

2022 HB183 Examples of County Best Practice Interventions

County	Priority Area	Root Cause(s)	Best Practice Intervention
Brevard	Mental Health	limited access to mental health services	Brevard County partners are collaborating to initiate a Coordinated Opioid Recovery (CORE) program to ensure community members have adequate access to mental health services. The CORE program is a cohesive, coordinated network of addiction care for individuals suffering from substance use disorder that works to provide emergency overdose response and treat the primary and secondary impacts of substance use disorder including dental care, primary care, psychiatric evaluation, maternal care, and social support services (Florida Department of Health, 2022). The CORE program utilizes medication-assisted treatment (MAT) to treat substance use disorder and sustain recovery (FDA, 2019; Moore et al., 2018).
Broward	HIV	housing insecurity, economic instability, lack of transportation access	Broward County partners are collaborating to address social and economic barriers faced by the prioritized populations by developing resources to address housing insecurity, developing and implementing policies that reduce economic instability, and improvements to transportation. Improvements to transportation include transportation route updates, adding Wi-Fi connectivity to city transportation, and offering travel vouchers to increase access to health care services and improve quality-of-life for HIV patients. Utilizing multi-faceted approached and addressing the needs of the whole individual have been evidenced as affective interventions to promote HIV prevention and treatment (NIH, 2021).
Charlotte	Mental Health	social isolation; lack of sufficient support systems; lack of community engagement	Partners in Charlotte County have designed and implemented a Youth/Veteran Mentorship Program designed to decrease social isolation, improve support systems for high school students and veterans, and increase community engagements in both populations. Mentoring programs have been found to increase sense of purpose and decrease social isolation in Veterans and helps young adults and youth learn necessary life skills, build confidence, create support systems that may not be available at home, and build resiliency. There is significant evidence that increasing social support and connectedness can help individuals decrease depressive symptoms, mitigate posttraumatic stress disorder symptoms, and improve overall mental health (Martino, Pegg, and Frates, 2017).

Citrus	Diabetes	lack of health care access due to transportation barriers and limited provider availability; lack of diabetes related health literacy	<p>Partners in Citrus County are collaborating to expand access to health care for individuals and families. The project utilizes the reach of multiple partners to expand healthcare access by expanding days and times of Doctors' Free Clinic availability to improve health care access and referrals to diabetes education services, expanding transportation service hours to meet community needs for accessing care and diabetes education services, and expanding Diabetes Self-Management Education capacity to offer more free community classes.</p> <p>Evidence has shown expanding transportation access and free clinic availability to be effective at improving access to care for uninsured and underinsured populations (Hadley and Cunningham, 2004; Arcury et al., 2006). Evidence has also shown the effectiveness of Diabetes Self-Management Education interventions in improving diabetes outcomes, primary care and preventive service utilization, and positive health behavior adherence (Vandenbosch et al., 2018).</p>
Collier	Healthy Weight	social and community contexts that lead to conflicting beliefs related to childhood obesity	<p>Partners in Collier County are working together to ensure all individuals and families in the county have access to accurate childhood obesity information and effective intervention programs. Collier's project aims to improve the referral capacity for the Childhood Obesity Program from prioritized zip codes by expanding the referral network to include various modes of program delivery (i.e. recreational programs, community programs, health care programs, food access programs, school based programs).</p> <p>Community-based programs delivered in school and community settings that focus on a specific health outcome such as obesity have been evidenced to produce reductions in populations that are overweight and obese (Wang et al., 2013; Fry et al., 2018).</p>
Hillsborough	HIV	lack of provider and community awareness of PrEP	<p>Partners in Hillsborough County are implementing a project designed to increase pre-exposure prophylaxis (PrEP) utilization and reduce new HIV infections among Hillsborough county residents. The project aims to increase provider and community awareness of the affordability and accessibility of the PrEP drug and will focus on the prioritized populations identified in the plan. Utilization of PrEP has been demonstrated as a key strategy in preventing HIV transmission among those at risk (NCHHSTP Newsroom, 2021; CDC, 2022).</p>
Indian River	Sickle Cell Disease	no access to treatment of sickle cell disease in the county	<p>Partners in Indian River County plan to improve access to care for Sickle Cell Disease (SCD) patients and their care givers by utilizing the Protocol for Assessing Community Excellence in Environmental Health (PACE-EH) to examining gaps in services and social and economic factors that impact SCD patients to determine immediate needs for improvement within these individuals and families. The PACE-EH model is instrumental in recognizing built environment problems as public health ones that impact individual and family quality-of-life and "provides a vehicle for the public health professionals and local government to work efficiently and effectively with the community to accomplish solutions" (Florida Department of Health - Power of Pace PPT, 2021; CDC, 2016).</p>

