

# *Community Health Improvement Plan*

**Dixie County**

**June 2022 – December 2026**



**Revisions:**

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Date Approved	Revision Number	Description of Change	Pages Affected	Reviewed or Changed By

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## Executive Summary

### *Dixie County Community Health Improvement Plan: Strategic Priority Issue Areas Identified*

- Access to Healthcare and Social Services, including:
  - Dental care
  - Primary care
  - Mental healthcare services
  - Obstetric, prenatal, and family planning care
  - Barriers to care including insurance, transportation, demand, culture and language, and community awareness.
  
- Mental and Behavioral Health, including:
  - Substance misuse prevention, including:
    - Tobacco and nicotine delivery systems
    - Alcohol misuse
    - Illegal and prescription drug use and misuse
  - Local policy, ordinance, and enforcement related to substance use.
  
- Healthy Lifestyles with emphasis on:
  - Heart and lung health
  - Diabetes prevention and management
  - Primary prevention and promotion of
    - Screenings
    - Immunizations
    - Safe environment
    - Health literacy for appropriate use of resources and services.

The Florida Department of Health in Dixie County, in collaboration with their partners in the Dixie County Community Health Improvement Plan Partnership (CHIPP), launched the Community Health Assessment in April 2022. Dixie County CHIPP group elected to utilize the Mobilizing for Action through Planning and Partnerships (MAPP) framework to ensure that there would be a comprehensive community health assessment which then would lead to the creation of the community health improvement plan. The MAPP process yielded the Dixie County Community Health Assessment Plan (Dixie CHA) and the Dixie County Community Health Assessment Technical Appendix (Dixie Technical Appendix) which helped the CHIPP identify the strategic priorities for the Community Health Improvement Plan. The overall assessment purpose is two-fold; first, to uncover or substantiate the health needs and health issues in Dixie County and better understand the causes and contributing factors to health and quality of life in the county; and second, to prioritize those identified gaps and concerns that are determined to be strategic priorities so that pressing issues can be addressed through collective community action.

## Community Health Assessment (CHA) and the Community Health Improvement Plan (CHIP)

As a Public Health Accreditation Board accredited health department, the Florida Department of Health in Dixie County confirms its commitment to ongoing community engagement to address health issues and mobilize resources towards improving health outcomes through this comprehensive community health assessment process every five years. A critical part of the assessment process is the involvement of a diverse, broad, and representative group of community partners and members from Dixie County. This body, called the 2022 Dixie County CHA Steering Committee, guided the process, and assured that the health needs and issues of all Dixie County residents were considered. This effort exemplifies a shared commitment to collaboration, partnership, and integration between several public and private institutions in Dixie County for the larger goal of improving health outcomes and quality of life for all residents in Dixie County.

The Florida Department of Health in Dixie County in collaboration with Well Florida Council first developed a Community Health Assessment (CHA) to examine the health of Dixie County and its residents. The Community Health Assessment is used to identify key health needs and issues through methodical, comprehensive data collection and analysis. A Community Health Assessment gives the community and partnering organizations comprehensive information about the community's current health status, needs and issues. In turn, this information aids in the development of the Community Health Improvement Plan by justifying how and where resources should be allocated to best meet community needs.

Community health needs assessment (CHNA) and community health improvement planning (CHIP) activities for Dixie County in 2022 have utilized the Mobilizing for Action through Planning and Partnerships (MAPP) framework, developed by the National Association of County and City Health Officials and the Centers for Disease Control ([www.naccho.org/topics/infrastructure/mapp/](http://www.naccho.org/topics/infrastructure/mapp/)). These activities were funded by the Florida Department of Health-Dixie County (FDOH-Dixie) in their efforts to promote and enhance needs assessments in Dixie County.

