	14.1	12.7	– 15.5
RACE/ETHNICITY	Non-Hispanic White	21.2	19.7	– 22.7
	Non-Hispanic Black	13.1	9.9	– 16.4
	Hispanic	16.3	13.3	– 19.4
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	26.1	23.7	– 28.5
	Non-Hispanic White Female	16.8	15.0	– 18.5
	Non-Hispanic Black Male	16.9	11.0	– 22.8
	Non-Hispanic Black Female	9.8	6.5	– 13.2
	Hispanic Male	22.7	17.6	– 27.9
	Hispanic Female	9.5	6.6	– 12.5
AGE GROUP	18-44	25.1	22.8	– 27.4
	45-64	17.4	15.6	– 19.2
	65 & Older	8.7	7.3	– 10.0
EDUCATION LEVEL	<High School	18.7	14.9	– 22.6
	High School/GED	18.5	16.2	– 20.7
	>High School	18.9	17.4	– 20.4
ANNUAL INCOME	<\$25,000	16.5	14.4	– 18.7
	\$25,000-\$49,999	20.5	17.9	– 23.1
	\$50,000 or More	21.6	19.4	– 23.8
MARITAL STATUS	Married/Couple	16.7	15.2	– 18.2
	Not Married/Couple	21.3	19.3	– 23.2

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

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Arthritis

Percentage of adults who were ever told, by a healthcare provider, they had some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia:

		Measure	95% CI	
ALL	Overall	26.9	25.8	– 28.0
SEX	Male	22.7	21.1	– 24.3
	Female	30.8	29.3	– 32.3
RACE/ETHNICITY	Non-Hispanic White	32.6	31.2	– 33.9
	Non-Hispanic Black	19.3	16.1	– 22.4
	Hispanic	15.8	13.2	– 18.3
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	27.7	25.7	– 29.7
	Non-Hispanic White Female	37.1	35.2	– 38.9
	Non-Hispanic Black Male	18.7	13.4	– 24.0
	Non-Hispanic Black Female	19.7	16.0	– 23.5
	Hispanic Male	12.3	8.8	– 15.8
	Hispanic Female	19.3	15.6	– 23.0
AGE GROUP	18-44	8.5	7.2	– 9.8
	45-64	33.9	31.9	– 36.0
	65 & Older	52.2	50.1	– 54.3
EDUCATION LEVEL	<High School	30.4	26.7	– 34.1
	High School/GED	29.9	27.8	– 32.0
	>High School	24.2	22.8	– 25.5
ANNUAL INCOME	<\$25,000	30.1	28.0	– 32.3
	\$25,000-\$49,999	26.9	24.6	– 29.1
	\$50,000 or More	22.4	20.5	– 24.2
MARITAL STATUS	Married/Couple	27.7	26.2	– 29.3
	Not Married/Couple	25.9	24.3	– 27.5

Percentage of adults with arthritis who reported being limited, in any way in any of their usual activities, because of arthritis or joint symptoms:

		Measure	95% CI	
ALL	Overall	13.9	13.1	– 14.8
SEX	Male	10.5	9.3	– 11.6
	Female	17.2	16.0	– 18.4
RACE/ETHNICITY	Non-Hispanic White	17.2	16.1	– 18.3
	Non-Hispanic Black	8.5	6.4	– 10.6
	Hispanic	7.4	5.6	– 9.1
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	13.0	11.5	– 14.4
	Non-Hispanic White Female	21.1	19.6	– 22.6
	Non-Hispanic Black Male	7.5	3.9	– 11.0
	Non-Hispanic Black Female	9.5	7.1	– 11.8
	Hispanic Male	5.3	3.1	– 7.6
	Hispanic Female	9.5	6.9	– 12.1
AGE GROUP	18-44	4.8	3.8	– 5.8
	45-64	18.3	16.7	– 19.9
	65 & Older	25.7	23.9	– 27.6
EDUCATION LEVEL	<High School	18.3	15.4	– 21.3
	High School/GED	14.9	13.3	– 16.5
	>High School	12.2	11.3	– 13.2
ANNUAL INCOME	<\$25,000	17.6	16.0	– 19.3
	\$25,000-\$49,999	13.3	11.6	– 15.0
	\$50,000 or More	9.9	8.6	– 11.2
MARITAL STATUS	Married/Couple	13.6	12.4	– 14.7
	Not Married/Couple	14.4	13.1	– 15.6

CI = Confidence Interval

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Arthritis

Percentage of adults with arthritis who had ever taken an educational course or class to teach themselves how to manage problems related to their arthritis or joint symptoms:

		Measure	95% CI	
ALL	Overall	12.2	10.4	– 14.0
SEX	Male	12.6	9.2	– 16.0
	Female	11.9	9.9	– 14.0
RACE/ETHNICITY	Non-Hispanic White	11.7	9.7	– 13.7
	Non-Hispanic Black	8.0	1.5	– 14.5
	Hispanic	14.5	7.6	– 21.3
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	11.6	7.9	– 15.2
	Non-Hispanic White Female	11.8	9.5	– 14.1
	Non-Hispanic Black Male	11.1	0.0	– 24.0
	Non-Hispanic Black Female	5.3	1.6	– 9.0
	Hispanic Male	17.2	2.6	– 31.7
	Hispanic Female	13.0	5.9	– 20.1
AGE GROUP	18-44	17.5	8.1	– 26.9
	45-64	13.5	10.4	– 16.7
	65 & Older	9.8	8.1	– 11.4
EDUCATION LEVEL	<High School	6.9	3.4	– 10.4
	High School/GED	10.7	7.1	– 14.4
	>High School	14.9	12.4	– 17.3
ANNUAL INCOME	<\$25,000	13.5	10.0	– 17.0
	\$25,000-\$49,999	9.9	6.9	– 12.8
	\$50,000 or More	13.2	9.7	– 16.8
MARITAL STATUS	Married/Couple	12.7	10.2	– 15.2
	Not Married/Couple	11.5	8.8	– 14.2

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Asthma

Percentage of adults who were told, by a healthcare provider, that they currently have asthma:

		Measure	95% CI		
ALL	Overall	7.6	6.9	–	8.3
SEX	Male	5.4	4.3	–	6.5
	Female	9.7	8.7	–	10.7
RACE/ETHNICITY	Non-Hispanic White	7.5	6.7	–	8.3
	Non-Hispanic Black	9.0	6.4	–	11.7
	Hispanic	6.9	4.9	–	8.9
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	4.9	3.8	–	6.0
	Non-Hispanic White Female	9.8	8.7	–	11.0
	Non-Hispanic Black Male	8.7	4.1	–	13.2
	Non-Hispanic Black Female	9.4	6.4	–	12.3
	Hispanic Male	4.9	2.1	–	7.7
	Hispanic Female	8.9	6.1	–	11.8
AGE GROUP	18-44	7.4	6.0	–	8.7
	45-64	8.7	7.5	–	9.9
	65 & Older	6.6	5.6	–	7.5
EDUCATION LEVEL	<High School	9.3	6.9	–	11.7
	High School/GED	7.8	6.4	–	9.3
	>High School	7.0	6.1	–	7.9
ANNUAL INCOME	<\$25,000	9.5	8.0	–	11.0
	\$25,000-\$49,999	6.9	5.5	–	8.2
	\$50,000 or More	7.0	5.7	–	8.4
MARITAL STATUS	Married/Couple	6.7	5.8	–	7.7
	Not Married/Couple	8.6	7.4	–	9.8

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Cancer Prevalence

Percentage of adults who were ever told, by a healthcare provider, they had skin cancer:

		Measure	95% CI	
ALL	Overall	9.0	8.4	– 9.6
SEX	Male	8.9	8.0	– 9.8
	Female	9.1	8.3	– 9.9
RACE/ETHNICITY	Non-Hispanic White	13.6	12.8	– 14.5
	Non-Hispanic Black	0.2	0.0	– 0.5
	Hispanic	2.3	1.3	– 3.3
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	13.7	12.4	– 15.1
	Non-Hispanic White Female	13.6	12.4	– 14.7
	Non-Hispanic Black Male	0.2	0.0	– 0.4
	Non-Hispanic Black Female	0.2	0.0	– 0.7
	Hispanic Male	1.7	0.4	– 3.1
	Hispanic Female	2.8	1.4	– 4.3
AGE GROUP	18-44	1.6	1.1	– 2.2
	45-64	8.6	7.5	– 9.6
	65 & Older	23.6	22.0	– 25.2
EDUCATION LEVEL	<High School	6.0	4.5	– 7.6
	High School/GED	8.6	7.5	– 9.6
	>High School	10.0	9.2	– 10.8
ANNUAL INCOME	<\$25,000	6.7	5.7	– 7.7
	\$25,000-\$49,999	9.7	8.4	– 10.9
	\$50,000 or More	9.9	8.8	– 11.0
MARITAL STATUS	Married/Couple	10.2	9.3	– 11.1
	Not Married/Couple	7.6	6.8	– 8.3

Percentage of adults who were ever told, by a healthcare provider, they had any other type of cancer besides skin cancer:

		Measure	95% CI	
ALL	Overall	7.4	6.8	– 8.0
SEX	Male	6.0	5.3	– 6.7
	Female	8.8	7.9	– 9.7
RACE/ETHNICITY	Non-Hispanic White	9.4	8.7	– 10.2
	Non-Hispanic Black	3.9	2.3	– 5.4
	Hispanic	3.5	2.2	– 4.9
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	8.0	7.0	– 9.0
	Non-Hispanic White Female	10.7	9.7	– 11.8
	Non-Hispanic Black Male	3.7	1.7	– 5.8
	Non-Hispanic Black Female	4.0	1.7	– 6.3
	Hispanic Male	2.2	0.6	– 3.8
	Hispanic Female	4.9	2.7	– 7.0
AGE GROUP	18-44	1.6	1.0	– 2.1
	45-64	6.7	5.7	– 7.6
	65 & Older	19.6	17.9	– 21.3
EDUCATION LEVEL	<High School	8.6	6.4	– 10.7
	High School/GED	7.0	6.0	– 8.0
	>High School	7.4	6.7	– 8.1
ANNUAL INCOME	<\$25,000	7.9	6.7	– 9.0
	\$25,000-\$49,999	8.5	7.2	– 9.8
	\$50,000 or More	6.4	5.5	– 7.3
MARITAL STATUS	Married/Couple	8.1	7.2	– 9.0
	Not Married/Couple	6.6	5.9	– 7.4

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Cardiovascular Disease

Percentage of adults who were ever told, by a healthcare provider, they had a stroke:

		Measure	95% CI	
ALL	Overall	3.8	3.4	4.3
SEX	Male	3.5	2.9	4.2
	Female	4.1	3.5	4.8
RACE/ETHNICITY	Non-Hispanic White	4.2	3.7	4.7
	Non-Hispanic Black	2.3	1.4	3.1
	Hispanic	3.5	2.2	4.9
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	4.1	3.3	4.8
	Non-Hispanic White Female	4.4	3.7	5.1
	Non-Hispanic Black Male	1.8	0.6	3.0
	Non-Hispanic Black Female	2.7	1.5	3.8
	Hispanic Male	3.0	1.2	4.7
	Hispanic Female	4.1	2.0	6.1
AGE GROUP	18-44	0.8	0.4	1.2
	45-64	4.6	3.7	5.4
	65 & Older	8.8	7.5	10.0
EDUCATION LEVEL	<High School	7.1	5.2	9.0
	High School/GED	3.6	2.9	4.4
	>High School	3.0	2.6	3.5
ANNUAL INCOME	<\$25,000	5.5	4.5	6.4
	\$25,000-\$49,999	3.6	2.5	4.6
	\$50,000 or More	1.9	1.4	2.4
MARITAL STATUS	Married/Couple	3.9	3.2	4.5
	Not Married/Couple	3.8	3.2	4.4

Percentage of adults who were ever told, by a healthcare provider, they had a heart attack, angina or coronary heart disease, or a stroke:

		Measure	95% CI	
ALL	Overall	10.5	9.7	11.2
SEX	Male	11.6	10.5	12.8
	Female	9.4	8.5	10.2
RACE/ETHNICITY	Non-Hispanic White	12.0	11.1	12.8
	Non-Hispanic Black	6.6	4.7	8.5
	Hispanic	8.3	6.3	10.3
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	13.8	12.4	15.2
	Non-Hispanic White Female	10.3	9.3	11.4
	Non-Hispanic Black Male	5.7	2.6	8.9
	Non-Hispanic Black Female	7.4	5.1	9.6
	Hispanic Male	9.4	6.3	12.5
	Hispanic Female	7.2	4.7	9.7
AGE GROUP	18-44	2.4	1.7	3.2
	45-64	11.4	10.1	12.8
	65 & Older	24.7	22.9	26.5
EDUCATION LEVEL	<High School	16.0	13.2	18.9
	High School/GED	11.2	9.9	12.5
	>High School	8.3	7.6	9.1
ANNUAL INCOME	<\$25,000	14.0	12.5	15.5
	\$25,000-\$49,999	10.4	8.8	12.0
	\$50,000 or More	6.4	5.4	7.4
MARITAL STATUS	Married/Couple	10.7	9.7	11.7
	Not Married/Couple	10.1	9.1	11.2

CI = Confidence Interval

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Cholesterol Awareness

Percentage of adults who had their cholesterol checked in the past two years:

		Measure	95% CI	
ALL	Overall	72.5	71.1	73.8
SEX	Male	68.6	66.5	70.8
	Female	76.1	74.5	77.8
RACE/ETHNICITY	Non-Hispanic White	77.0	75.5	78.4
	Non-Hispanic Black	66.5	61.9	71.2
	Hispanic	64.0	60.2	67.8
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	74.8	72.5	77.2
	Non-Hispanic White Female	79.0	77.2	80.8
	Non-Hispanic Black Male	62.9	55.4	70.3
	Non-Hispanic Black Female	69.9	64.3	75.5
	Hispanic Male	55.0	49.1	60.8
	Hispanic Female	73.1	68.7	77.5
AGE GROUP	18-44	53.5	51.0	56.0
	45-64	81.4	79.5	83.2
	65 & Older	95.1	94.2	95.9
EDUCATION LEVEL	<High School	59.4	55.0	63.8
	High School/GED	70.1	67.6	72.7
	>High School	77.5	75.9	79.1
ANNUAL INCOME	<\$25,000	63.4	60.7	66.1
	\$25,000-\$49,999	73.5	70.7	76.3
	\$50,000 or More	81.2	79.1	83.3
MARITAL STATUS	Married/Couple	77.4	75.7	79.2
	Not Married/Couple	66.5	64.3	68.6