Manatee	Infant Mortality / Maternal and Child Health	lack of support of working mothers who breastfeed	Partners in Manatee County are working together to address the social and community contexts that impact infant mortality and maternal and child health by promoting the Florida Breastfeeding Friendly Employer Recognition Program to increase the number of mothers who are breastfeeding. It is well documented that that breastfeeding is associated with improved health outcomes for both mothers and infants (Louis-Jacques et al., 2017). Supporting breastfeeding mothers in the workplace by adopting breastfeeding policies and spaces has been shown to increase the percentage of mothers who continue to breastfeed after returning to work (CDC, 2019).
Okaloosa	Life Expectancy	lack of opportunities for physical activity	Okaloosa County partners are collaborating to implement a project designed to improve access to safe opportunities for exercise and improve kindergarten readiness to increase the life expectancy of community members. The partners are working together to create a United Way - Born Learning Trail for residents of prioritized neighborhoods - Wright and Ocean City. The Born Learning Trail is a series of interactive learning activities for young children and their families located along a trail. This intervention provides opportunities for physical activity and early education for young children. It has been well documented that regular physical activity increases life expectancy (Reimers, Knapp, and Reimers, 2012).
Orange	Infant Mortality / Maternal and Child Health	health care access and quality	Partners in Orange County are working together to improve health care quality for infants and families by training and encouraging agencies and organizations that provide health care services minority populations to receive training and implement the practices of Culturally and Linguistically Appropriate Services (CLAS) Standards . Improving the quality of care that partner organizations provide to minority infants and families can lower infant mortality rates. Evidence indicates that effective implementation of CLAS Standard in health care improves quality of care and reduces poor health outcomes experienced by minority populations (CMS, 2016).
Santa Rosa	Healthy Weight	food insecurity	Partners in Santa Rosa have collaborated to establish three community gardens within census tract 106, a U.S. Department of Agriculture recognized food desert. These community gardens provide fresh produce and boxes that provide educational materials for healthy eating, diabetes prevention and simple, affordable recipes that feature the produce grown in the gardens. Evidence shows that community gardens are a potentially sustainable solutions to the epidemic of chronic disease in low-income communities faced with food insecurity and has been shown to have a positive physical, mental, and social impact among those who utilize them (Al-Delaimy & Webb, 2017; Lanier, Schumacher, & Calvert, 2015).

Volusia	Cardiovascular Disease	food insecurity	<p>Volusia County partners have utilized the Protocol for Assessing Community Excellence in Environmental Health (PACE-EH) methodology to design a community project to improve access to safe, nutritious foods via food pantry and heart health resources such as blood pressure screening and preventative health tools in the prioritized community of Daytona Beach, FL. The implementation of the food pantry is following best practice guidance from the Wisconsin Safe and Healthy Food Pantries Toolkit (University of Wisconsin Extension & Wisconsin Community Action Program, 2018). The utilization of food pantries has been evidenced to be an effective strategy to address food insecurity and related poor health outcomes (Bazerghi, McKay, and Dunn, 2016).</p>
Wakulla	Cardiovascular Disease	lack of safe opportunities for physical activity	<p>Wakulla County partners plan to implement a project to improve the walkability index by designing and constructing a network of county-wide multiuse trails and sidewalks to increase options for safe opportunities for physical activity.</p> <p>"Cardiovascular disease is the leading cause of death in the United States, and increasing physical activity can help prevent and manage disease. Walking is an easy way for most adults to be more active and may help people at risk for CVD avoid inactivity, increase their physical activity levels, and improve their cardiovascular health (Omura et al., 2019) ."</p>

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