



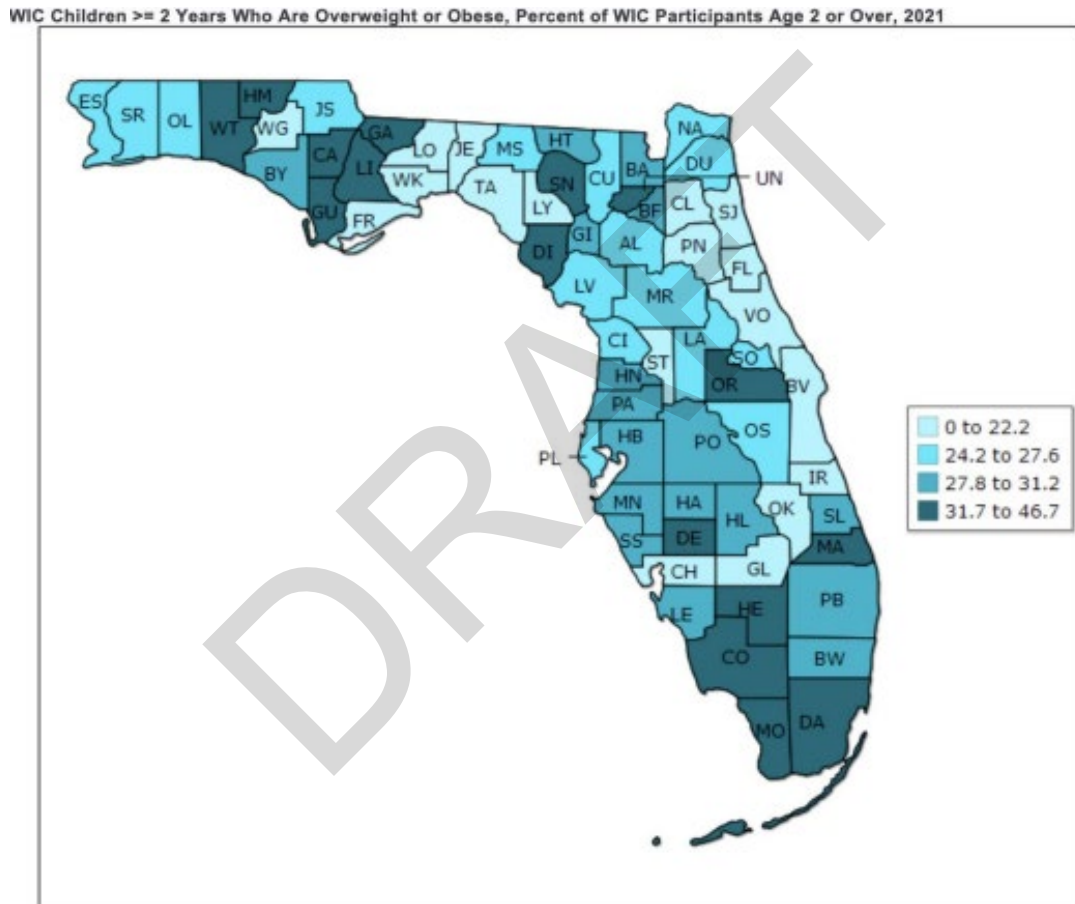
Healthy Weight
County Indicators and Florida Heat Maps

Office of Minority Health
Florida Department of Health
January 2023

DRAFT

Six of the tier 1 counties selected healthy weight as the target for creating objectives to improve the health status of their residents. The most common indicators these counties were monitoring and implementing interventions were “Births to Mothers Who Were Overweight at Time Pregnancy Occurred,” “Adults Who Are Obese,” “Adults Who Are Overweight,” and “Women, Infant and Children (WIC) Clients Who Are Overweight or Obese (Aged 2 Years and Older).” The counties addressing Healthy weight are highlighted.