Percentage of adults who had their cholesterol checked in the past five years:

		Measure	95% CI	
ALL	Overall	79.0	77.8	80.3
SEX	Male	75.3	73.2	77.4
	Female	82.5	81.1	84.0
RACE/ETHNICITY	Non-Hispanic White	83.6	82.3	84.9
	Non-Hispanic Black	73.3	68.9	77.7
	Hispanic	70.3	66.6	73.9
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	81.1	79.0	83.2
	Non-Hispanic White Female	85.9	84.3	87.4
	Non-Hispanic Black Male	70.8	63.7	78.0
	Non-Hispanic Black Female	75.6	70.3	80.9
	Hispanic Male	61.9	56.1	67.7
	Hispanic Female	78.7	74.6	82.9
AGE GROUP	18-44	62.8	60.4	65.3
	45-64	87.7	86.1	89.3
	65 & Older	96.7	96.0	97.4
EDUCATION LEVEL	<High School	66.3	62.0	70.7
	High School/GED	76.8	74.5	79.2
	>High School	83.9	82.4	85.3
ANNUAL INCOME	<\$25,000	70.2	67.6	72.8
	\$25,000-\$49,999	81.0	78.4	83.5
	\$50,000 or More	87.8	86.0	89.5
MARITAL STATUS	Married/Couple	83.8	82.3	85.4
	Not Married/Couple	73.2	71.2	75.3

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2011 Florida Behavioral Risk Factor Surveillance System Data Report

Cholesterol Awareness

Percentage of adults who were ever told, by a healthcare provider, their blood cholesterol was high (among all adults):

		Measure	95% CI	
ALL	Overall	34.6	33.3	– 35.8
SEX	Male	34.6	32.6	– 36.5
	Female	34.6	33.0	– 36.2
RACE/ETHNICITY	Non-Hispanic White	39.2	37.8	– 40.7
	Non-Hispanic Black	25.1	21.4	– 28.8
	Hispanic	27.6	24.3	– 30.9
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	38.8	36.5	– 41.1
	Non-Hispanic White Female	39.7	37.8	– 41.5
	Non-Hispanic Black Male	25.4	19.6	– 31.3
	Non-Hispanic Black Female	24.8	20.3	– 29.3
	Hispanic Male	29.4	24.2	– 34.6
	Hispanic Female	25.8	21.8	– 29.9
AGE GROUP	18-44	15.8	14.0	– 17.6
	45-64	43.1	40.9	– 45.2
	65 & Older	57.6	55.5	– 59.7
EDUCATION LEVEL	<High School	33.9	29.9	– 37.8
	High School/GED	35.9	33.6	– 38.2
	>High School	34.0	32.4	– 35.6
ANNUAL INCOME	<\$25,000	34.6	32.3	– 37.0
	\$25,000-\$49,999	36.0	33.3	– 38.7
	\$50,000 or More	33.9	31.6	– 36.1
MARITAL STATUS	Married/Couple	38.7	36.9	– 40.5
	Not Married/Couple	29.7	28.0	– 31.5

Percentage of adults who were ever told, by a healthcare provider, their blood cholesterol was high (among adults who had their cholesterol checked within the past five years):

		Measure	95% CI	
ALL	Overall	43.0	41.5	– 44.4
SEX	Male	44.8	42.5	– 47.2
	Female	41.4	39.5	– 43.2
RACE/ETHNICITY	Non-Hispanic White	46.4	44.8	– 48.1
	Non-Hispanic Black	33.7	29.1	– 38.3
	Hispanic	37.5	33.3	– 41.8
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	47.2	44.6	– 49.8
	Non-Hispanic White Female	45.7	43.6	– 47.8
	Non-Hispanic Black Male	35.4	27.7	– 43.1
	Non-Hispanic Black Female	32.2	26.7	– 37.8
	Hispanic Male	44.2	37.1	– 51.3
	Hispanic Female	32.3	27.4	– 37.3
AGE GROUP	18-44	24.0	21.3	– 26.7
	45-64	48.1	45.7	– 50.4
	65 & Older	59.3	57.2	– 61.5
EDUCATION LEVEL	<High School	50.6	45.4	– 55.7
	High School/GED	46.1	43.3	– 48.9
	>High School	39.6	37.8	– 41.4
ANNUAL INCOME	<\$25,000	48.3	45.4	– 51.2
	\$25,000-\$49,999	43.7	40.7	– 46.7
	\$50,000 or More	37.7	35.3	– 40.1
MARITAL STATUS	Married/Couple	45.4	43.5	– 47.4
	Not Married/Couple	39.7	37.4	– 41.9

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2011 Florida Behavioral Risk Factor Surveillance System Data Report

Chronic Obstructive Pulmonary Disease (COPD)

Percentage of adults who were ever told, by a healthcare provider, they had chronic obstructive pulmonary disease (COPD), emphysema, or chronic bronchitis:

		Measure	95% CI		
ALL	Overall	7.9	7.3	–	8.6
SEX	Male	6.8	5.8	–	7.8
	Female	9.0	8.1	–	9.9
RACE/ETHNICITY	Non-Hispanic White	9.8	8.9	–	10.6
	Non-Hispanic Black	4.8	3.2	–	6.4
	Hispanic	5.1	3.3	–	6.9
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	8.6	7.3	–	10.0
	Non-Hispanic White Female	10.8	9.7	–	11.9
	Non-Hispanic Black Male	3.2	0.9	–	5.5
	Non-Hispanic Black Female	6.3	4.1	–	8.5
	Hispanic Male	4.3	1.9	–	6.7
	Hispanic Female	6.0	3.3	–	8.7
AGE GROUP	18-44	4.1	3.0	–	5.2
	45-64	9.1	8.0	–	10.3
	65 & Older	13.6	12.2	–	15.0
EDUCATION LEVEL	<High School	11.1	8.8	–	13.4
	High School/GED	9.9	8.5	–	11.3
	>High School	5.9	5.2	–	6.7
ANNUAL INCOME	<\$25,000	12.3	10.8	–	13.9
	\$25,000-\$49,999	7.6	6.2	–	9.1
	\$50,000 or More	4.3	3.4	–	5.1
MARITAL STATUS	Married/Couple	6.9	6.0	–	7.8
	Not Married/Couple	9.1	8.1	–	10.1

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2011 Florida Behavioral Risk Factor Surveillance System Data Report

Cognitive Impairment

Percentage of adults who reported experiencing confusion or memory loss, that was happening more often or getting worse, in the past year:

		Measure	95% CI		
ALL	Overall	10.7	9.7	–	11.7
SEX	Male	9.9	8.5	–	11.4
	Female	11.3	10.0	–	12.6
RACE/ETHNICITY	Non-Hispanic White	11.0	10.0	–	12.1
	Non-Hispanic Black	10.8	7.1	–	14.4
	Hispanic	9.4	6.2	–	12.5
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	10.5	8.9	–	12.2
	Non-Hispanic White Female	11.5	10.1	–	12.9
	Non-Hispanic Black Male	6.8	2.3	–	11.3
	Non-Hispanic Black Female	13.6	8.4	–	18.9
	Hispanic Male	9.3	4.2	–	14.3
	Hispanic Female	9.5	5.5	–	13.4
AGE GROUP	18-44	6.3	4.8	–	7.8
	45-64	12.4	10.6	–	14.1
	65 & Older	13.4	11.7	–	15.2
EDUCATION LEVEL	<High School	19.6	15.1	–	24.1
	High School/GED	11.8	10.0	–	13.7
	>High School	8.2	7.2	–	9.2
ANNUAL INCOME	<\$25,000	15.4	13.2	–	17.6
	\$25,000-\$49,999	11.3	9.1	–	13.6
	\$50,000 or More	6.5	5.3	–	7.7
MARITAL STATUS	Married/Couple	9.8	8.5	–	11.0
	Not Married/Couple	12.1	10.5	–	13.6

CI = Confidence Interval

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2011 Florida Behavioral Risk Factor Surveillance System Data Report

Diabetes

Percentage of adults who were ever told, by a healthcare provider, they had diabetes:

		Measure	95% CI	
ALL	Overall	10.4	9.6	11.1
SEX	Male	11.1	9.9	12.3
	Female	9.7	8.8	10.7
RACE/ETHNICITY	Non-Hispanic White	10.2	9.4	11.0
	Non-Hispanic Black	12.9	10.3	15.5
	Hispanic	9.8	7.7	11.8
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	11.1	9.8	12.4
	Non-Hispanic White Female	9.4	8.4	10.5
	Non-Hispanic Black Male	12.7	8.6	16.8
	Non-Hispanic Black Female	13.1	9.7	16.4
	Hispanic Male	11.1	7.7	14.5
	Hispanic Female	8.4	6.1	10.7
AGE GROUP	18-44	2.5	1.7	3.4
	45-64	13.1	11.7	14.6
	65 & Older	21.6	19.8	23.5
EDUCATION LEVEL	<High School	15.6	12.8	18.5
	High School/GED	11.2	9.8	12.6
	>High School	8.4	7.6	9.2
ANNUAL INCOME	<\$25,000	12.9	11.3	14.4
	\$25,000-\$49,999	11.0	9.4	12.5
	\$50,000 or More	7.4	6.2	8.5
MARITAL STATUS	Married/Couple	11.0	9.9	12.0
	Not Married/Couple	9.8	8.7	10.8

Percentage of adults with diabetes who checked their blood for glucose or sugar at least once per day:

		Measure	95% CI	
ALL	Overall	63.8	59.8	67.8
SEX	Male	62.2	56.2	68.3
	Female	65.3	60.1	70.5
RACE/ETHNICITY	Non-Hispanic White	60.4	55.9	64.8
	Non-Hispanic Black	64.6	52.8	76.4
	Hispanic	72.5	60.3	84.7
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	56.9	50.3	63.5
	Non-Hispanic White Female	64.0	58.2	69.9
	Non-Hispanic Black Male	74.9	60.6	89.1
	Non-Hispanic Black Female	56.0	39.8	72.2
	Hispanic Male	70.7	49.3	92.1
	Hispanic Female	74.1	61.5	86.7
AGE GROUP	18-44	50.9	29.2	72.6
	45-64	64.0	57.6	70.3
	65 & Older	65.6	60.8	70.4
EDUCATION LEVEL	<High School	67.1	56.5	77.7
	High School/GED	64.6	57.8	71.5
	>High School	61.6	56.5	66.7
ANNUAL INCOME	<\$25,000	67.5	60.6	74.5
	\$25,000-\$49,999	58.1	50.7	65.5
	\$50,000 or More	64.9	56.9	73.0
MARITAL STATUS	Married/Couple	63.1	57.5	68.6
	Not Married/Couple	64.9	59.4	70.3

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2011 Florida Behavioral Risk Factor Surveillance System Data Report

Diabetes

Percentage of adults with diabetes who had their A1C checked, by a healthcare provider, two or more times in the past year:

		Measure	95% CI	
ALL	Overall	73.3	69.3	77.2
SEX	Male	73.1	66.9	79.3
	Female	73.4	68.3	78.4
RACE/ETHNICITY	Non-Hispanic White	77.2	73.4	81.0
	Non-Hispanic Black	67.7	55.0	80.4
	Hispanic	63.2	48.2	78.3
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	76.6	71.0	82.3
	Non-Hispanic White Female	77.8	72.7	83.0
	Non-Hispanic Black Male	72.9	53.0	92.8
	Non-Hispanic Black Female	62.9	47.3	78.6
	Hispanic Male	63.4	39.2	87.6
	Hispanic Female	63.1	45.6	80.5
AGE GROUP	18-44	58.0	33.7	82.3
	45-64	69.7	63.6	75.8
	65 & Older	78.7	74.1	83.2
EDUCATION LEVEL	<High School	60.7	47.9	73.4
	High School/GED	75.2	69.3	81.2
	>High School	76.9	72.0	81.8
ANNUAL INCOME	<\$25,000	62.4	54.3	70.5
	\$25,000-\$49,999	80.2	74.8	85.7
	\$50,000 or More	79.4	72.7	86.1
MARITAL STATUS	Married/Couple	76.8	71.7	81.9
	Not Married/Couple	67.6	61.3	73.8

Percentage of adults with diabetes who had their feet checked, by a healthcare provider, at least once in the past year:

		Measure	95% CI	
ALL	Overall	70.7	66.7	74.6
SEX	Male	70.7	64.4	77.1
	Female	70.6	65.7	75.5
RACE/ETHNICITY	Non-Hispanic White	72.7	68.7	76.6
	Non-Hispanic Black	76.9	65.4	88.4
	Hispanic	57.6	43.6	71.6
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	74.1	68.2	79.9
	Non-Hispanic White Female	71.2	65.9	76.4
	Non-Hispanic Black Male	69.3	48.9	89.8
	Non-Hispanic Black Female	83.3	72.0	94.5
	Hispanic Male	57.3	34.4	80.2
	Hispanic Female	57.8	41.7	73.9
AGE GROUP	18-44	62.1	39.6	84.6
	45-64	64.4	57.7	71.1
	65 & Older	77.0	72.9	81.2
EDUCATION LEVEL	<High School	65.7	54.5	76.8
	High School/GED	68.2	61.1	75.2
	>High School	75.0	70.4	79.6
ANNUAL INCOME	<\$25,000	69.4	62.3	76.6
	\$25,000-\$49,999	73.7	65.9	81.5
	\$50,000 or More	74.3	67.6	80.9
MARITAL STATUS	Married/Couple	69.2	63.6	74.8
	Not Married/Couple	73.2	68.0	78.3

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2011 Florida Behavioral Risk Factor Surveillance System Data Report

Diabetes

Percentage of adults with diabetes who had an eye exam, where their pupils were dilated, at least once in the past year:

