**Lifeguard and Swimming Instructor Equivalency Advisory
Approved by Florida Department of Health
As of March 25, 2025**

American Aquatics and Safety Training
Approved Lifeguard Instructor Course
Website: https://lifeguardandsafetytraining.com
<https://lifeguardandsafetytraining.com/LifeguardTraining/Florida>

AQUAfin Swim School

Approved Swimming Instructor Course

Attn: Nimrod Shapira, Director of Operation

2006 St Johns Bluff Road South

Jacksonville, Florida 32246 904-775-9400

Website: [www.aquafinswimschool.com](http://www.aquafinswimschool.com)

Aqua-Tots Swim Schools
Approved Swimming Instructor Course
Instructor Training & Certification
Attn.: Craig Wright, Chief Executive Officer
1122 S. Greenfield Road
Mesa, AZ 85206
Phone: 480-621-3226
Fax: 480-649-2897
[www.aqua-tots.com](http://www.aqua-tots.com)

American Red Cross Lifeguard Training
Approved Lifeguard Instructor Course
Instructor Training & Certification
Website: [www.redcross.org/take-a-class/lifeguarding](http://www.redcross.org/take-a-class/lifeguarding)

[www.redcross.org/take-a-class/swimming](http://www.redcross.org/take-a-class/swimming)

Baby Otter Swim School, Swimming Instruction Program
Approved Swimming Instructor Course
Attn: Ms. Mindy York, President
Baby Otter Swim School Inc.
6511 Nova Drive #159
Davie, FL 33317
Phone: 954-704-0080
Website: [www.babyotterandredawson.com](http://www.babyotterandredawson.com)

FAST Swim Program
Approved Swimming Instructor Course
Attn: Linda Bolger
4509 E. Seneca Drive
St. Johns, FL 32259
Phone: 609-680-9700
Fax: 904-395-9049
Website: [www.fastswimprogram.com](http://www.fastswimprogram.com)

Gus and Goldie Learn to Swim, Jacksonville’s Learn to Swim Program
Approved Swimming Instructor Course
Attn: Ronald R Watson
Dept. of Parks, Recreation, and Entertainment
851 N Market St.
Jacksonville, FL 32202-2742

Infant Swimming Resource
Approved Swimming Instructor Course
Website: [www.infantswim.com](http://www.infantswim.com)

[Top Infant Swim Schools & Lessons | ISR Certified Instructors!](https://www.infantswim.com/swimming-lessons/)

International Lifeguard Training Program (ILTP®)
Approved Lifeguard Instructor Course
Attn: Ms. Bethany Gilley, JES Program Manager
Jeff Ellis and Associates, Inc.
508 Goldenmoss Loop
Ocoee, FL 34761
Phone: 407-401-7136
Fax: 800-903-0097
Website: [www.jellis.com](http://www.jellis.com)

Jeff Ellis Swim Program
Approved Swimming Instructor Course
Attn: Ms. Bethany Gilley, JES Program Manager
Jeff Ellis and Associates, Inc.
508 Goldenmoss Loop
Ocoee, FL 34761
Phone: 407-401-7136
Fax: 800-903-0097
Website: [www.jellis.com](http://www.jellis.com)

Lifeguard-Pro, Lifeguard Training Program
Approved Lifeguard Instructor Course
2840 Northeast 14th Street A101
Pompano Beach, FL 33062
Phone: 954-607-2282
Website: [www.lifeguard-pro.org](http://www.lifeguard-pro.org)

Miracle Swimming, Swimming Instruction Program
Approved Swimming Instructor Course
Attn: Ms. M. Ellen Dash
Miracle Swimming School for Adults, LLC
2404 Hibiscus St.
Sarasota, FL 34239
Phone: 941-921-6420
Website: [www.miracleswimming.com](http://www.miracleswimming.com)

Email: steph@miracleswimming.com

National Aquatic Safety Company, Lifeguard Training
Approved Lifeguard Instructor Course
Attn: NASCO- National Aquatic Safety Company
1002 Avenue L
Dickinson, Texas 77539
Phone: 281-337-5628
Fax: 281-337-0043
Website: [www.nascoaquatics.com](http://www.nascoaquatics.com)

Email: info@nascoaquatics.com

PediaSwim
Approved Swimming Instructor Course
Attn: Joy McGinty
205 Windermere Road
Winter Garden, FL 34787
Phone: 407-905-0999
Fax: 407-905-5268
Website: [www.pediaswim.com](http://www.pediaswim.com)

Email: info@pediaswim.com

Serenity Swim Network
Approved Swimming Instructor Course
Attn: Rob and Kathy McKay
1298 Southwest 15th Street
Boca Raton, Florida 33486
Phone: 561-362-5490
Websites: <https://serenityswimnetwork.com/>

<https://lifestyleswimschool.com/>

Email: mckayswim@aol.com

StarGuard, Lifeguard Course
Starfish Swim School, Learn to Swim Program
Approved Swimming Instructor Course
Attn: Leslie Donovan, President
Starfish Aquatics Institute
1 Diamond Causeway Suite 21-226
Savannah, GA 31406
Phone: 877-465-4545
Website: [www.starfishaquatics.org](http://www.starfishaquatics.org)
Email: Info@sai-intl.org

Swim America
Approved Swimming Instructor Course
5101 NW 21st Ave, Suite 530
Ft. Lauderdale, FL 33309
Phone: 1-800-356-2722
Website: [www.swimamerica.org](http://www.swimamerica.org)

Swim Babies Swim
Approved Swimming Instructor Course
Attn: Ms. Tracey Smith
Swim Babies Swim Florida
16403 Ruby Lake
Weston, FL 33331
Phone: 954-292-3845
Website: [www.swimbabiesswimflorida.com](http://www.swimbabiesswimflorida.com)

Email: swimbabiesswim@aol.com

Swim Lesson University, Swimming Instruction Program
Approved Swimming Instructor Course
Attn: Mr. Jim Reiser, Executive Director
Swim Lesson University
P.O. Box 290760
Columbia, SC 29229
Phone: 803-865-2629
Fax: 803-699-9736
Website: [www.swimlessonsuniversity.com](http://www.swimlessonsuniversity.com)

Email: jreiser@swimprofessor.com

Swim Life, Swimming Instruction Program
Approved Swimming Instructor Course
Attn: Ms. Kelly Whittemore, President
251 Gordon Street
Sanford, FL 32771
Phone: 407-878-4352
Website: [www.myswimlife.com](http://www.myswimlife.com)

Email: info@myswimlife.com

U Can Swim, Inc.
Approved Lifeguard Training and Swimming Instructor Course
Attn: Mr. Benjamin Sparks, Chief Executive Officer
U Can Swim, Inc.
28450 SW 212th Avenue
Homestead, FL 33030
Phone: 786-512-4827

YMCA
Approved Lifeguard Training and Swimming Instructor Course
801 Corporate Center Dr. Suite 200
Raleigh, NC 27607
Phone: 919-719-9622
Website: [www.ymcatriangle.org/programs-services/swimming/lifeguard-training](http://www.ymcatriangle.org/programs-services/swimming/lifeguard-training)

World Academy of Safety & Health (WASH)

• Pool Lifeguard
• Waterfront Lifeguard
• Waterpark Lifeguard
• Surf Rescue

Jeffrey Dudley, President
World Academy of Safety & Health
Post Office Box 311
Riderwood, Maryland 21139

Website: [www.lifeguardcertifications.com](http://www.lifeguardcertifications.com)