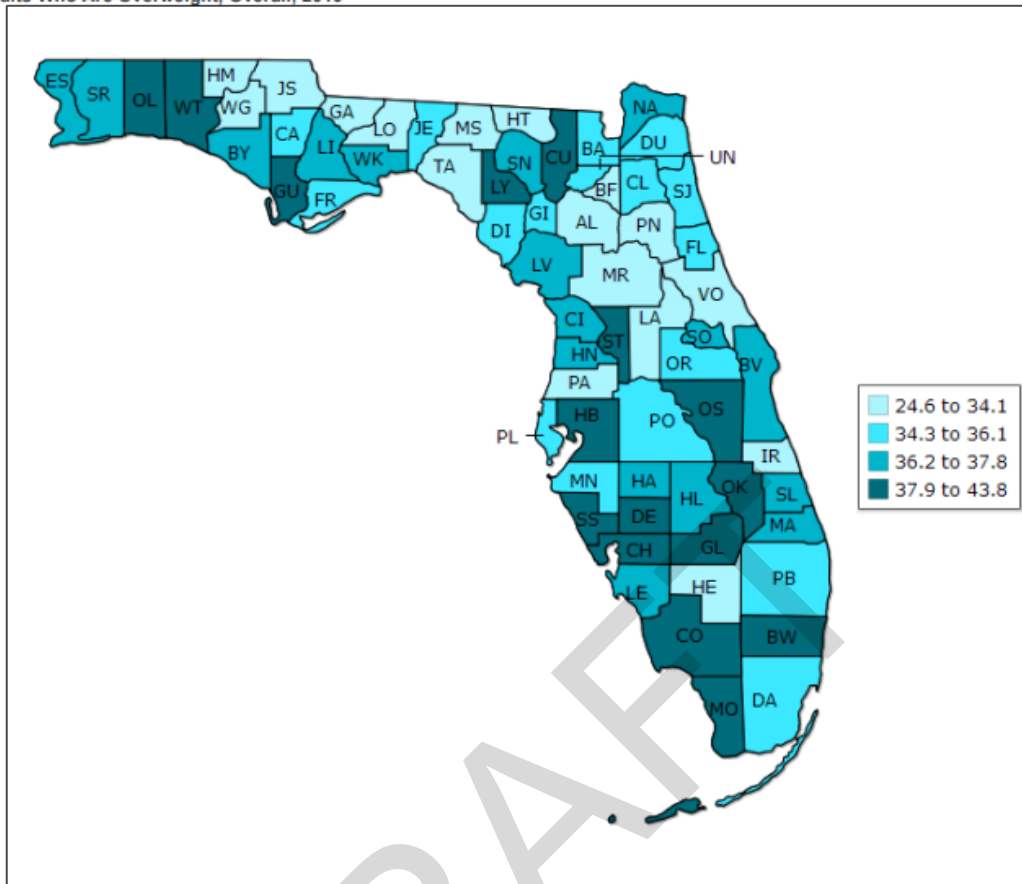
The heat maps and data below were retrieved from the Community Health Assessment Tool (CHARTS). They represent the overall and by race/ethnicity indicators for Florida. The interactive maps are in CHARTS.



Women, Infant and Children (WIC) Clients Who Are Overweight or Obese (Aged 2 Years and Older), Percent of WIC Participants Age 2 or over, 2021

County	Percent (%)	County	Percent (%)
Florida	29.7	Lafayette	0
Alachua	26.9	Lake	26.1
Baker	29.7	Lee	31.2
Bay	27.9	Leon	18.2
Bradford	30.0	Levy	27.4
Brevard	21.0	Liberty	33.9
Broward	29.4	Madison	25
Calhoun	37.9	Manatee	30.2
Charlotte	14.3	Marion	27.6
Citrus	25.1	Martin	36.7
Clay	22.2	Monroe	46.7
Collier	35.9	Nassau	27.2
Columbia	24.2	Okaloosa	24.3
Miami-Dade	32.5	Okeechobee	21.9
DeSoto	32.1	Orange	31.7
Dixie	36.4	Osceola	24.4
Duval	24.2	Palm Beach	31.1
Escambia	25.7	Pasco	28.9
Flagler	21.7	Pinellas	25.9
Franklin	0.0	Polk	30.6
Gadsden	38.6	Putnam	22.1
Gilchrist	27.8	St. Johns	21.9
Glades	0.0	St. Lucie	31.1
Gulf	40.0	Santa Rosa	25.4
Hamilton	30.0	Sarasota	30.6
Hardee	30.7	Seminole	26.8
Hendry	36.6	Sumter	0
Hernando	30.1	Suwannee	34.4
Highlands	28.1	Taylor	0
Hillsborough	27.8	Union	42.9
Holmes	31.7	Volusia	22.2
Indian River	11.1	Wakulla	0
Jackson	25.1	Walton	35.1
Jefferson	0.0	Washington	20