		Measure	95% CI	
ALL	Overall	71.6	67.8	75.5
SEX	Male	71.5	65.5	77.6
	Female	71.8	66.9	76.6
RACE/ETHNICITY	Non-Hispanic White	72.9	68.7	77.0
	Non-Hispanic Black	73.7	63.7	83.8
	Hispanic	64.3	50.4	78.2
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	72.7	66.6	78.9
	Non-Hispanic White Female	73.0	67.5	78.4
	Non-Hispanic Black Male	79.2	66.2	92.2
	Non-Hispanic Black Female	69.1	54.7	83.5
	Hispanic Male	57.5	34.0	80.9
	Hispanic Female	70.5	57.2	83.9
AGE GROUP	18-44	39.2	19.1	59.2
	45-64	63.7	57.3	70.1
	65 & Older	82.5	79.1	86.0
EDUCATION LEVEL	<High School	67.8	57.5	78.1
	High School/GED	69.7	62.7	76.6
	>High School	75.0	70.3	79.7
ANNUAL INCOME	<\$25,000	66.7	59.8	73.7
	\$25,000-\$49,999	73.1	65.3	81.0
	\$50,000 or More	73.7	66.0	81.4
MARITAL STATUS	Married/Couple	72.7	67.3	78.0
	Not Married/Couple	70.5	65.0	76.0

Percentage of adults with diabetes who had ever taken a course or class on how to manage their diabetes themselves:

		Measure	95% CI	
ALL	Overall	50.9	46.8	55.0
SEX	Male	49.0	42.9	55.2
	Female	52.8	47.5	58.0
RACE/ETHNICITY	Non-Hispanic White	52.9	48.5	57.3
	Non-Hispanic Black	52.9	40.5	65.2
	Hispanic	40.2	27.6	52.9
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	49.6	43.2	56.1
	Non-Hispanic White Female	56.4	50.5	62.2
	Non-Hispanic Black Male	55.4	36.0	74.7
	Non-Hispanic Black Female	50.8	35.2	66.4
	Hispanic Male	40.3	19.6	61.0
	Hispanic Female	40.1	25.3	55.0
AGE GROUP	18-44	50.3	28.6	72.0
	45-64	51.8	45.1	58.5
	65 & Older	50.1	45.0	55.2
EDUCATION LEVEL	<High School	38.8	28.6	49.1
	High School/GED	52.4	45.5	59.3
	>High School	55.7	50.4	61.1
ANNUAL INCOME	<\$25,000	49.1	42.1	56.1
	\$25,000-\$49,999	50.1	42.5	57.7
	\$50,000 or More	57.9	49.3	66.5
MARITAL STATUS	Married/Couple	52.0	46.4	57.7
	Not Married/Couple	49.6	43.8	55.4

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2011 Florida Behavioral Risk Factor Surveillance System Data Report

Diabetes

Average age at which diabetes was diagnosed:

		Measure	95% CI	
ALL	Overall	52.1	50.8	– 53.3
SEX	Male	52.4	50.8	– 54.0
	Female	51.8	50.1	– 53.5
RACE/ETHNICITY	Non-Hispanic White	53.0	51.4	– 54.5
	Non-Hispanic Black	50.7	48.2	– 53.1
	Hispanic	50.8	48.2	– 53.4
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	52.9	51.0	– 54.9
	Non-Hispanic White Female	53.0	51.0	– 55.1
	Non-Hispanic Black Male	53.3	51.4	– 55.2
	Non-Hispanic Black Female	48.3	44.9	– 51.7
	Hispanic Male	49.9	46.5	– 53.2
	Hispanic Female	51.7	47.9	– 55.5
AGE GROUP	18-44	29.2	26.7	– 31.7
	45-64	46.5	45.3	– 47.8
	65 & Older	60.0	58.7	– 61.2
EDUCATION LEVEL	<High School	51.2	47.8	– 54.5
	High School/GED	52.8	50.8	– 54.8
	>High School	52.0	50.2	– 53.7
ANNUAL INCOME	<\$25,000	51.5	49.5	– 53.6
	\$25,000-\$49,999	54.6	52.9	– 56.4
	\$50,000 or More	49.3	46.5	– 52.1
MARITAL STATUS	Married/Couple	51.7	50.2	– 53.2
	Not Married/Couple	52.6	50.5	– 54.7

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2011 Florida Behavioral Risk Factor Surveillance System Data Report

Disability

Percentage of adults who reported being limited, in any way in any activities, because of physical, mental, or emotional problems:

		Measure	95% CI	
ALL	Overall	26.8	25.6	– 28.1
SEX	Male	25.1	23.2	– 27.0
	Female	28.4	26.8	– 30.1
RACE/ETHNICITY	Non-Hispanic White	30.0	28.6	– 31.4
	Non-Hispanic Black	19.1	15.6	– 22.7
	Hispanic	22.3	18.8	– 25.7
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	27.7	25.5	– 29.9
	Non-Hispanic White Female	32.1	30.2	– 34.0
	Non-Hispanic Black Male	20.7	14.7	– 26.8
	Non-Hispanic Black Female	17.8	13.7	– 21.9
	Hispanic Male	21.8	16.7	– 26.8
	Hispanic Female	22.8	18.0	– 27.6
AGE GROUP	18-44	17.4	15.4	– 19.4
	45-64	32.9	30.7	– 35.0
	65 & Older	36.2	34.1	– 38.3
EDUCATION LEVEL	<High School	33.4	29.2	– 37.6
	High School/GED	27.1	24.8	– 29.3
	>High School	24.9	23.4	– 26.4
ANNUAL INCOME	<\$25,000	33.6	31.1	– 36.0
	\$25,000-\$49,999	25.7	23.1	– 28.2
	\$50,000 or More	21.1	19.0	– 23.1
MARITAL STATUS	Married/Couple	25.0	23.4	– 26.7
	Not Married/Couple	28.9	27.0	– 30.9

Percentage of adults who had a health problem that required them to use special equipment:

		Measure	95% CI	
ALL	Overall	9.6	8.8	– 10.3
SEX	Male	8.6	7.4	– 9.7
	Female	10.5	9.5	– 11.5
RACE/ETHNICITY	Non-Hispanic White	10.7	9.8	– 11.6
	Non-Hispanic Black	8.0	5.8	– 10.1
	Hispanic	6.7	4.8	– 8.7
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	9.6	8.2	– 11.0
	Non-Hispanic White Female	11.8	10.6	– 12.9
	Non-Hispanic Black Male	8.5	4.8	– 12.1
	Non-Hispanic Black Female	7.5	5.1	– 9.9
	Hispanic Male	5.6	3.0	– 8.3
	Hispanic Female	7.9	5.0	– 10.8
AGE GROUP	18-44	3.4	2.4	– 4.4
	45-64	10.8	9.5	– 12.2
	65 & Older	19.7	18.0	– 21.4
EDUCATION LEVEL	<High School	15.0	12.2	– 17.8
	High School/GED	8.7	7.4	– 10.1
	>High School	8.6	7.7	– 9.5
ANNUAL INCOME	<\$25,000	14.2	12.6	– 15.8
	\$25,000-\$49,999	7.8	6.3	– 9.3
	\$50,000 or More	5.0	4.1	– 6.0
MARITAL STATUS	Married/Couple	8.2	7.2	– 9.2
	Not Married/Couple	11.2	10.0	– 12.3

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2011 Florida Behavioral Risk Factor Surveillance System Data Report

Health Status & Quality of Life

Percentage of adults who reported their general level of health as 'good', 'very good', or 'excellent':

		Measure	95% CI	
ALL	Overall	79.4	78.3	80.5
SEX	Male	80.7	79.0	82.4
	Female	78.1	76.7	79.6
RACE/ETHNICITY	Non-Hispanic White	81.3	80.1	82.5
	Non-Hispanic Black	80.7	77.3	84.1
	Hispanic	73.1	69.7	76.5
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	82.3	80.5	84.0
	Non-Hispanic White Female	80.4	78.9	81.9
	Non-Hispanic Black Male	83.2	78.0	88.3
	Non-Hispanic Black Female	78.5	74.1	82.8
	Hispanic Male	73.5	68.4	78.6
	Hispanic Female	72.7	68.3	77.1
AGE GROUP	18-44	86.6	84.8	88.3
	45-64	75.0	73.0	77.0
	65 & Older	71.7	69.7	73.7
EDUCATION LEVEL	<High School	59.9	55.7	64.1
	High School/GED	76.9	74.8	78.9
	>High School	86.2	85.1	87.3
ANNUAL INCOME	<\$25,000	66.8	64.4	69.2
	\$25,000-\$49,999	81.8	79.5	84.1
	\$50,000 or More	90.8	89.4	92.2
MARITAL STATUS	Married/Couple	81.3	79.8	82.8
	Not Married/Couple	77.1	75.4	78.8

Percentage of adults who reported good physical health for all of the past 30 days:

		Measure	95% CI	
ALL	Overall	85.9	84.9	86.9
SEX	Male	87.5	86.0	89.0
	Female	84.3	83.1	85.6
RACE/ETHNICITY	Non-Hispanic White	85.9	84.8	86.9
	Non-Hispanic Black	88.7	85.9	91.5
	Hispanic	84.7	81.8	87.6
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	87.9	86.3	89.5
	Non-Hispanic White Female	84.0	82.6	85.4
	Non-Hispanic Black Male	89.4	84.8	93.9
	Non-Hispanic Black Female	88.1	84.7	91.5
	Hispanic Male	85.4	80.9	89.9
	Hispanic Female	83.9	80.4	87.5
AGE GROUP	18-44	91.1	89.6	92.6
	45-64	81.4	79.6	83.1
	65 & Older	82.0	80.2	83.7
EDUCATION LEVEL	<High School	77.1	73.4	80.8
	High School/GED	84.2	82.4	86.0
	>High School	89.1	88.0	90.2
ANNUAL INCOME	<\$25,000	78.0	75.8	80.1
	\$25,000-\$49,999	87.4	85.3	89.4
	\$50,000 or More	92.6	91.3	94.0
MARITAL STATUS	Married/Couple	87.3	86.0	88.5
	Not Married/Couple	84.2	82.7	85.7

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2011 Florida Behavioral Risk Factor Surveillance System Data Report

Health Status & Quality of Life

Percentage of adults who reported good mental health for all of the past 30 days:

		Measure	95% CI	
ALL	Overall	86.4	85.4	– 87.4
SEX	Male	88.0	86.5	– 89.6
	Female	84.9	83.5	– 86.3
RACE/ETHNICITY	Non-Hispanic White	88.0	86.9	– 89.1
	Non-Hispanic Black	85.9	82.4	– 89.3
	Hispanic	83.1	80.0	– 86.2
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	89.3	87.7	– 90.9
	Non-Hispanic White Female	86.8	85.3	– 88.2
	Non-Hispanic Black Male	87.7	82.3	– 93.1
	Non-Hispanic Black Female	84.2	79.9	– 88.5
	Hispanic Male	85.4	81.0	– 89.9
	Hispanic Female	80.7	76.5	– 85.0
AGE GROUP	18-44	85.9	84.1	– 87.7
	45-64	83.6	81.9	– 85.4
	65 & Older	91.3	89.9	– 92.7
EDUCATION LEVEL	<High School	78.4	74.6	– 82.1
	High School/GED	85.3	83.4	– 87.2
	>High School	89.1	87.9	– 90.3
ANNUAL INCOME	<\$25,000	78.5	76.2	– 80.8
	\$25,000-\$49,999	88.3	86.4	– 90.3
	\$50,000 or More	92.5	91.0	– 93.9
MARITAL STATUS	Married/Couple	88.3	87.0	– 89.7
	Not Married/Couple	84.2	82.6	– 85.8

Percentage of adults who reported their general level of health as 'fair' or 'poor':

		Measure	95% CI	
ALL	Overall	20.6	19.5	– 21.7
SEX	Male	19.3	17.6	– 21.0
	Female	21.9	20.4	– 23.3
RACE/ETHNICITY	Non-Hispanic White	18.7	17.5	– 19.9
	Non-Hispanic Black	19.3	15.9	– 22.7
	Hispanic	26.9	23.5	– 30.3
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	17.7	16.0	– 19.5
	Non-Hispanic White Female	19.6	18.1	– 21.1
	Non-Hispanic Black Male	16.8	11.7	– 22.0
	Non-Hispanic Black Female	21.5	17.2	– 25.9
	Hispanic Male	26.5	21.4	– 31.6
	Hispanic Female	27.3	22.9	– 31.7
AGE GROUP	18-44	13.4	11.7	– 15.2
	45-64	25.0	23.0	– 27.0
	65 & Older	28.3	26.3	– 30.3
EDUCATION LEVEL	<High School	40.1	35.9	– 44.3
	High School/GED	23.1	21.1	– 25.2
	>High School	13.8	12.7	– 14.9
ANNUAL INCOME	<\$25,000	33.2	30.8	– 35.6
	\$25,000-\$49,999	18.2	15.9	– 20.5
	\$50,000 or More	9.2	7.8	– 10.6
MARITAL STATUS	Married/Couple	18.7	17.2	– 20.2
	Not Married/Couple	22.9	21.2	– 24.6

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

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Health Status & Quality of Life

Percentage of adults who reported their physical health as not good on 14 or more of the past 30 days:

		Measure	95% CI	
ALL	Overall	14.1	13.1	– 15.1
SEX	Male	12.5	11.0	– 14.0
	Female	15.7	14.4	– 16.9
RACE/ETHNICITY	Non-Hispanic White	14.1	13.1	– 15.2
	Non-Hispanic Black	11.3	8.5	– 14.1
	Hispanic	15.3	12.4	– 18.2
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	12.1	10.5	– 13.7
	Non-Hispanic White Female	16.0	14.6	– 17.4
	Non-Hispanic Black Male	10.6	6.1	– 15.2
	Non-Hispanic Black Female	11.9	8.5	– 15.3
	Hispanic Male	14.6	10.1	– 19.1
	Hispanic Female	16.1	12.5	– 19.6
AGE GROUP	18-44	8.9	7.4	– 10.4
	45-64	18.6	16.9	– 20.4
	65 & Older	18.0	16.3	– 19.8
EDUCATION LEVEL	<High School	22.9	19.2	– 26.6
	High School/GED	15.8	14.0	– 17.6
	>High School	10.9	9.8	– 12.0
ANNUAL INCOME	<\$25,000	22.0	19.9	– 24.2
	\$25,000-\$49,999	12.6	10.6	– 14.7
	\$50,000 or More	7.4	6.0	– 8.7
MARITAL STATUS	Married/Couple	12.7	11.5	– 14.0
	Not Married/Couple	15.8	14.3	– 17.3

Percentage of adults who reported their mental health as not good on 14 or more of the past 30 days:

		Measure	95% CI	
ALL	Overall	13.6	12.6	– 14.6
SEX	Male	12.0	10.4	– 13.5
	Female	15.1	13.7	– 16.5
RACE/ETHNICITY	Non-Hispanic White	12.0	10.9	– 13.1
	Non-Hispanic Black	14.1	10.7	– 17.6
	Hispanic	16.9	13.8	– 20.0
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	10.7	9.1	– 12.3
	Non-Hispanic White Female	13.2	11.8	– 14.7
	Non-Hispanic Black Male	12.3	6.9	– 17.7
	Non-Hispanic Black Female	15.8	11.5	– 20.1
	Hispanic Male	14.6	10.1	– 19.0
	Hispanic Female	19.3	15.0	– 23.5
AGE GROUP	18-44	14.1	12.3	– 15.9
	45-64	16.4	14.6	– 18.1
	65 & Older	8.7	7.3	– 10.1
EDUCATION LEVEL	<High School	21.6	17.9	– 25.4
	High School/GED	14.7	12.8	– 16.6
	>High School	10.9	9.7	– 12.1
ANNUAL INCOME	<\$25,000	21.5	19.2	– 23.8
	\$25,000-\$49,999	11.7	9.7	– 13.6
	\$50,000 or More	7.5	6.1	– 9.0
MARITAL STATUS	Married/Couple	11.7	10.3	– 13.0
	Not Married/Couple	15.8	14.2	– 17.4

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

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Health Status & Quality of Life

Percentage of adults who reported that poor physical or mental health kept them from doing their usual activities on 14 or more of the past 30 days:

		Measure	95% CI	
ALL	Overall	17.3	15.9	– 18.7
SEX	Male	17.1	14.8	– 19.5
	Female	17.5	15.8	– 19.2
RACE/ETHNICITY	Non-Hispanic White	16.2	14.8	– 17.7
	Non-Hispanic Black	17.2	12.7	– 21.8
	Hispanic	18.8	15.0	– 22.7
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	15.4	12.9	– 17.8
	Non-Hispanic White Female	16.9	15.1	– 18.7
	Non-Hispanic Black Male	18.1	9.9	– 26.3
	Non-Hispanic Black Female	16.5	11.5	– 21.5
	Hispanic Male	19.5	13.3	– 25.8
	Hispanic Female	18.3	13.5	– 23.1
AGE GROUP	18-44	10.9	8.9	– 13.0
	45-64	24.4	21.7	– 27.0
	65 & Older	20.2	17.7	– 22.8
EDUCATION LEVEL	<High School	25.8	21.3	– 30.4
	High School/GED	18.3	15.8	– 20.9
	>High School	13.7	12.1	– 15.2
ANNUAL INCOME	<\$25,000	25.2	22.6	– 27.9
	\$25,000-\$49,999	14.7	11.6	– 17.7
	\$50,000 or More	8.4	6.6	– 10.2
MARITAL STATUS	Married/Couple	16.3	14.3	– 18.3
	Not Married/Couple	18.2	16.2	– 20.2

Average number of days where physical health was not good in the past 30 days:

		Measure	95% CI	
ALL	Overall	4.5	4.2	– 4.7
SEX	Male	4.0	3.6	– 4.3
	Female	4.9	4.6	– 5.2
RACE/ETHNICITY	Non-Hispanic White	4.5	4.2	– 4.8
	Non-Hispanic Black	3.9	3.2	– 4.5
	Hispanic	4.6	3.9	– 5.2
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	4.0	3.5	– 4.4
	Non-Hispanic White Female	5.0	4.6	– 5.3
	Non-Hispanic Black Male	3.5	2.6	– 4.5
	Non-Hispanic Black Female	4.2	3.4	– 5.0
	Hispanic Male	4.2	3.3	– 5.1
	Hispanic Female	5.0	4.1	– 5.8
AGE GROUP	18-44	3.0	2.7	– 3.4
	45-64	5.7	5.2	– 6.1
	65 & Older	5.5	5.1	– 5.9
EDUCATION LEVEL	<High School	7.0	6.1	– 7.9
	High School/GED	4.9	4.5	– 5.3
	>High School	3.6	3.3	– 3.8
ANNUAL INCOME	<\$25,000	6.6	6.1	– 7.1
	\$25,000-\$49,999	4.0	3.6	– 4.5
	\$50,000 or More	2.6	2.3	– 2.9
MARITAL STATUS	Married/Couple	4.0	3.7	– 4.3
	Not Married/Couple	5.0	4.6	– 5.3

CI = Confidence Interval

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Health Status & Quality of Life

Average number of days where mental health was not good in the past 30 days:

		Measure	95% CI	
ALL	Overall	4.3	4.0	– 4.5
SEX	Male	3.8	3.5	– 4.2
	Female	4.7	4.4	– 5.0
RACE/ETHNICITY	Non-Hispanic White	3.9	3.6	– 4.2
	Non-Hispanic Black	4.4	3.6	– 5.2
	Hispanic	5.1	4.5	– 5.8
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	3.5	3.1	– 3.9
	Non-Hispanic White Female	4.2	3.9	– 4.6
	Non-Hispanic Black Male	3.8	2.6	– 5.1
	Non-Hispanic Black Female	5.0	4.0	– 6.0
	Hispanic Male	4.7	3.8	– 5.5
	Hispanic Female	5.6	4.6	– 6.5
AGE GROUP	18-44	4.6	4.2	– 5.0
	45-64	5.0	4.6	– 5.4
	65 & Older	2.7	2.4	– 3.0
EDUCATION LEVEL	<High School	6.4	5.5	– 7.2
	High School/GED	4.6	4.2	– 5.0
	>High School	3.6	3.3	– 3.9
ANNUAL INCOME	<\$25,000	6.3	5.8	– 6.8
	\$25,000-\$49,999	4.0	3.5	– 4.4
	\$50,000 or More	2.7	2.4	– 3.1
MARITAL STATUS	Married/Couple	3.8	3.4	– 4.1
	Not Married/Couple	4.9	4.5	– 5.3

Average number of days where poor physical or mental health interfered with activities of daily living in the past 30 days:

		Measure	95% CI	
ALL	Overall	5.3	5.0	– 5.6
SEX	Male	5.4	4.8	– 5.9
	Female	5.3	4.9	– 5.7
RACE/ETHNICITY	Non-Hispanic White	5.1	4.8	– 5.5
	Non-Hispanic Black	5.1	4.1	– 6.1
	Hispanic	5.6	4.7	– 6.4
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	5.2	4.5	– 5.8
	Non-Hispanic White Female	5.1	4.7	– 5.5
	Non-Hispanic Black Male	5.3	3.7	– 7.0
	Non-Hispanic Black Female	4.9	3.7	– 6.0
	Hispanic Male	5.8	4.5	– 7.0
	Hispanic Female	5.4	4.3	– 6.5
AGE GROUP	18-44	3.6	3.2	– 4.1
	45-64	7.2	6.5	– 7.8
	65 & Older	6.1	5.4	– 6.7
EDUCATION LEVEL	<High School	7.3	6.2	– 8.4
	High School/GED	5.7	5.0	– 6.3
	>High School	4.4	4.0	– 4.7
ANNUAL INCOME	<\$25,000	7.3	6.7	– 8.0
	\$25,000-\$49,999	4.8	4.0	– 5.5
	\$50,000 or More	2.9	2.5	– 3.4
MARITAL STATUS	Married/Couple	5.0	4.5	– 5.5
	Not Married/Couple	5.5	5.1	– 6.0

CI = Confidence Interval

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Health Status & Quality of Life

Percentage of adults who were ever told, by a healthcare provider, they had a depressive disorder:

		Measure	95% CI	
ALL	Overall	16.5	15.4	– 17.5
SEX	Male	12.4	11.0	– 13.9
	Female	20.3	18.8	– 21.7
RACE/ETHNICITY	Non-Hispanic White	17.4	16.3	– 18.6
	Non-Hispanic Black	10.5	7.9	– 13.1
	Hispanic	16.8	13.9	– 19.6
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	12.8	11.1	– 14.4
	Non-Hispanic White Female	21.7	20.1	– 23.4
	Non-Hispanic Black Male	11.0	6.5	– 15.5
	Non-Hispanic Black Female	10.1	7.3	– 12.9
	Hispanic Male	11.9	8.0	– 15.7
	Hispanic Female	21.7	17.5	– 25.9
AGE GROUP	18-44	14.9	13.1	– 16.7
	45-64	20.5	18.7	– 22.2
	65 & Older	13.7	12.2	– 15.1
EDUCATION LEVEL	<High School	21.1	17.7	– 24.5
	High School/GED	16.5	14.7	– 18.3
	>High School	15.1	13.8	– 16.4
ANNUAL INCOME	<\$25,000	22.5	20.4	– 24.5
	\$25,000-\$49,999	16.4	14.2	– 18.6
	\$50,000 or More	10.8	9.4	– 12.2
MARITAL STATUS	Married/Couple	13.9	12.5	– 15.2
	Not Married/Couple	19.5	17.9	– 21.1

Percentage of adults who were ever told, by a healthcare provider, they had kidney disease:

		Measure	95% CI	
ALL	Overall	3.2	2.8	– 3.7
SEX	Male	3.2	2.5	– 3.9
	Female	3.3	2.7	– 3.9
RACE/ETHNICITY	Non-Hispanic White	3.4	2.9	– 4.0
	Non-Hispanic Black	2.1	1.2	– 2.9
	Hispanic	3.1	1.7	– 4.4
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	3.4	2.6	– 4.1
	Non-Hispanic White Female	3.5	2.7	– 4.2
	Non-Hispanic Black Male	1.3	0.4	– 2.3
	Non-Hispanic Black Female	2.7	1.3	– 4.1
	Hispanic Male	3.5	1.2	– 5.9
	Hispanic Female	2.6	1.3	– 3.9
AGE GROUP	18-44	1.9	1.2	– 2.6
	45-64	3.8	3.0	– 4.6
	65 & Older	5.1	4.2	– 6.0
EDUCATION LEVEL	<High School	4.6	3.0	– 6.1
	High School/GED	3.1	2.3	– 3.8
	>High School	2.9	2.3	– 3.5
ANNUAL INCOME	<\$25,000	4.1	3.2	– 5.0
	\$25,000-\$49,999	2.6	1.9	– 3.2
	\$50,000 or More	3.0	2.0	– 3.9
MARITAL STATUS	Married/Couple	3.4	2.7	– 4.0
	Not Married/Couple	3.1	2.5	– 3.8

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2011 Florida Behavioral Risk Factor Surveillance System Data Report

Healthcare Access & Coverage

Percentage of adults who had any kind of healthcare coverage:

		Measure	95% CI	
ALL	Overall	76.4	75.2	– 77.7
SEX	Male	73.2	71.2	– 75.3
	Female	79.5	77.9	– 81.1
RACE/ETHNICITY	Non-Hispanic White	84.0	82.7	– 85.2
	Non-Hispanic Black	68.7	64.1	– 73.2
	Hispanic	59.4	55.7	– 63.2
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	82.2	80.2	– 84.2
	Non-Hispanic White Female	85.6	84.1	– 87.1
	Non-Hispanic Black Male	64.2	56.8	– 71.6
	Non-Hispanic Black Female	72.6	67.3	– 78.0
	Hispanic Male	53.7	47.9	– 59.5
	Hispanic Female	65.2	60.5	– 69.9
AGE GROUP	18-44	64.9	62.5	– 67.4
	45-64	76.6	74.7	– 78.6
	65 & Older	98.0	97.5	– 98.6
EDUCATION LEVEL	<High School	60.5	56.2	– 64.8
	High School/GED	73.1	70.7	– 75.6
	>High School	82.9	81.4	– 84.4
ANNUAL INCOME	<\$25,000	58.8	56.2	– 61.5
	\$25,000-\$49,999	77.8	75.0	– 80.5
	\$50,000 or More	91.9	90.4	– 93.4
MARITAL STATUS	Married/Couple	81.7	80.1	– 83.3
	Not Married/Couple	70.4	68.3	– 72.5

Percentage of adults who had a personal healthcare provider:

		Measure	95% CI	
ALL	Overall	75.0	73.8	– 76.3
SEX	Male	69.4	67.3	– 71.4
	Female	80.4	78.8	– 82.0
RACE/ETHNICITY	Non-Hispanic White	80.0	78.6	– 81.4
	Non-Hispanic Black	71.1	66.7	– 75.5
	Hispanic	65.4	61.7	– 69.0
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	75.1	72.8	– 77.3
	Non-Hispanic White Female	84.5	82.9	– 86.2
	Non-Hispanic Black Male	66.9	59.7	– 74.2
	Non-Hispanic Black Female	74.8	69.7	– 79.9
	Hispanic Male	57.5	51.8	– 63.1
	Hispanic Female	73.6	69.2	– 78.0
AGE GROUP	18-44	59.5	57.1	– 62.0
	45-64	81.1	79.4	– 82.9
	65 & Older	96.0	95.3	– 96.7
EDUCATION LEVEL	<High School	63.8	59.5	– 68.1
	High School/GED	72.3	69.9	– 74.8
	>High School	79.8	78.2	– 81.3
ANNUAL INCOME	<\$25,000	63.3	60.7	– 66.0
	\$25,000-\$49,999	77.7	75.1	– 80.3
	\$50,000 or More	84.8	82.9	– 86.7
MARITAL STATUS	Married/Couple	80.5	79.0	– 82.1
	Not Married/Couple	68.5	66.4	– 70.6

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2011 Florida Behavioral Risk Factor Surveillance System Data Report

Healthcare Access & Coverage

Percentage of adults who needed to see a healthcare provider, but did not due to cost, at least once in the past year:

		Measure	95% CI	
ALL	Overall	22.0	20.7	– 23.2
SEX	Male	20.2	18.4	– 22.1
	Female	23.6	22.0	– 25.2
RACE/ETHNICITY	Non-Hispanic White	16.6	15.3	– 17.8
	Non-Hispanic Black	27.1	22.9	– 31.3
	Hispanic	32.7	29.2	– 36.3
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	15.3	13.4	– 17.2
	Non-Hispanic White Female	17.8	16.1	– 19.4
	Non-Hispanic Black Male	23.5	17.0	– 30.1
	Non-Hispanic Black Female	30.3	25.0	– 35.7
	Hispanic Male	30.8	25.4	– 36.1
	Hispanic Female	34.7	30.0	– 39.5
AGE GROUP	18-44	29.2	26.9	– 31.5
	45-64	24.0	22.1	– 26.0
	65 & Older	5.4	4.4	– 6.4
EDUCATION LEVEL	<High School	33.2	29.0	– 37.3
	High School/GED	25.1	22.8	– 27.5
	>High School	17.0	15.6	– 18.5
ANNUAL INCOME	<\$25,000	37.5	34.9	– 40.1
	\$25,000-\$49,999	21.4	18.9	– 23.9
	\$50,000 or More	8.1	6.6	– 9.6
MARITAL STATUS	Married/Couple	18.3	16.7	– 19.8
	Not Married/Couple	26.4	24.4	– 28.3

