

## THE FLORIDA <u>PREN</u>ATAL SCREEN

Florida Department of Health

# HELPING YOU HAVE A HEALTHY PREGNANCY AND BIRTH

The Florida Prenatal Screen is a screen provided to all expecting Florida moms to support healthy pregnancies and births.

#### **About the Screen:**

- The screen is quick and easy to complete.
- The screen is provided to all expecting moms and should be completed before your first prenatal appointment.
- This screen helps health care providers know how to best support you through a healthy pregnancy and birth.
- Completing the screen can provide you with access to helpful community support services during and after your pregnancy.

Didn't receive the screen from your health care provider? Ask your health care provider to give you the new digital screen during your first prenatal appointment.

### **ACCESS TO SUPPORT**

The results of your screen may result in a call from a home visiting program to tell you about the pregnancy and post-birth support services available in your community. If you believe you may benefit from home visiting services, please let your provider know.

Based on your responses to the screen, the following services may be available:

- Home visiting individual support for mothers and fathers
- Childbirth education
- Doula services
- Nutrition education
- Preparations for baby's arrival
- Care coordination and connection to local services
- · Between pregnancies education and support
  - Planning for future pregnancies
  - Education about the Family Planning Waiver
  - · Education about contraception options

#### **Additional Resources**

These resources are provided to all expecting Florida moms:

- The Family Health Line provides substance abuse treatment. Call: 1-800-451-2229
- WIC provides healthy foods to pregnant women and children. Call: 1-800-342-3556
- Domestic violence may increase during pregnancy. Shelter, counseling, and legal aid are available. Call: 1-800-500-1119
- Hope Florida helps families find employment, education, and meet immediate needs (shelter, child care, meals, etc.). Call: 1-850-300-HOPE