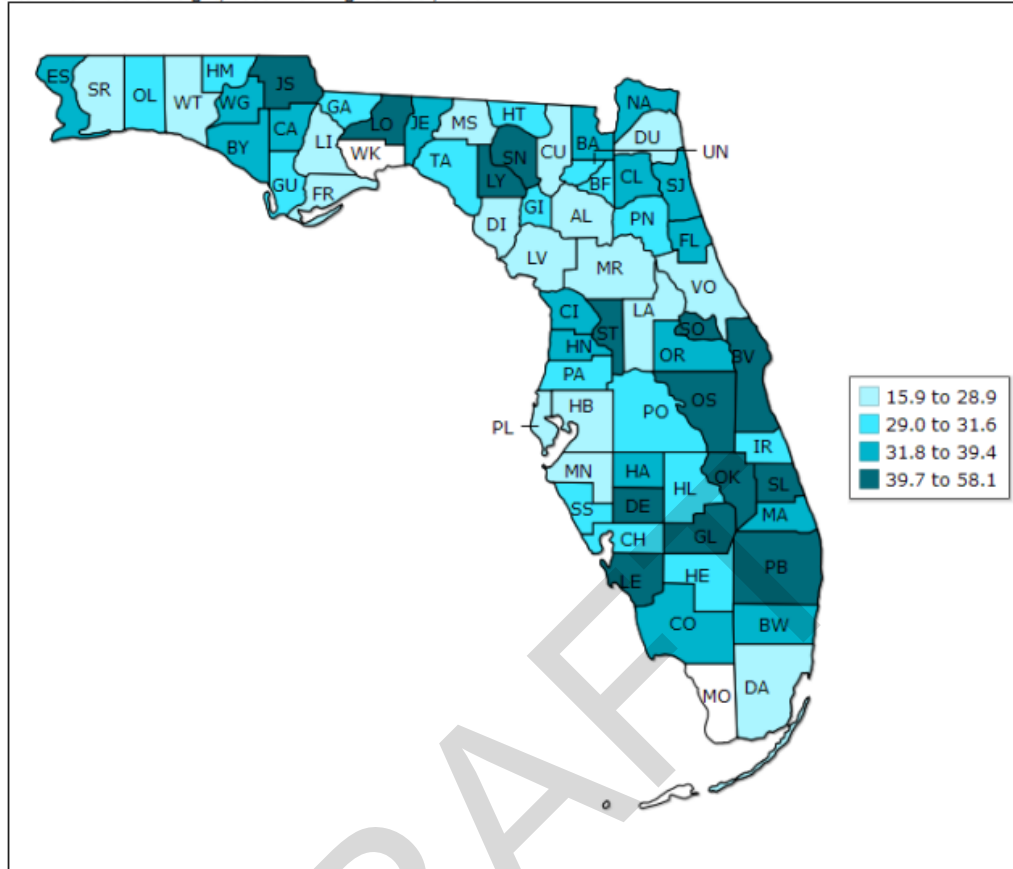
Adults Who Are Overweight, Overall, 2019