Percentage of adults who had seen a healthcare provider for a routine check-up in the past year:

		Measure	95% CI	
ALL	Overall	68.1	66.7	– 69.4
SEX	Male	63.3	61.1	– 65.4
	Female	72.6	70.9	– 74.2
RACE/ETHNICITY	Non-Hispanic White	69.3	67.8	– 70.8
	Non-Hispanic Black	71.0	66.6	– 75.5
	Hispanic	63.6	59.9	– 67.4
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	65.7	63.3	– 68.0
	Non-Hispanic White Female	72.6	70.8	– 74.5
	Non-Hispanic Black Male	66.8	59.6	– 74.0
	Non-Hispanic Black Female	74.9	69.6	– 80.1
	Hispanic Male	56.3	50.5	– 62.1
	Hispanic Female	71.0	66.5	– 75.6
AGE GROUP	18-44	55.5	53.0	– 58.0
	45-64	70.3	68.3	– 72.4
	65 & Older	88.7	87.4	– 90.1
EDUCATION LEVEL	<High School	62.1	57.8	– 66.4
	High School/GED	67.4	65.0	– 69.9
	>High School	70.1	68.4	– 71.8
ANNUAL INCOME	<\$25,000	61.2	58.6	– 63.8
	\$25,000-\$49,999	69.8	67.1	– 72.5
	\$50,000 or More	72.8	70.5	– 75.1
MARITAL STATUS	Married/Couple	71.3	69.5	– 73.0
	Not Married/Couple	64.3	62.2	– 66.4

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2011 Florida Behavioral Risk Factor Surveillance System Data Report

HIV/AIDS

Percentage of adults who were ever tested for HIV:

		Measure	95% CI	
ALL	Overall	51.3	49.5	– 53.1
SEX	Male	48.4	45.6	– 51.1
	Female	54.3	51.9	– 56.6
RACE/ETHNICITY	Non-Hispanic White	46.3	44.2	– 48.5
	Non-Hispanic Black	68.7	63.8	– 73.7
	Hispanic	52.3	47.9	– 56.7
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	44.5	41.3	– 47.8
	Non-Hispanic White Female	48.1	45.3	– 50.9
	Non-Hispanic Black Male	59.8	51.3	– 68.3
	Non-Hispanic Black Female	76.4	71.0	– 81.8
	Hispanic Male	50.6	44.1	– 57.0
	Hispanic Female	54.3	48.4	– 60.2
AGE GROUP	18-44	59.7	57.1	– 62.3
	45-64	40.0	37.7	– 42.3
EDUCATION LEVEL	<High School	50.4	44.6	– 56.2
	High School/GED	48.1	44.8	– 51.5
	>High School	53.3	51.1	– 55.6
ANNUAL INCOME	<\$25,000	58.0	54.7	– 61.4
	\$25,000-\$49,999	49.7	45.8	– 53.5
	\$50,000 or More	49.0	46.2	– 51.9
MARITAL STATUS	Married/Couple	47.4	45.0	– 49.8
	Not Married/Couple	55.7	53.0	– 58.4

Percentage of adults, aged 18-64 years, who had an HIV test in the past year:

		Measure	95% CI	
ALL	Overall	5.3	4.3	– 6.3
SEX	Male	4.6	3.2	– 6.0
	Female	6.0	4.6	– 7.4
RACE/ETHNICITY	Non-Hispanic White	3.9	3.0	– 4.7
	Non-Hispanic Black	11.9	6.2	– 17.5
	Hispanic	6.6	4.1	– 9.1
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	3.9	2.6	– 5.2
	Non-Hispanic White Female	3.8	2.7	– 5.0
	Non-Hispanic Black Male	10.1	2.2	– 18.1
	Non-Hispanic Black Female	14.2	6.3	– 22.1
	Hispanic Male	4.2	1.3	– 7.1
	Hispanic Female	9.3	5.3	– 13.4
AGE GROUP	18-44	7.2	5.4	– 9.0
	45-64	3.5	2.5	– 4.4
EDUCATION LEVEL	<High School	4.1	1.8	– 6.5
	High School/GED	5.4	3.4	– 7.5
	>High School	5.5	4.2	– 6.8
ANNUAL INCOME	<\$25,000	7.6	5.1	– 10.0
	\$25,000-\$49,999	5.0	3.1	– 7.0
	\$50,000 or More	4.5	3.1	– 5.8
MARITAL STATUS	Married/Couple	4.5	3.4	– 5.6
	Not Married/Couple	6.5	4.6	– 8.3

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2011 Florida Behavioral Risk Factor Surveillance System Data Report

Hypertension Awareness & Control

Percentage of adults who were ever told, by a healthcare provider, they had high blood pressure or hypertension:

		Measure	95% CI	
ALL	Overall	34.2	32.9	– 35.4
SEX	Male	35.1	33.1	– 37.0
	Female	33.4	31.8	– 34.9
RACE/ETHNICITY	Non-Hispanic White	36.1	34.7	– 37.5
	Non-Hispanic Black	36.7	32.5	– 40.9
	Hispanic	27.7	24.4	– 31.0
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	37.2	35.0	– 39.5
	Non-Hispanic White Female	35.1	33.4	– 36.9
	Non-Hispanic Black Male	36.0	29.2	– 42.7
	Non-Hispanic Black Female	37.4	32.2	– 42.5
	Hispanic Male	29.0	23.8	– 34.1
	Hispanic Female	26.4	22.2	– 30.6
AGE GROUP	18-44	14.3	12.6	– 16.1
	45-64	40.8	38.7	– 43.0
	65 & Older	62.9	60.9	– 64.9
EDUCATION LEVEL	<High School	39.2	35.2	– 43.3
	High School/GED	38.2	35.9	– 40.6
	>High School	30.6	29.1	– 32.1
ANNUAL INCOME	<\$25,000	38.9	36.5	– 41.3
	\$25,000-\$49,999	35.9	33.3	– 38.6
	\$50,000 or More	28.2	26.1	– 30.2
MARITAL STATUS	Married/Couple	35.0	33.3	– 36.7
	Not Married/Couple	33.3	31.4	– 35.1

Percentage of adults with hypertension that were advised, by a healthcare provider, to engage in actions to control high blood pressure:

		Measure	95% CI	
ALL	Overall	97.9	97.1	– 98.6
SEX	Male	97.2	95.7	– 98.7
	Female	98.5	97.9	– 99.0
RACE/ETHNICITY	Non-Hispanic White	97.5	96.5	– 98.5
	Non-Hispanic Black	98.0	95.5	– 100.0
	Hispanic	99.5	99.0	– 100.0
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	96.7	94.7	– 98.7
	Non-Hispanic White Female	98.1	97.4	– 98.9
	Non-Hispanic Black Male	96.0	90.3	– 100.0
	Non-Hispanic Black Female	99.5	98.9	– 100.0
	Hispanic Male	99.7	99.1	– 100.0
	Hispanic Female	99.3	98.5	– 100.0
AGE GROUP	18-44	94.5	90.8	– 98.3
	45-64	98.3	97.2	– 99.4
	65 & Older	98.5	97.7	– 99.3
EDUCATION LEVEL	<High School	96.8	93.7	– 99.9
	High School/GED	98.2	97.3	– 99.1
	>High School	98.0	96.9	– 99.0
ANNUAL INCOME	<\$25,000	97.5	95.9	– 99.1
	\$25,000-\$49,999	99.0	98.4	– 99.6
	\$50,000 or More	97.4	95.6	– 99.1
MARITAL STATUS	Married/Couple	98.8	98.3	– 99.3
	Not Married/Couple	97.1	95.7	– 98.5

CI = Confidence Interval

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2011 Florida Behavioral Risk Factor Surveillance System Data Report

Hypertension Awareness & Control

Percentage of adults with hypertension that engaged in actions to control high blood pressure:

		Measure	95% CI	
ALL	Overall	90.5	89.2	– 91.8
SEX	Male	87.1	84.8	– 89.5
	Female	93.9	92.5	– 95.3
RACE/ETHNICITY	Non-Hispanic White	92.0	90.7	– 93.3
	Non-Hispanic Black	90.9	86.9	– 95.0
	Hispanic	85.3	80.1	– 90.5
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	89.3	87.0	– 91.5
	Non-Hispanic White Female	94.6	93.1	– 96.2
	Non-Hispanic Black Male	87.8	80.4	– 95.1
	Non-Hispanic Black Female	93.7	89.7	– 97.6
	Hispanic Male	80.8	72.1	– 89.5
	Hispanic Female	90.3	85.3	– 95.3
AGE GROUP	18-44	67.3	61.5	– 73.1
	45-64	93.3	91.8	– 94.9
	65 & Older	98.3	97.6	– 98.9
EDUCATION LEVEL	<High School	90.2	86.4	– 94.0
	High School/GED	89.0	86.2	– 91.8
	>High School	91.8	90.2	– 93.3
ANNUAL INCOME	<\$25,000	86.8	84.0	– 89.7
	\$25,000-\$49,999	91.4	88.6	– 94.2
	\$50,000 or More	94.4	92.7	– 96.1
MARITAL STATUS	Married/Couple	93.1	91.6	– 94.6
	Not Married/Couple	87.4	85.0	– 89.8

Percentage of adults with hypertension that were currently taking medicine for their high blood pressure:

		Measure	95% CI	
ALL	Overall	79.0	77.1	– 81.0
SEX	Male	74.0	70.8	– 77.3
	Female	84.0	81.9	– 86.2
RACE/ETHNICITY	Non-Hispanic White	81.4	79.4	– 83.5
	Non-Hispanic Black	76.5	69.8	– 83.1
	Hispanic	74.9	68.6	– 81.1
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	77.3	73.9	– 80.7
	Non-Hispanic White Female	85.5	83.2	– 87.8
	Non-Hispanic Black Male	71.7	60.3	– 83.0
	Non-Hispanic Black Female	80.6	73.2	– 87.9
	Hispanic Male	68.1	58.1	– 78.1
	Hispanic Female	82.4	76.0	– 88.9
AGE GROUP	18-44	41.0	34.7	– 47.3
	45-64	81.3	78.3	– 84.3
	65 & Older	93.9	92.6	– 95.1
EDUCATION LEVEL	<High School	77.2	71.4	– 83.0
	High School/GED	78.5	75.0	– 82.1
	>High School	80.1	77.6	– 82.6
ANNUAL INCOME	<\$25,000	74.4	70.7	– 78.1
	\$25,000-\$49,999	79.2	74.8	– 83.6
	\$50,000 or More	82.5	79.2	– 85.8
MARITAL STATUS	Married/Couple	81.8	79.2	– 84.4
	Not Married/Couple	76.1	73.1	– 79.2

CI = Confidence Interval

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2011 Florida Behavioral Risk Factor Surveillance System Data Report

Immunization

Percentage of adults who received either a seasonal flu shot or a seasonal flu vaccine, that was sprayed in their nose, in the past year:

		Measure	95% CI	
ALL	Overall	30.7	29.4	– 31.9
SEX	Male	28.8	26.8	– 30.7
	Female	32.5	30.9	– 34.1
RACE/ETHNICITY	Non-Hispanic White	35.6	34.1	– 37.0
	Non-Hispanic Black	21.2	17.4	– 25.0
	Hispanic	23.5	20.2	– 26.9
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	33.1	30.8	– 35.3
	Non-Hispanic White Female	37.9	36.0	– 39.8
	Non-Hispanic Black Male	20.0	13.9	– 26.1
	Non-Hispanic Black Female	22.2	17.5	– 26.9
	Hispanic Male	23.7	18.6	– 28.7
	Hispanic Female	23.3	19.0	– 27.7
AGE GROUP	18-44	18.9	16.9	– 20.9
	45-64	28.2	26.3	– 30.2
	65 & Older	57.6	55.4	– 59.8
EDUCATION LEVEL	<High School	23.1	19.6	– 26.6
	High School/GED	27.9	25.7	– 30.1
	>High School	34.1	32.4	– 35.8
ANNUAL INCOME	<\$25,000	24.8	22.7	– 26.9
	\$25,000-\$49,999	32.3	29.7	– 35.0
	\$50,000 or More	34.0	31.8	– 36.3
MARITAL STATUS	Married/Couple	34.0	32.2	– 35.7
	Not Married/Couple	26.9	25.1	– 28.7

Percentage of adults, aged 65 years or older, who received either a seasonal flu shot or a seasonal flu vaccine, that was sprayed in their nose, in the past year:

		Measure	95% CI	
ALL	Overall	57.6	55.4	– 59.8
SEX	Male	56.0	52.4	– 59.5
	Female	58.9	56.2	– 61.5
RACE/ETHNICITY	Non-Hispanic White	60.3	58.2	– 62.4
	Non-Hispanic Black	39.1	28.4	– 49.8
	Hispanic	52.4	42.1	– 62.6
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	60.1	56.7	– 63.5
	Non-Hispanic White Female	60.5	57.9	– 63.1
	Non-Hispanic Black Male	32.0	16.3	– 47.6
	Non-Hispanic Black Female	45.8	31.6	– 60.1
	Hispanic Male	46.0	27.4	– 64.5
	Hispanic Female	56.3	44.7	– 68.0
AGE GROUP	65 & Older	57.6	55.4	– 59.8
EDUCATION LEVEL	<High School	51.2	44.1	– 58.2
	High School/GED	55.7	51.9	– 59.5
	>High School	61.3	58.8	– 63.9
ANNUAL INCOME	<\$25,000	53.8	49.5	– 58.1
	\$25,000-\$49,999	58.9	55.0	– 62.8
	\$50,000 or More	61.9	58.0	– 65.9
MARITAL STATUS	Married/Couple	58.5	55.4	– 61.6
	Not Married/Couple	56.6	53.6	– 59.6

CI = Confidence Interval

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2011 Florida Behavioral Risk Factor Surveillance System Data Report

Immunization

Percentage of adults who had ever received a pneumonia shot or pneumococcal vaccine:

		Measure	95% CI	
ALL	Overall	33.3	31.9	– 34.6
SEX	Male	34.1	31.9	– 36.3
	Female	32.5	30.9	– 34.2
RACE/ETHNICITY	Non-Hispanic White	38.3	36.8	– 39.9
	Non-Hispanic Black	23.1	19.1	– 27.2
	Hispanic	26.2	22.3	– 30.1
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	38.1	35.6	– 40.6
	Non-Hispanic White Female	38.5	36.6	– 40.5
	Non-Hispanic Black Male	26.9	19.8	– 34.0
	Non-Hispanic Black Female	20.0	15.7	– 24.2
	Hispanic Male	29.5	23.3	– 35.6
	Hispanic Female	22.9	18.1	– 27.7
AGE GROUP	18-44	18.9	16.6	– 21.2
	45-64	24.8	22.8	– 26.8
	65 & Older	69.8	67.7	– 71.9
EDUCATION LEVEL	<High School	33.6	29.1	– 38.0
	High School/GED	33.4	30.9	– 35.9
	>High School	33.3	31.6	– 35.0
ANNUAL INCOME	<\$25,000	35.1	32.4	– 37.8
	\$25,000-\$49,999	35.8	32.9	– 38.6
	\$50,000 or More	28.3	26.2	– 30.5
MARITAL STATUS	Married/Couple	33.4	31.5	– 35.2
	Not Married/Couple	33.4	31.4	– 35.5

Percentage of adults, aged 65 years or older, who had ever received a pneumonia shot or pneumococcal vaccine:

		Measure	95% CI	
ALL	Overall	69.8	67.7	– 71.9
SEX	Male	67.7	64.3	– 71.1
	Female	71.4	68.8	– 74.0
RACE/ETHNICITY	Non-Hispanic White	74.1	72.2	– 76.0
	Non-Hispanic Black	48.8	37.4	– 60.3
	Hispanic	53.8	43.2	– 64.4
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	71.5	68.2	– 74.7
	Non-Hispanic White Female	76.1	73.8	– 78.4
	Non-Hispanic Black Male	45.2	27.5	– 62.9
	Non-Hispanic Black Female	51.9	37.0	– 66.8
	Hispanic Male	56.1	37.6	– 74.6
	Hispanic Female	52.3	39.4	– 65.2
AGE GROUP	65 & Older	69.8	67.7	– 71.9
EDUCATION LEVEL	<High School	61.5	54.3	– 68.7
	High School/GED	73.2	70.0	– 76.4
	>High School	70.9	68.4	– 73.5
ANNUAL INCOME	<\$25,000	69.0	64.9	– 73.1
	\$25,000-\$49,999	71.0	67.3	– 74.8
	\$50,000 or More	71.6	67.6	– 75.6
MARITAL STATUS	Married/Couple	70.3	67.3	– 73.3
	Not Married/Couple	69.3	66.4	– 72.2

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2011 Florida Behavioral Risk Factor Surveillance System Data Report

Injury Prevention

Percentage of adults who reported 'always' or 'nearly always' using their seat belts when driving or riding in a car:

		Measure	95% CI	
ALL	Overall	93.3	92.4	– 94.1
SEX	Male	90.0	88.5	– 91.6
	Female	96.3	95.6	– 97.1
RACE/ETHNICITY	Non-Hispanic White	94.7	93.9	– 95.5
	Non-Hispanic Black	88.3	84.9	– 91.6
	Hispanic	92.5	90.2	– 94.8
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	91.7	90.1	– 93.3
	Non-Hispanic White Female	97.4	96.8	– 98.0
	Non-Hispanic Black Male	83.2	77.1	– 89.3
	Non-Hispanic Black Female	92.7	89.5	– 95.8
	Hispanic Male	88.5	84.4	– 92.6
	Hispanic Female	96.7	94.8	– 98.7
AGE GROUP	18-44	91.1	89.5	– 92.6
	45-64	94.6	93.4	– 95.8
	65 & Older	95.8	94.7	– 97.0
EDUCATION LEVEL	<High School	89.6	86.6	– 92.7
	High School/GED	92.0	90.3	– 93.6
	>High School	94.9	94.0	– 95.8
ANNUAL INCOME	<\$25,000	90.8	89.0	– 92.6
	\$25,000-\$49,999	94.8	93.4	– 96.3
	\$50,000 or More	94.8	93.5	– 96.1
MARITAL STATUS	Married/Couple	95.2	94.3	– 96.1
	Not Married/Couple	91.1	89.6	– 92.5

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2011 Florida Behavioral Risk Factor Surveillance System Data Report

Overweight & Obesity

Percentage of adults who were a healthy weight:

		Measure	95% CI	
ALL	Overall	34.9	33.5	– 36.3
SEX	Male	28.0	25.9	– 30.0
	Female	41.9	40.1	– 43.7
RACE/ETHNICITY	Non-Hispanic White	36.3	34.8	– 37.9
	Non-Hispanic Black	29.5	25.0	– 34.0
	Hispanic	32.2	28.5	– 36.0
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	26.9	24.7	– 29.1
	Non-Hispanic White Female	45.6	43.6	– 47.7
	Non-Hispanic Black Male	29.0	21.9	– 36.1
	Non-Hispanic Black Female	30.0	24.3	– 35.7
	Hispanic Male	27.8	22.2	– 33.4
	Hispanic Female	37.0	32.1	– 41.9
AGE GROUP	18-44	39.4	36.8	– 41.9
	45-64	29.4	27.4	– 31.5
	65 & Older	34.2	32.2	– 36.3
EDUCATION LEVEL	<High School	29.7	25.5	– 33.8
	High School/GED	32.7	30.2	– 35.1
	>High School	37.4	35.6	– 39.2
ANNUAL INCOME	<\$25,000	33.1	30.6	– 35.7
	\$25,000-\$49,999	31.7	29.0	– 34.3
	\$50,000 or More	36.4	34.0	– 38.8
MARITAL STATUS	Married/Couple	31.6	29.8	– 33.4
	Not Married/Couple	38.6	36.5	– 40.7

Percentage of adults who were overweight:

		Measure	95% CI	
ALL	Overall	36.7	35.3	– 38.0
SEX	Male	42.9	40.7	– 45.0
	Female	30.4	28.7	– 32.1
RACE/ETHNICITY	Non-Hispanic White	36.6	35.1	– 38.1
	Non-Hispanic Black	33.7	29.4	– 38.1
	Hispanic	38.9	35.0	– 42.8
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	43.3	40.9	– 45.6
	Non-Hispanic White Female	30.0	28.1	– 31.9
	Non-Hispanic Black Male	39.4	32.3	– 46.6
	Non-Hispanic Black Female	28.3	23.3	– 33.3
	Hispanic Male	44.7	38.8	– 50.6
	Hispanic Female	32.7	27.7	– 37.6
AGE GROUP	18-44	34.7	32.2	– 37.2
	45-64	36.2	34.0	– 38.3
	65 & Older	40.9	38.8	– 43.0
EDUCATION LEVEL	<High School	35.8	31.4	– 40.1
	High School/GED	37.4	34.9	– 39.8
	>High School	36.5	34.7	– 38.3
ANNUAL INCOME	<\$25,000	33.9	31.4	– 36.4
	\$25,000-\$49,999	38.4	35.6	– 41.3
	\$50,000 or More	38.2	35.8	– 40.6
MARITAL STATUS	Married/Couple	38.6	36.7	– 40.4
	Not Married/Couple	34.5	32.4	– 36.6

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2011 Florida Behavioral Risk Factor Surveillance System Data Report

Overweight & Obesity

Percentage of adults who were obese:

		Measure	95% CI	
ALL	Overall	26.6	25.4	– 27.9
SEX	Male	27.7	25.8	– 29.6
	Female	25.6	24.0	– 27.2
RACE/ETHNICITY	Non-Hispanic White	24.9	23.6	– 26.3
	Non-Hispanic Black	35.7	31.3	– 40.1
	Hispanic	27.8	24.3	– 31.3
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	28.0	25.9	– 30.1
	Non-Hispanic White Female	21.9	20.2	– 23.6
	Non-Hispanic Black Male	30.8	24.0	– 37.6
	Non-Hispanic Black Female	40.3	34.7	– 45.9
	Hispanic Male	27.0	21.9	– 32.1
	Hispanic Female	28.7	24.0	– 33.5
AGE GROUP	18-44	23.6	21.5	– 25.8
	45-64	33.1	31.0	– 35.3
	65 & Older	23.4	21.5	– 25.3
EDUCATION LEVEL	<High School	32.7	28.6	– 36.9
	High School/GED	27.5	25.2	– 29.8
	>High School	24.7	23.1	– 26.2
ANNUAL INCOME	<\$25,000	30.9	28.4	– 33.3
	\$25,000-\$49,999	28.3	25.7	– 31.0
	\$50,000 or More	24.0	22.0	– 26.0
MARITAL STATUS	Married/Couple	28.6	26.9	– 30.4
	Not Married/Couple	24.4	22.6	– 26.2

Percentage of adults who were overweight or obese:

		Measure	95% CI	
ALL	Overall	63.3	61.9	– 64.7
SEX	Male	70.6	68.5	– 72.6
	Female	56.0	54.2	– 57.8
RACE/ETHNICITY	Non-Hispanic White	61.5	60.0	– 63.1
	Non-Hispanic Black	69.4	64.9	– 74.0
	Hispanic	66.7	63.0	– 70.5
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	71.3	69.0	– 73.5
	Non-Hispanic White Female	51.9	49.9	– 54.0
	Non-Hispanic Black Male	70.3	63.2	– 77.4
	Non-Hispanic Black Female	68.6	62.9	– 74.4
	Hispanic Male	71.7	66.1	– 77.4
	Hispanic Female	61.4	56.5	– 66.3
AGE GROUP	18-44	58.3	55.8	– 60.9
	45-64	69.3	67.2	– 71.4
	65 & Older	64.2	62.2	– 66.3
EDUCATION LEVEL	<High School	68.5	64.3	– 72.7
	High School/GED	64.8	62.3	– 67.4
	>High School	61.2	59.4	– 63.0
ANNUAL INCOME	<\$25,000	64.8	62.2	– 67.4
	\$25,000-\$49,999	66.8	64.0	– 69.5
	\$50,000 or More	62.2	59.8	– 64.6
MARITAL STATUS	Married/Couple	67.2	65.4	– 69.0
	Not Married/Couple	59.0	56.8	– 61.1

CI = Confidence Interval

^ = The measures were unavailable, not appropriate for the table, or suppressed due to low respondent counts.

2011 Florida Behavioral Risk Factor Surveillance System Data Report

Physical Activity & Nutrition

Percentage of adults who were sedentary, or did not participate in any leisure-time physical activity, in the past 30 days:

		Measure	95% CI	
ALL	Overall	26.9	25.6	– 28.1
SEX	Male	24.4	22.4	– 26.3
	Female	29.2	27.6	– 30.9
RACE/ETHNICITY	Non-Hispanic White	23.9	22.6	– 25.2
	Non-Hispanic Black	32.0	27.6	– 36.4
	Hispanic	32.1	28.4	– 35.8
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	21.1	19.1	– 23.1
	Non-Hispanic White Female	26.5	24.7	– 28.2
	Non-Hispanic Black Male	27.7	20.8	– 34.6
	Non-Hispanic Black Female	35.8	30.2	– 41.4
	Hispanic Male	30.9	25.3	– 36.5
	Hispanic Female	33.4	28.6	– 38.2
AGE GROUP	18-44	22.8	20.6	– 25.0
	45-64	28.1	26.0	– 30.2
	65 & Older	33.4	31.3	– 35.5
EDUCATION LEVEL	<High School	40.2	35.8	– 44.5
	High School/GED	31.0	28.6	– 33.4
	>High School	21.0	19.5	– 22.5
ANNUAL INCOME	<\$25,000	35.6	33.1	– 38.2
	\$25,000-\$49,999	27.8	25.1	– 30.6
	\$50,000 or More	17.3	15.4	– 19.2
MARITAL STATUS	Married/Couple	26.1	24.4	– 27.9
	Not Married/Couple	27.6	25.7	– 29.5

Percentage of adults who met the weekly recommendation for leisure-time aerobic physical activity in the past 30 days:

		Measure	95% CI	
ALL	Overall	52.8	51.4	– 54.3
SEX	Male	56.0	53.8	– 58.3
	Female	49.8	47.9	– 51.7
RACE/ETHNICITY	Non-Hispanic White	57.5	55.9	– 59.1
	Non-Hispanic Black	43.2	38.3	– 48.0
	Hispanic	45.8	41.8	– 49.8
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	60.9	58.4	– 63.4
	Non-Hispanic White Female	54.3	52.2	– 56.4
	Non-Hispanic Black Male	49.2	41.2	– 57.2
	Non-Hispanic Black Female	38.0	32.3	– 43.7
	Hispanic Male	47.5	41.4	– 53.5
	Hispanic Female	43.9	38.7	– 49.1
AGE GROUP	18-44	52.5	49.9	– 55.1
	45-64	52.4	50.1	– 54.7
	65 & Older	54.4	52.2	– 56.6
EDUCATION LEVEL	<High School	39.5	35.0	– 44.1
	High School/GED	49.7	47.0	– 52.4
	>High School	58.0	56.1	– 59.9
ANNUAL INCOME	<\$25,000	43.4	40.7	– 46.1
	\$25,000-\$49,999	51.7	48.6	– 54.7
	\$50,000 or More	62.3	59.8	– 64.7
MARITAL STATUS	Married/Couple	54.7	52.7	– 56.7
	Not Married/Couple	50.6	48.4	– 52.8

CI = Confidence Interval

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2011 Florida Behavioral Risk Factor Surveillance System Data Report

Physical Activity & Nutrition

Percentage of adults who met the weekly recommendation for leisure-time muscle strengthening physical activity in the past 30 days:

		Measure	95% CI	
ALL	Overall	29.2	27.8	– 30.5
SEX	Male	35.0	32.8	– 37.2
	Female	23.6	22.0	– 25.2
RACE/ETHNICITY	Non-Hispanic White	28.2	26.7	– 29.8
	Non-Hispanic Black	31.7	27.1	– 36.3
	Hispanic	29.4	25.7	– 33.0
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	32.5	30.0	– 34.9
	Non-Hispanic White Female	24.4	22.5	– 26.2
	Non-Hispanic Black Male	42.8	35.0	– 50.6
	Non-Hispanic Black Female	22.0	17.0	– 26.9
	Hispanic Male	37.7	31.8	– 43.5
	Hispanic Female	20.5	16.3	– 24.8
AGE GROUP	18-44	34.8	32.3	– 37.3
	45-64	26.5	24.5	– 28.5
	65 & Older	21.9	20.1	– 23.7
EDUCATION LEVEL	<High School	20.4	16.6	– 24.2
	High School/GED	25.2	22.7	– 27.7
	>High School	33.6	31.8	– 35.4
ANNUAL INCOME	<\$25,000	24.2	21.7	– 26.6
	\$25,000-\$49,999	27.8	25.1	– 30.6
	\$50,000 or More	33.9	31.5	– 36.3
MARITAL STATUS	Married/Couple	27.2	25.5	– 28.9
	Not Married/Couple	31.6	29.4	– 33.7