Adults Who Are Overweight, Overall, 2019

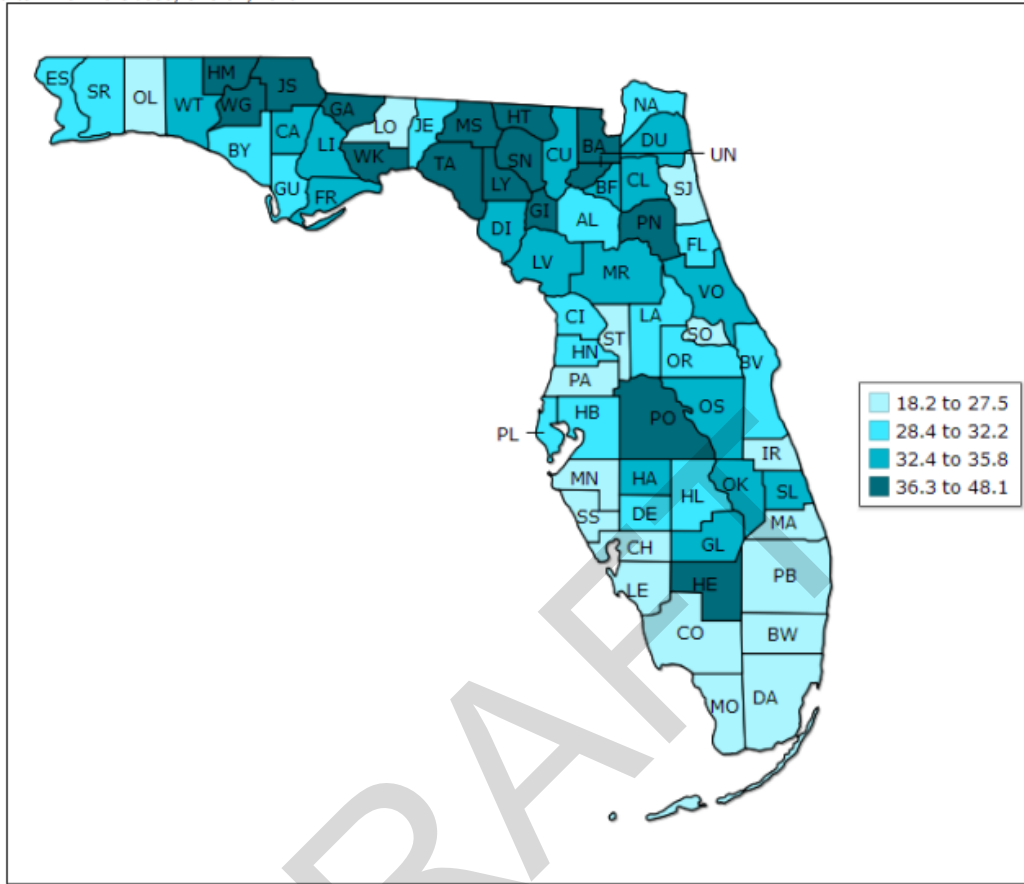
County	Percent	County	Percent
Florida	37.6 % (35.9% - 39.3%)	Lafayette	39.3 % (30.2% - 48.4%)
Alachua	27.5 % (22.9% - 32.2%)	Lake	34.1 % (29.8% - 38.4%)
Baker	34.3 % (26.6% - 42.0%)	Lee	37.2 % (33.3% - 41.0%)
Bay	36.4 % (31.9% - 40.9%)	Leon	30.8 % (25.7% - 36.0%)
Bradford	30.4 % (25.0% - 35.8%)	Levy	37.8 % (31.5% - 44.1%)
Brevard	36.6 % (32.1% - 41.2%)	Liberty	36.8 % (28.3% - 45.3%)
Broward	37.9 % (33.9% - 41.9%)	Madison	30.5 % (26.0% - 34.9%)
Calhoun	35.3 % (29.3% - 41.3%)	Manatee	35.9 % (31.4% - 40.3%)
Charlotte	39.5 % (35.7% - 43.3%)	Marion	31.8 % (27.6% - 36.0%)
Citrus	36.3 % (31.7% - 41.0%)	Martin	36.4 % (31.6% - 41.3%)
Clay	34.3 % (29.1% - 39.6%)	Monroe	39.7 % (33.2% - 46.3%)
Collier	40.8 % (36.0% - 45.5%)	Nassau	36.4 % (31.1% - 41.7%)
Columbia	38.2 % (33.7% - 42.7%)	Okaloosa	40.6 % (35.8% - 45.5%)
Miami-Dade	34.7 % (30.1% - 39.2%)	Okeechobee	38.2 % (32.1% - 44.3%)
DeSoto	40.7 % (34.1% - 47.4%)	Orange	34.7 % (31.1% - 38.4%)
Dixie	35.8 % (30.3% - 41.2%)	Osceola	42.8 % (37.0% - 48.5%)
Duval	35.5 % (30.9% - 40.0%)	Palm Beach	35.2 % (31.1% - 39.3%)
Escambia	36.3 % (31.7% - 41.0%)	Pasco	33.6 % (29.1% - 38.1%)
Flagler	35.8 % (30.6% - 41.0%)	Pinellas	35.4 % (31.3% - 39.6%)
Franklin	34.6 % (28.9% - 40.3%)	Polk	35.0 % (30.9% - 39.2%)
Gadsden	24.6 % (18.1% - 31.1%)	Putnam	30.2 % (25.2% - 35.3%)
Gilchrist	36.1 % (26.4% - 45.8%)	St. Johns	34.3 % (29.7% - 38.9%)
Glades	43.5 % (32.5% - 54.4%)	St. Lucie	37.7 % (33.2% - 42.3%)
Gulf	38.4 % (31.6% - 45.2%)	Santa Rosa	36.2 % (31.0% - 41.3%)
Hamilton	29.9 % (24.0% - 35.7%)	Sarasota	39.8 % (35.2% - 44.4%)
Hardee	36.5 % (28.7% - 44.3%)	Seminole	37.6 % (32.6% - 42.6%)
Hendry	29.7 % (23.7% - 35.6%)	Sumter	43.8 % (37.9% - 49.8%)
Hernando	37.6 % (32.1% - 43.1%)	Suwannee	37.6 % (31.4% - 43.9%)
Highlands	36.5 % (32.6% - 40.5%)	Taylor	30.5 % (27.0% - 34.1%)
Hillsborough	38.6 % (34.6% - 42.6%)	Union	35.9 % (24.5% - 47.3%)
Holmes	32.5 % (26.9% - 38.1%)	Volusia	30.7 % (26.7% - 34.8%)
Indian River	34.1 % (29.5% - 38.7%)	Wakulla	36.7 % (27.5% - 45.8%)
Jackson	33.9 % (29.1% - 38.7%)	Walton	37.9 % (32.5% - 43.2%)
Jefferson	35.9 % (28.8% - 43.1%)	Washington	30.6 % (25.7% - 35.5%)