Percentage of adults who were inactive or insufficiently active in the past 30 days:

		Measure	95% CI	
ALL	Overall	47.6	46.1	– 49.1
SEX	Male	44.4	42.1	– 46.7
	Female	50.7	48.8	– 52.6
RACE/ETHNICITY	Non-Hispanic White	42.9	41.3	– 44.5
	Non-Hispanic Black	57.3	52.5	– 62.2
	Hispanic	54.8	50.8	– 58.9
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	39.5	37.0	– 41.9
	Non-Hispanic White Female	46.1	44.0	– 48.2
	Non-Hispanic Black Male	51.1	43.1	– 59.1
	Non-Hispanic Black Female	62.7	57.0	– 68.4
	Hispanic Male	53.3	47.2	– 59.4
	Hispanic Female	56.4	51.2	– 61.6
AGE GROUP	18-44	48.0	45.3	– 50.6
	45-64	47.9	45.5	– 50.2
	65 & Older	46.2	44.0	– 48.4
EDUCATION LEVEL	<High School	61.0	56.4	– 65.5
	High School/GED	50.8	48.1	– 53.5
	>High School	42.4	40.5	– 44.2
ANNUAL INCOME	<\$25,000	57.1	54.3	– 59.8
	\$25,000-\$49,999	48.8	45.7	– 51.8
	\$50,000 or More	38.1	35.6	– 40.6
MARITAL STATUS	Married/Couple	45.7	43.7	– 47.7
	Not Married/Couple	49.9	47.6	– 52.1

CI = Confidence Interval

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Physical Activity & Nutrition

Percentage of adults who met the daily recommendation for fruit consumption in the past 30 days:

		Measure	95% CI	
ALL	Overall	32.0	30.7	– 33.3
SEX	Male	27.1	25.2	– 29.1
	Female	36.6	34.8	– 38.3
RACE/ETHNICITY	Non-Hispanic White	31.5	30.1	– 33.0
	Non-Hispanic Black	34.8	30.4	– 39.2
	Hispanic	30.2	26.6	– 33.7
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	26.8	24.6	– 28.9
	Non-Hispanic White Female	35.9	34.0	– 37.8
	Non-Hispanic Black Male	28.5	21.8	– 35.3
	Non-Hispanic Black Female	40.3	34.7	– 45.9
	Hispanic Male	25.9	20.8	– 31.0
	Hispanic Female	34.6	29.8	– 39.4
AGE GROUP	18-44	28.7	26.4	– 30.9
	45-64	32.6	30.4	– 34.7
	65 & Older	37.4	35.4	– 39.5
EDUCATION LEVEL	<High School	27.4	23.4	– 31.4
	High School/GED	27.6	25.3	– 29.9
	>High School	35.5	33.8	– 37.2
ANNUAL INCOME	<\$25,000	30.0	27.6	– 32.5
	\$25,000-\$49,999	31.0	28.4	– 33.7
	\$50,000 or More	35.8	33.5	– 38.1
MARITAL STATUS	Married/Couple	33.9	32.1	– 35.7
	Not Married/Couple	29.8	27.9	– 31.8

Percentage of adults who met the daily recommendation for vegetable consumption in the past 30 days:

		Measure	95% CI	
ALL	Overall	16.2	15.2	– 17.2
SEX	Male	14.0	12.4	– 15.6
	Female	18.2	16.9	– 19.6
RACE/ETHNICITY	Non-Hispanic White	16.3	15.1	– 17.4
	Non-Hispanic Black	11.7	8.9	– 14.5
	Hispanic	17.4	14.4	– 20.3
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	13.4	11.6	– 15.2
	Non-Hispanic White Female	18.9	17.4	– 20.4
	Non-Hispanic Black Male	9.3	5.2	– 13.3
	Non-Hispanic Black Female	13.8	10.0	– 17.6
	Hispanic Male	15.4	11.1	– 19.7
	Hispanic Female	19.4	15.5	– 23.4
AGE GROUP	18-44	16.0	14.2	– 17.9
	45-64	17.0	15.4	– 18.7
	65 & Older	15.1	13.6	– 16.6
EDUCATION LEVEL	<High School	12.4	9.5	– 15.4
	High School/GED	12.4	10.7	– 14.0
	>High School	19.2	17.8	– 20.7
ANNUAL INCOME	<\$25,000	13.7	11.9	– 15.5
	\$25,000-\$49,999	16.3	14.1	– 18.6
	\$50,000 or More	19.0	17.1	– 20.8
MARITAL STATUS	Married/Couple	17.5	16.0	– 18.9
	Not Married/Couple	14.6	13.1	– 16.1

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Tobacco Use & Exposure

Percentage of adults who were current smokers:

		Measure	95% CI	
ALL	Overall	19.3	18.2	– 20.4
SEX	Male	21.8	19.9	– 23.6
	Female	16.9	15.6	– 18.3
RACE/ETHNICITY	Non-Hispanic White	21.2	19.8	– 22.6
	Non-Hispanic Black	16.4	12.9	– 19.8
	Hispanic	15.1	12.3	– 17.9
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	22.5	20.3	– 24.6
	Non-Hispanic White Female	20.0	18.3	– 21.8
	Non-Hispanic Black Male	21.3	15.1	– 27.4
	Non-Hispanic Black Female	12.0	8.6	– 15.5
	Hispanic Male	19.8	15.1	– 24.5
	Hispanic Female	10.3	7.5	– 13.1
AGE GROUP	18-44	22.3	20.2	– 24.4
	45-64	23.4	21.5	– 25.3
	65 & Older	7.9	6.9	– 8.9
EDUCATION LEVEL	<High School	28.6	24.7	– 32.6
	High School/GED	22.3	20.2	– 24.5
	>High School	15.1	13.8	– 16.4
ANNUAL INCOME	<\$25,000	25.0	22.8	– 27.3
	\$25,000-\$49,999	20.0	17.5	– 22.4
	\$50,000 or More	14.7	12.9	– 16.6
MARITAL STATUS	Married/Couple	14.9	13.5	– 16.3
	Not Married/Couple	24.3	22.4	– 26.2

Percentage of adults who were former smokers:

		Measure	95% CI	
ALL	Overall	27.9	26.8	– 29.1
SEX	Male	31.4	29.5	– 33.3
	Female	24.7	23.3	– 26.1
RACE/ETHNICITY	Non-Hispanic White	33.9	32.5	– 35.3
	Non-Hispanic Black	12.8	10.0	– 15.5
	Hispanic	21.1	17.9	– 24.2
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	37.1	34.9	– 39.4
	Non-Hispanic White Female	31.0	29.2	– 32.7
	Non-Hispanic Black Male	16.3	11.4	– 21.3
	Non-Hispanic Black Female	9.6	6.9	– 12.2
	Hispanic Male	24.7	19.7	– 29.8
	Hispanic Female	17.3	13.6	– 21.1
AGE GROUP	18-44	15.2	13.4	– 16.9
	45-64	29.6	27.6	– 31.6
	65 & Older	50.0	47.9	– 52.1
EDUCATION LEVEL	<High School	24.1	20.7	– 27.5
	High School/GED	28.9	26.7	– 31.1
	>High School	28.4	26.9	– 30.0
ANNUAL INCOME	<\$25,000	23.5	21.4	– 25.5
	\$25,000-\$49,999	30.3	27.9	– 32.8
	\$50,000 or More	30.4	28.3	– 32.6
MARITAL STATUS	Married/Couple	32.5	30.9	– 34.2
	Not Married/Couple	22.7	21.1	– 24.3

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Tobacco Use & Exposure

Percentage of adults who had never smoked:

		Measure	95% CI	
ALL	Overall	52.8	51.4	– 54.2
SEX	Male	46.8	44.7	– 49.0
	Female	58.4	56.6	– 60.1
RACE/ETHNICITY	Non-Hispanic White	44.9	43.3	– 46.4
	Non-Hispanic Black	70.9	66.8	– 74.9
	Hispanic	63.9	60.2	– 67.6
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	40.4	38.0	– 42.8
	Non-Hispanic White Female	49.0	47.0	– 51.0
	Non-Hispanic Black Male	62.4	55.3	– 69.4
	Non-Hispanic Black Female	78.4	74.2	– 82.6
	Hispanic Male	55.5	49.7	– 61.3
	Hispanic Female	72.4	68.0	– 76.7
AGE GROUP	18-44	62.6	60.1	– 65.0
	45-64	47.0	44.8	– 49.2
	65 & Older	42.1	40.0	– 44.2
EDUCATION LEVEL	<High School	47.2	42.9	– 51.6
	High School/GED	48.8	46.2	– 51.3
	>High School	56.4	54.7	– 58.2
ANNUAL INCOME	<\$25,000	51.5	48.9	– 54.1
	\$25,000-\$49,999	49.7	46.8	– 52.6
	\$50,000 or More	54.8	52.4	– 57.2
MARITAL STATUS	Married/Couple	52.5	50.7	– 54.4
	Not Married/Couple	53.0	50.9	– 55.1

Percentage of current smokers who stopped smoking for one day or longer, because they were trying to quit smoking, at least once in the past year:

		Measure	95% CI	
ALL	Overall	61.7	58.4	– 64.9
SEX	Male	63.0	58.3	– 67.7
	Female	60.1	55.8	– 64.5
RACE/ETHNICITY	Non-Hispanic White	59.9	56.2	– 63.6
	Non-Hispanic Black	75.3	64.8	– 85.7
	Hispanic	61.8	52.1	– 71.6
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	60.4	55.0	– 65.9
	Non-Hispanic White Female	59.3	54.4	– 64.2
	Non-Hispanic Black Male	77.2	62.2	– 92.3
	Non-Hispanic Black Female	72.2	59.6	– 84.9
	Hispanic Male	63.5	50.6	– 76.5
	Hispanic Female	58.7	44.7	– 72.6
AGE GROUP	18-44	67.5	62.6	– 72.4
	45-64	55.2	50.4	– 60.0
	65 & Older	59.6	53.3	– 66.0
EDUCATION LEVEL	<High School	62.2	54.1	– 70.4
	High School/GED	60.9	55.7	– 66.2
	>High School	62.1	57.6	– 66.7
ANNUAL INCOME	<\$25,000	69.3	64.7	– 74.0
	\$25,000-\$49,999	57.6	50.9	– 64.4
	\$50,000 or More	56.2	49.3	– 63.1
MARITAL STATUS	Married/Couple	57.1	52.1	– 62.1
	Not Married/Couple	65.0	60.8	– 69.3

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Vision

Percentage of adults who were ever told, by a healthcare provider, they had vision impairment in one or both eyes, even when wearing glasses:

		Measure	95% CI	
ALL	Overall	21.0	19.9	– 22.1
SEX	Male	19.3	17.7	– 21.0
	Female	22.6	21.1	– 24.0
RACE/ETHNICITY	Non-Hispanic White	21.9	20.7	– 23.1
	Non-Hispanic Black	20.4	16.8	– 23.9
	Hispanic	18.5	15.7	– 21.4
SEX BY RACE/ETHNICITY	Non-Hispanic White Male	20.1	18.3	– 21.9
	Non-Hispanic White Female	23.5	21.9	– 25.2
	Non-Hispanic Black Male	21.7	15.6	– 27.8
	Non-Hispanic Black Female	19.1	15.2	– 23.1
	Hispanic Male	15.3	11.5	– 19.1
	Hispanic Female	21.8	17.6	– 26.0
AGE GROUP	18-44	13.1	11.4	– 14.9
	45-64	22.0	20.2	– 23.8
	65 & Older	34.9	32.9	– 36.9
EDUCATION LEVEL	<High School	26.2	22.6	– 29.8
	High School/GED	21.6	19.6	– 23.6
	>High School	19.1	17.8	– 20.5
ANNUAL INCOME	<\$25,000	25.5	23.3	– 27.6
	\$25,000-\$49,999	21.5	19.3	– 23.8
	\$50,000 or More	14.9	13.3	– 16.6
MARITAL STATUS	Married/Couple	19.7	18.3	– 21.1
	Not Married/Couple	22.5	20.8	– 24.2

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Glossary

A1C	Medical test that analyzes the average level of blood sugar over the past three to four months; in general, an A1C of 7% or less is recommended.
Active	Descriptive category for physical activity level of adults; defined as performing 150 to 300 minutes (or vigorous equivalent minutes) of leisure-time aerobic physical activity per week in the past 30 days.
Activities Of Daily Living (ADLs)	Term used in healthcare to refer to daily self-care activities within an individual's place of residence, in outdoor environments, or both; routinely refer to the ability or inability to perform ADLs as a measurement of the functional status of a person; basic ADLs consist of self-care tasks including personal hygiene and grooming, dressing and undressing, self-feeding, functional transfers, and ambulation or walking.
Adult	Individual aged 18 years or older.
Aerobic Physical Activity	Also called endurance activity; improves cardiorespiratory fitness; activity in which the body's large muscles move in a rhythmic manner for a sustained period of time (e.g., walking, running, swimming, bicycling).
Age	The length of time that one has existed; duration of life by years; self-reported demographic variable.
Angina	Most common symptom of coronary artery disease (CAD); chest pain or discomfort that occurs if an area of the heart muscle does not get enough oxygen-rich blood.
Arthritis	Joint inflammation; term used in the public health field to describe more than 100 rheumatic diseases and conditions that affect joints, the tissues which surround the joint and other connective tissue; pattern, severity, and location of symptoms can vary depending on specific form of disease/condition; typically characterized by pain and stiffness in and around one or more joints with symptoms developing gradually or suddenly; arthritis diagnoses include: rheumatism, polymyalgia rheumatica, osteoarthritis, tendonitis, bursitis, bunion, tennis elbow, carpal tunnel syndrome, tarsal tunnel syndrome, and joint infection.
Asthma	Disease that affects the lungs; causes repeated episodes of wheezing, breathlessness, chest tightness, and nighttime or early morning coughing.
Binge Drinking	For women, consumption of 4 or more drinks during a single occasion; for men, consumption of 5 or more drinks during a single occasion.