Adults Who Are Overweight, Less Than High School, 2019



Adults Who Are Overweight, Less Than High School, 2019			
County	Percent	County	Percent
Florida	36.7 % (31.5% - 41.9%)	Jefferson	33.8 % (13.5% - 54.1%)
Alachua	16.4 % (2.0% - 30.8%)	Lafayette	43.1 % (21.4% - 64.8%)
Baker	37.3 % (17.3% - 57.3%)	Lake	28.9 % (16.5% - 41.3%)
Bay	32.1 % (16.7% - 47.4%)	Lee	39.8 % (25.4% - 54.1%)
Brevard	55.5 % (32.9% - 78.0%)	Levy	25.8 % (13.4% - 38.3%)
Broward	34.1 % (20.1% - 48.0%)	Liberty	18.1 % (3.2% - 33.1%)
Calhoun	39.4 % (25.6% - 53.2%)	Madison	20.7 % (11.6% - 29.8%)
Charlotte	31.2 % (16.6% - 45.9%)	Manatee	26.3 % (14.3% - 38.2%)
Citrus	39.4 % (24.0% - 54.8%)	Marion	27.6 % (13.9% - 41.2%)
Clay	32.0 % (14.6% - 49.4%)	Martin	38.4 % (18.2% - 58.5%)
Collier	37.7 % (19.6% - 55.7%)	Nassau	31.8 % (11.6% - 52.0%)
Columbia	28.1 % (14.9% - 41.3%)	Okaloosa	30.8 % (13.4% - 48.3%)
Miami-Dade	25.6 % (12.9% - 38.3%)	Okeechobee	42.0 % (27.9% - 56.0%)
DeSoto	42.4 % (26.7% - 58.1%)	Orange	33.0 % (20.1% - 45.9%)
Dixie	27.5 % (16.6% - 38.4%)	Osceola	43.0 % (27.1% - 59.0%)
Duval	19.1 % (8.6% - 29.6%)	Palm Beach	47.2 % (31.3% - 63.0%)
Escambia	33.3 % (16.9% - 49.8%)	Pasco	29.4 % (16.6% - 42.3%)
Flagler	37.0 % (15.4% - 58.5%)	Pinellas	27.8 % (11.9% - 43.8%)
Franklin	16.6 % (5.9% - 27.2%)	Polk	31.3 % (20.6% - 42.0%)
Gadsden	30.7 % (12.6% - 48.9%)	Putnam	29.8 % (17.8% - 41.9%)
Gilchrist	29.1 % (7.7% - 50.5%)	St. Johns	35.2 % (12.5% - 57.8%)
Glades	58.1 % (36.9% - 79.3%)	St. Lucie	43.7 % (26.4% - 61.1%)
Gulf	29.0 % (9.4% - 48.7%)	Santa Rosa	26.3 % (7.8% - 44.9%)
Hamilton	31.6 % (18.5% - 44.6%)	Sarasota	31.3 % (14.8% - 47.8%)
Hardee	32.1 % (16.8% - 47.4%)	Seminole	43.5 % (19.2% - 67.8%)
Hendry	29.7 % (17.9% - 41.6%)	Sumter	56.3 % (35.8% - 76.9%)
Highlands	31.2 % (22.0% - 40.5%)	Taylor	31.3 % (22.1% - 40.5%)
Hillsborough	27.2 % (15.6% - 38.7%)	Union	31.0 % (0.8% - 61.1%)
Holmes	30.6 % (17.7% - 43.5%)	Volusia	15.9 % (6.5% - 25.4%)
Indian River	30.2 % (17.1% - 43.4%)	Walton	25.9 % (13.5% - 38.3%)
Jackson	40.4 % (26.5% - 54.3%)	Washington	34.8 % (19.1% - 50.5%)

Adults Who Are Obese, Overall, 2019

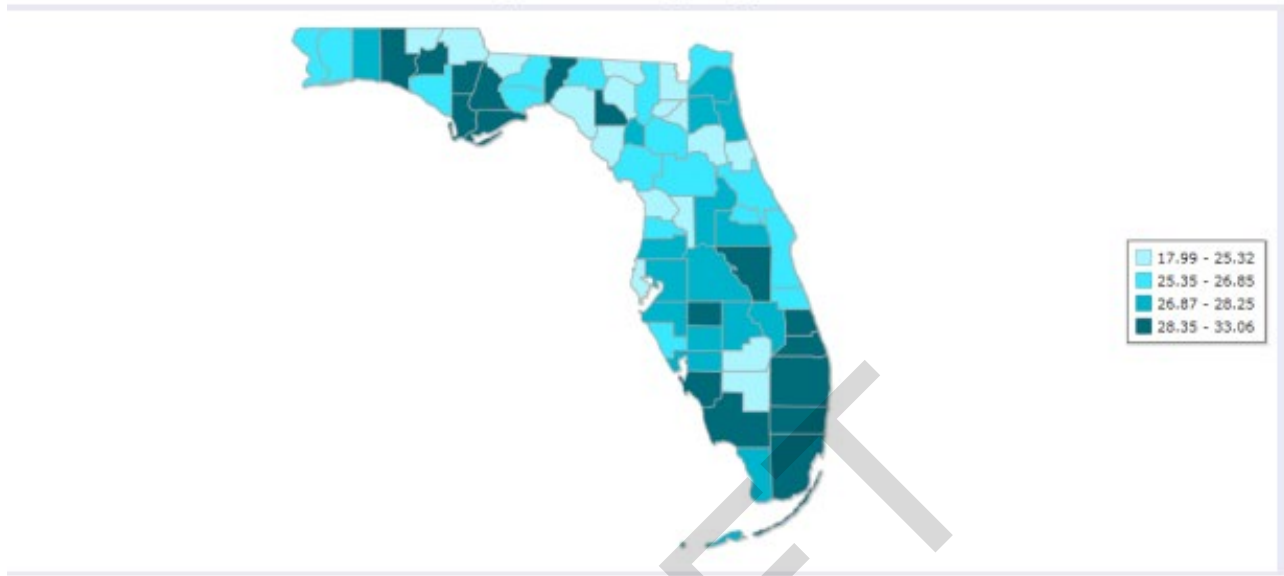


Adults Who Are Obese, Overall, 2019

County	Percent	County	Percent
Florida	27.0 % (25.6% - 28.5%)	Lafayette	38.6 % (28.9% - 48.2%)
Alachua	29.8 % (25.0% - 34.6%)	Lake	30.3 % (26.1% - 34.6%)
Baker	36.4 % (28.8% - 44.1%)	Lee	24.8 % (21.3% - 28.4%)
Bay	29.9 % (25.7% - 34.0%)	Leon	27.5 % (22.5% - 32.5%)
Bradford	35.8 % (30.2% - 41.5%)	Levy	35.8 % (30.0% - 41.5%)
Brevard	30.7 % (26.3% - 35.2%)	Liberty	34.2 % (25.9% - 42.6%)
Broward	27.1 % (23.4% - 30.8%)	Madison	44.5 % (39.1% - 49.8%)
Calhoun	35.0 % (29.3% - 40.7%)	Manatee	25.8 % (22.0% - 29.7%)
Charlotte	27.4 % (24.0% - 30.8%)	Marion	35.0 % (30.6% - 39.4%)
Citrus	31.2 % (26.5% - 35.8%)	Martin	18.2 % (14.5% - 21.9%)
Clay	34.6 % (29.2% - 40.0%)	Monroe	24.7 % (19.0% - 30.5%)
Collier	23.1 % (19.1% - 27.1%)	Nassau	32.2 % (26.9% - 37.6%)
Columbia	35.2 % (30.9% - 39.4%)	Okaloosa	26.4 % (22.1% - 30.8%)
Miami-Dade	27.3 % (23.1% - 31.5%)	Okeechobee	35.8 % (29.7% - 41.9%)
DeSoto	30.6 % (24.9% - 36.2%)	Orange	31.2 % (27.7% - 34.7%)
Dixie	34.2 % (28.8% - 39.6%)	Osceola	32.5 % (27.3% - 37.8%)
Duval	33.0 % (28.5% - 37.4%)	Palm Beach	24.3 % (20.4% - 28.1%)
Escambia	31.6 % (26.9% - 36.3%)	Pasco	26.1 % (22.2% - 30.1%)
Flagler	28.6 % (23.9% - 33.3%)	Pinellas	28.4 % (24.4% - 32.4%)
Franklin	34.6 % (28.6% - 40.7%)	Polk	36.3 % (32.0% - 40.7%)
Gadsden	48.1 % (38.0% - 58.1%)	Putnam	39.5 % (34.1% - 44.8%)
Gilchrist	41.6 % (32.0% - 51.2%)	St. Johns	24.0 % (19.8% - 28.1%)
Glades	35.0 % (25.9% - 44.1%)	St. Lucie	32.4 % (28.0% - 36.7%)
Gulf	29.7 % (23.1% - 36.3%)	Santa Rosa	32.2 % (27.2% - 37.2%)
Hamilton	43.7 % (36.5% - 51.0%)	Sarasota	22.1 % (18.2% - 26.0%)
Hardee	35.2 % (28.2% - 42.1%)	Seminole	22.7 % (18.5% - 26.9%)
Hendry	43.4 % (36.5% - 50.3%)	Sumter	27.5 % (22.1% - 33.0%)
Hernando	30.7 % (25.9% - 35.5%)	Suwannee	37.6 % (31.9% - 43.4%)
Highlands	29.1 % (25.3% - 32.9%)	Taylor	37.6 % (33.6% - 41.5%)
Hillsborough	30.2 % (26.4% - 34.0%)	Union	38.9 % (27.8% - 50.0%)
Holmes	43.6 % (37.5% - 49.8%)	Volusia	35.5 % (30.9% - 40.2%)
Indian River	25.6 % (21.6% - 29.6%)	Wakulla	37.9 % (28.2% - 47.5%)
Jackson	40.3 % (35.1% - 45.4%)	Walton	34.3 % (28.9% - 39.8%)
Jefferson	29.1 % (22.5% - 35.7%)	Washington	38.6 % (33.4% - 43.9%)