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Glossary

Blood Glucose	Also called blood sugar; refers to the level of glucose, the main sugar the body makes from the food we eat, that is found in the bloodstream; the state of low blood glucose is known as hypoglycemia (< 70) and the state of high blood glucose is known as hyperglycemia (> 130 before meals; > 180 one to two hours after the start of a meal).
Blood Pressure	The force of the blood against the artery walls; two levels of blood pressure measured, the highest, or systolic, occurs when the heart pumps blood into the blood vessels, and the lowest, or diastolic, occurs when the heart rests.
Blood Sugar	See Blood Glucose
Body Mass Index (BMI)	Number calculated from a person's height and weight; provides a reliable indicator of body fatness for most people; used to screen for weight categories that may lead to health problems.
Cancer	General name for a group of more than 100 diseases; when cells in a part of the body begin to grow out of control, forming new, abnormal cells and sometimes invading or growing into other tissues.
Cholesterol	A waxy, fat-like substance both produced in needed quantities in the body and found in many foods; required by the body to work properly, however, when too much is present in the blood, it can build up (i.e., cholesterol deposits or plaque) on the walls of the arteries leading to heart disease and stroke.
Chronic Bronchitis	Chronic inflammation of the bronchi (medium-size airways) in the lungs; clinically presents as a persistent cough that produces sputum (phlegm) and mucus, for at least three months per year in two consecutive years; see also Chronic Obstructive Pulmonary Disease (COPD).
Chronic Diseases	Diseases of long duration and generally slow progression (e.g., heart disease, stroke, cancer, diabetes); represent the leading causes of mortality worldwide.
Chronic Obstructive Pulmonary Disease (COPD)	Term that refers to a group of diseases that cause airflow blockage and breathing-related problems; includes emphysema, chronic bronchitis, and in some cases asthma.
Confusion	The state of being bewildered or unclear in one's mind about something; mental confusion is the inability to think clearly and quickly.
Coronary Artery Disease (CAD)	Most common type of heart disease; occurs when a substance called plaque builds up on the inner walls of the arteries that supply blood to the heart, called coronary arteries; most common cause of a heart attack.

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Coronary Heart Disease (CHD)	See Coronary Artery Disease (CAD).
Current Smoker	Combination of everyday smoker and someday smoker.
Daily Recommendation For Fruit Consumption	≥ 2 servings of fruit per day.
Daily Recommendation For Vegetable Consumption	≥ 3 servings of vegetables per day.
Depressive Disorders	Includes depression, major depression, dysthymia, or minor depression; mental illnesses characterized by a profound and persistent feeling of sadness or despair and/or a loss of interest in things that once were pleasurable; disturbance in sleep, appetite, and mental processes are a common accompaniment.
Diabetes	General term for diabetes mellitus; disease in which the blood glucose levels are above normal due to either the pancreas not producing enough insulin (Type-1 diabetes) or the body not using its own insulin as well as it should (Type-2 diabetes).
Emphysema	Long-term, progressive disease of the lungs that primarily causes shortness of breath; tissues necessary to support the physical shape and function of the lungs are destroyed; destruction of lung tissue around smaller sacs, called alveoli, makes these air sacs unable to hold their functional shape upon exhalation; see also Chronic Obstructive Pulmonary Disease (COPD).
Environmental Tobacco Smoke	See Secondhand Smoke.
Everday Smoker	Adults who reported smoking at least 100 cigarettes in their lifetime and reported smoking every day now.
Exercise	See Physical Activity.
Flu	Contagious respiratory illness caused by influenza viruses; can cause mild to severe illness, and at times can lead to death. Some people, such as older people, young children, and people with certain health conditions, are at high risk for serious flu complications.
Flu Shot	Influenza vaccine; an inactivated vaccine (containing killed virus) that is either given with a needle, usually in the arm, or as a spray, mist or drop via the nose; approved for use in individuals older than 6 months, including healthy people and people with chronic medical conditions.

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Former Smoker	Adults who reported smoking at least 100 cigarettes in their lifetime but reported not smoking now.
Health Behavior	An action taken by a person to maintain, attain, or regain good health and to prevent illness.
Health Risk Behavior	An action taken by a person that is associated with higher than average rates of morbidity or mortality (e.g., lack of physical activity, poor nutrition, tobacco use, excessive alcohol consumption).
Healthcare Coverage	Example: health insurance, pre-paid plans such as HMO's, government plans such as Medicare.
Healthcare Provider	A person who by education, training, certification, or licensure is qualified to and is engaged in providing healthcare to patients (e.g., medical doctor, nurse practitioner, physician assistant, registered nurse).
Healthy Weight	Having a body mass index (BMI) ranging from 18.5 to 24.9; BMI is calculated using self-reported height and weight.
Heart Attack	Most commonly caused by coronary artery disease (CAD); occurs when a section of the heart muscle dies or gets damaged because of reduced blood supply.
Heavy Drinking	For women, consumption of more than 1 drink per day on average; for men, consumption of more than 2 drinks per day on average.
Hemoglobin	Substance in red blood cells that supplies oxygen to the cells of the body.
High Blood Cholesterol	Having a total cholesterol level of 240 mg/dL or higher.
High Blood Pressure	Condition where the blood circulates through the arteries with too much force; tires the heart, harms the arteries, and increases the risk of heart attack, stroke, and kidney problems; a systolic measurement of 140 mmHg or higher OR a diastolic measurement of 90 mmHg or higher.
Highly Active	Descriptive category for physical activity level of adults; defined as performing more than 300 minutes (or vigorous equivalent minutes) of leisure-time aerobic physical activity per week in the past 30 days.
Hispanic	Adults of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish culture or origin, regardless of race; self-reported demographic variable.

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HIV	Human immunodeficiency virus (HIV) damages a person's body by destroying specific blood cells, called CD4+ T-cells, which are crucial to helping the body fight diseases; can lead to acquired immune deficiency syndrome (AIDS).
Hypertension	See High Blood Pressure.
Influenza	See Flu.
Insufficiently Active	Descriptive category for physical activity level of adults; defined as performing 1 to 149 minutes (or vigorous equivalent minutes) of leisure-time aerobic physical activity per week in the past 30 days.
Intensity	Refers to how much work is being performed or the magnitude of the effort required to perform an activity.
Kidney Disease	Also called renal disease; general term for any damage that reduces the functioning of the kidney; does not include kidney stones, bladder infection or incontinence.
Leisure-time Physical Activity	Refers to physical activity or exercise performed outside of one's regular job.
Mainstream Smoke	Smoke that is exhaled from a smoker.
Memory Loss	Common term used to describe amnesia, a condition in which one's memory is either wholly or partially lost; causes of memory loss vary and may be physiological or psychological in nature.
Mental Health	A state of well-being in which the individual realizes his or her own abilities, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her community.
MET	Metabolic Equivalent Task; term used to represent the intensity of an aerobic activity.
Moderate-intensity Aerobic Activity	Also see relative intensity; if $60\% \text{VO}_2\text{max} \geq \text{activity MET value}$.
Modifiable	Capable of being modified in form or character or strength.
Muscle Strengthening Physical Activity	Also called strength training, resistance training, or muscular strength and endurance exercises; activities that increase skeletal muscle strength, power, endurance, and mass (e.g., yoga, pilates, tai-chi, weight-lifting).

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Myocardial Infarction	See Heart Attack.
Never Smoked	Adults who reported smoking less than 100 cigarettes in their lifetime.
Non-Hispanic Black	Adults not of Hispanic culture or origins reporting membership in only the Black race category; self-reported demographic variable.
Non-Hispanic White	Adults not of Hispanic culture or origins reporting membership in only the White race category; self-reported demographic variable.
Non-smoker	Combination of former smoker and never smoked.
Obese	Having a body mass index (BMI) that is greater than or equal to 30.0; BMI is calculated using self-reported height and weight.
Obesity	A condition characterized by being obese.
Overweight	Having a body mass index (BMI) ranging from 25.0 to 29.9; BMI is calculated using self-reported height and weight.
Overweight or Obese	Having a body mass index (BMI) that is greater than or equal to 25.0; BMI is calculated using self-reported height and weight.
Personal Healthcare Provider	A healthcare provider that an adult identifies as their personal healthcare provider.
Physical Activity	Any bodily movement produced by the contraction of skeletal muscle that increases energy expenditure above a basal level and that enhances or maintains physical fitness and overall health and wellness.
Pneumonia	Infection of the lungs, usually caused by bacteria or viruses, that can cause mild to severe illness in people of all ages; signs can include coughing, fever, fatigue, nausea, vomiting, rapid breathing or shortness of breath, chills, or chest pain; certain people are more likely to become ill with pneumonia (e.g., children aged 5 years or younger, adults aged 65 years or older, adults with diabetes, HIV/AIDS or who smoke cigarettes).
Pneumonia Shot	Pneumococcal vaccine; vaccine given with a needle, usually in the arm; 23-valent pneumococcal polysaccharide vaccine (PPSV23) approved for use in adults 65 years or older as well as in adults 19-64 years who have specific underlying conditions (e.g., immune deficiency, asthma, COPD).

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Glossary

Race/Ethnicity	A measure that combines an adult's ethnicity status (e.g., Hispanic, non-Hispanic) and race status (e.g., white, black, other); self-reported demographic variable.
Relative Intensity	Method for calculating activity intensity; takes into account or adjusts for an adult's exercise capacity; for aerobic exercise, expressed as a percent of an adult's aerobic capacity ($VO_2\text{max}$), which is sex and age specific, in relation to the MET value of an aerobic activity.
Routine Check-up	A general physical exam; does not include exams conducted for a specific injury, illness, or condition.
Secondhand Smoke	A mixture of gases and fine particles that includes more than 7,000 chemicals, including hundreds that are toxic and about 70 that can cause cancer; comprised of sidestream smoke and mainstream smoke.
Sedentary	Not participating in any leisure-time physical activity.
Sex	The condition or character of being male or female; self-reported demographic variable.
Sidestream Smoke	Smoke that comes from the end of a lighted tobacco product.
Smoker Status	A measure that sorts adults into four categories of smoking: everyday smoker, someday smoker, former smoker, never smoked.
Smoking	Inhalation of the smoke, comprised of gases and hydrocarbon vapors, generated by slowly burning tobacco.
Someday Smoker	Adults who reported smoking at least 100 cigarettes in their lifetime and reported smoking some days now.
Stroke	Sometimes called a brain attack; occurs when a clot blocks the blood supply to the brain or when a blood vessel in the brain bursts.
Vigorous-intensity Aerobic Activity	Also see relative intensity; if $60\% VO_2\text{max} < \text{activity MET value}$.
Weekly Leisure-time Aerobic Physical Activity Recommendation	≥ 150 minutes per week of moderate-intensity aerobic activities, OR ≥ 75 minutes per week of vigorous-intensity aerobic activities, OR ≥ 150 minutes per week of an equivalent combination of moderate- and vigorous-intensity aerobic activities performed for at least 10 minutes at a time.
Weekly Leisure-time Muscle Strengthening Physical Activity Recommendation	≥ 2 days per week, working all major muscle groups (i.e. legs, hips, back, abdomen, chest, shoulders, and arms).

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Selected Healthy People 2020 Objectives

	<u>Target %</u>
<u>Alcohol Consumption</u>	
SA-14.3 Reduce the proportion of adults, aged 18 years or older, engaging in binge drinking during the past 30 days.	24.3
<u>Arthritis</u>	
AOCBC-2 Reduce the proportion of adults with doctor-diagnosed arthritis who experience a limitation in activity due to arthritis or joint symptoms.	35.5
<u>Cardiovascular Disease</u>	
HDS-5.1 Reduce the proportion of adults with hypertension.	26.9
HDS-6 Increase the proportion of adults who have had their blood cholesterol checked within the preceding 5 years.	82.1
HDS-7 Reduce the proportion of adults with high total blood cholesterol levels.	13.5
<u>Diabetes</u>	
D-9 Increase the proportion of adults with diabetes who have an annual foot examination.	74.8
D-10 Increase the proportion of adults with diabetes who have an annual dilated eye examination.	58.7
D-11 Increase the proportion of adults with diabetes who have a glycosylated hemoglobin measurement at least twice a year.	71.1
D-13 Increase the proportion of adults with diabetes who perform self-blood glucose-monitoring at least once daily.	70.4
D-14 Increase the proportion of persons with diagnosed diabetes who receive formal diabetes education.	62.5
D-15 Increase the proportion of persons with diabetes whose condition has been diagnosed.	80.1
<u>Healthcare Access</u>	
AHS-1 Increase the proportion of persons with health insurance.	100
AHS-3 Increase the proportion of persons with a usual primary care provider.	83.9

HIV

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Selected Healthy People 2020 Objectives

	<u>Target %</u>
HIV-14 Increase the proportion of adolescents and adults who have been tested for HIV in the past 12 months.	16.9
<u>Immunization</u>	
IID-12.5 Increase the proportion of noninstitutionalized adults, aged 18-64 years, who are vaccinated annually against seasonal influenza.	80
IID-12.7 Increase the proportion of noninstitutionalized adults, aged 65 years or older, who are vaccinated annually against seasonal influenza.	80
IID-13 Increase the percentage of adults who are vaccinated against pneumococcal disease.	90
IID-13.1 Increase the percentage of noninstitutionalized adults, aged 65 years or older, who are vaccinated against pneumococcal disease.	90
<u>Injury Prevention</u>	
IVP-15 Increase use of safety belts.	92.4
<u>Nutrition & Weight Status</u>	
NWS-8 Increase the proportion of adults who are at a healthy weight.	33.9
NWS-9 Reduce the proportion of adults who are obese.	30.6
<u>Physical Activity</u>	
PA-1 Reduce the proportion of adults who engage in no leisure-time physical activity.	32.6
PA-2.1 Increase the proportion of adults who engage in aerobic physical activity of at least moderate intensity for at least 150 minutes/week, or 75 minutes/week of vigorous intensity, or an equivalent combination.	47.9
PA-2.2 Increase the proportion of adults who engage in aerobic physical activity of at least moderate intensity for more than 300 minutes/week, or more than 150 minutes/week of vigorous intensity, or an equivalent combination.	31.3
PA-2.3 Increase the proportion of adults who perform muscle-strengthening activities on 2 or more days of the week.	24.1
<u>Tobacco Use</u>	
TU-1.1 Reduce the proportion of adults who smoke cigarettes.	12
TU-4.1 Increase smoking cessation attempts in adult smokers.	80



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