Adults Who Are Obese, Less Than High School, 2019			
County	Percent	County	Percent
Florida	28.9 % (24.0% - 33.9%)	Lafayette	46.8 % (24.6% - 69.0%)
Alachua	49.2 % (21.0% - 77.5%)	Lake	28.7 % (17.0% - 40.3%)
Baker	26.7 % (8.1% - 45.3%)	Lee	25.8 % (13.8% - 37.8%)
Bay	27.2 % (14.7% - 39.7%)	Leon	34.4 % (13.1% - 55.7%)
Bradford	33.4 % (19.2% - 47.5%)	Levy	37.3 % (23.7% - 50.8%)
Brevard	27.7 % (5.4% - 50.0%)	Liberty	49.8 % (27.3% - 72.2%)
Broward	32.9 % (18.5% - 47.3%)	Madison	50.2 % (35.8% - 64.5%)
Calhoun	34.1 % (22.1% - 46.1%)	Manatee	27.6 % (13.9% - 41.3%)
Charlotte	20.0 % (8.7% - 31.3%)	Marion	34.3 % (19.8% - 48.8%)
Citrus	32.7 % (17.4% - 48.1%)	Martin	6.9 % (0.0% - 17.8%)
Clay	23.4 % (9.7% - 37.0%)	Nassau	31.1 % (12.7% - 49.6%)
Collier	30.1 % (13.6% - 46.6%)	Okaloosa	34.9 % (14.8% - 54.9%)
Columbia	28.5 % (17.3% - 39.8%)	Okeechobee	33.8 % (20.3% - 47.3%)
Miami-Dade	26.3 % (14.0% - 38.6%)	Orange	36.8 % (24.0% - 49.6%)
DeSoto	30.6 % (17.2% - 43.9%)	Osceola	35.8 % (20.2% - 51.4%)
Dixie	29.3 % (17.8% - 40.9%)	Palm Beach	23.3 % (10.8% - 35.8%)
Duval	46.9 % (30.8% - 63.0%)	Pasco	29.1 % (16.5% - 41.7%)
Escambia	42.6 % (24.3% - 60.8%)	Pinellas	32.1 % (16.7% - 47.6%)
Flagler	24.5 % (6.5% - 42.5%)	Polk	48.1 % (35.7% - 60.4%)
Franklin	53.2 % (38.2% - 68.3%)	Putnam	37.3 % (24.8% - 49.7%)
Gadsden	51.5 % (27.2% - 75.7%)	St. Johns	30.0 % (10.4% - 49.5%)
Gilchrist	51.5 % (23.1% - 80.0%)	St. Lucie	28.6 % (13.6% - 43.6%)
Glades	21.7 % (7.9% - 35.6%)	Santa Rosa	33.4 % (16.0% - 50.8%)
Gulf	45.3 % (21.9% - 68.7%)	Sarasota	23.7 % (6.9% - 40.5%)
Hamilton	42.6 % (26.1% - 59.2%)	Seminole	26.0 % (5.1% - 47.0%)
Hardee	28.4 % (15.2% - 41.5%)	Sumter	15.8 % (2.2% - 29.5%)
Hendry	46.2 % (31.7% - 60.8%)	Suwannee	30.2 % (16.0% - 44.4%)
Hernando	34.8 % (17.6% - 52.1%)	Taylor	34.7 % (25.8% - 43.5%)
Highlands	41.3 % (29.8% - 52.9%)	Union	24.3 % (6.2% - 42.3%)
Hillsborough	42.5 % (29.1% - 55.9%)	Volusia	49.1 % (32.9% - 65.2%)
Holmes	39.7 % (25.3% - 54.0%)	Walton	47.8 % (32.7% - 62.9%)
Indian River	35.4 % (21.5% - 49.3%)	Washington	28.8 % (15.8% - 41.8%)

Births to Mothers Who Were Overweight at Time Pregnancy Occurred, Percent of Total Births, 2020



Births to Mothers Who Were Overweight at Time Pregnancy Occurred, Percent of Total Births, 2020

County	Count	Rate	County	Count	Rate
Florida	55,928	27.6	Lafayette	18	30.0
Alachua	619	25.3	Lake	846	26.9
Bay	470	26.5	Leon	741	25.6
Bradford	62	22.5	Levy	99	25.4
Brevard	1,269	26.6	Liberty	20	30.3
Broward	5,606	28.5	Madison	55	26.6
Calhoun	40	33.1	Manatee	927	27.6
Charlotte	287	28.2	Marion	818	25.7
Citrus	249	24.1	Martin	377	30.6
Clay	529	27.3	Monroe	182	27.2
Collier	988	31.5	Nassau	210	26.6
Columbia	185	26.3	Okaloosa	672	26.9
Miami-Dade	7,970	29.2	Okeechobee	140	27.9
Desoto	95	27.9	Orange	3,888	27.6
Dixie	40	25.0	Osceola	1,223	29.4
Duval	3,201	27.3	Palm Beach	3,945	28.8
Escambia	897	25.8	Pasco	1,340	27.5
Flagler	188	25.2	Pinellas	1,820	25.3
Franklin	32	33.0	Polk	2,190	27.9
Gadsden	119	24.3	Putnam	181	23.7
Gilchrist	48	27.4	Saint Johns	585	27.8
Glades	16	22.9	Saint Lucie	866	28.8
Gulf	36	30.8	Santa Rosa	465	26.0
Hamilton	32	20.3	Sarasota	666	25.5
Hardee	108	31.9	Seminole	1,067	25.9
Hendry	116	24.0	Sumter	104	23.4
Hernando	424	26.9	Suwannee	91	22.5
Highlands	195	27.0	Taylor	34	18.0
Hillsborough	4,446	27.3	Union	29	21.3
Holmes	39	22.7	Volusia	1,166	25.5
Indian River	315	26.6	Wakulla	78	25.9
Jackson	120	25.3	Walton	222	28.4
Jefferson	41	32.0	Washington	71	30.6