### The MAPP Process

The MAPP tool was developed by the National Association of County and City Health Officials (NACCHO) in cooperation with the Public Health Practice Program Office, Centers for Disease Control and Prevention (CDC). Use of the MAPP tools and techniques helped Dixie ensure that a collaborative and participatory process with a focus on wellness and quality of life would lead to the identification of shared, actionable strategic health priorities for the community.

The MAPP process consists of six phases:

*Phase 1 - Organizing for Success*

*Phase 2 – Visioning*

*Phase 3 - The Three MAPP Assessments*

- Community Health Status Assessment (CHSA)
- Community Themes and Strengths Assessment (CTSA)
- Forces of Change Assessment (FCA)

*Phase 4 - Identify Strategic Issues (CHIP activity)*

*Phase 5 - Formulate Goals and Strategies (CHIP activity)*

## Phase 6 - Action Cycle (Program Planning, Implementation and Evaluation)

FIGURE 1: THE MAPP PROCESS DIAGRAM



Source: National Association of County and City Health Officials (N.D.). Community Health Assessment and Improvement Planning. Retrieved August 8, 2019, <https://www.naccho.org/programs/public-health-infrastructure/performance-improvement/community-health-assessment>.

## Methodology

To conclude the MAPP community health needs assessment, a group representative of the local public health system partners was created to identify some potential next steps for Dixie County in addressing its most pressing needs and issues. Partners met to brainstorm issues and concerns that they have learned from their personal experiences as well as residents' testimonies. To conclude the session, participants also identified and discussed potential strategic actions to address and possibly make improvements in these priority issue areas.

The next steps identified included:

- Utilize results of three MAPP assessments to drive a process of developing community identified strategic priorities with goal statements and strategies leading to the creation of a Community Health Improvement Plan (CHIP).

Members of the Dixie County CHIP Committee met in-person for three meetings (June 8<sup>th</sup>, 2022, September 13<sup>th</sup>, 2022, and November 17<sup>th</sup>, 2022) to take the input of the MAPP needs assessment, steering committee recommendations and identify the priority issues and formulate a response to those issues which ultimately became the CHIP.

During the June meeting, members dissected the key insights of the needs assessment and brainstormed a list of key community health issues and partners that could be utilized. The second and third meetings were conducted to choose strategies and develop action plans for the selected strategies. A timeline

detailing key points about the steering committee meetings can be found on the next page.

The development of the Dixie County CHIP is a continuation of the community health assessment process that began in April 2022 and concluded in December 2022. The three phases of the MAPP process that were conducted within the CHA process and the completion of the final two MAPP phases accomplished by partners of the Dixie County CHIP process are captured in the breakdown below.

## **MAPP Phase 1: Organizing for Success and Partnership Development**

Having broad community representation during the Community Health Assessment process is crucial to accurately identifying and reflecting the health issues and needs of the community. Therefore, community leaders and organizations were invited to partake in the assessment process as Steering Committee members. This process ensured that the numerous local partners in Dixie County were accounted for and were able to voice their opinions on behalf of their participants/clients/members of the community.

## **MAPP Phase 2: Visioning**

At their kick-off meeting on June 8, 2022, the Dixie County Community Health Assessment Steering Committee members initiated a visioning exercise to define health, identify the characteristics of a healthy Dixie County, envision the community health system of the future, and visualize needed resources, assets, and attributes to support such a system. Through a facilitated process, Steering Committee members brainstormed several questions: 1) what characteristics, factors, and attributes are needed for a healthy Dixie County? 2) what does having a healthy community mean? and 3) what are the policies, environments, actions, and behaviors needed to support a healthy community? Discussion largely centered around challenges and barriers to implementing change in the Dixie County community. These thoughts were compiled by WellFlorida Council into five (5) potential vision statements.

These statements were edited at the September 13 Forces of Change meeting to yield the following:

- Dixie County, where all residents have access to affordable living and health care.
- Dixie County, a supportive community where all individuals can attain optimal health.
- To ensure the health and wellness of each individual so every person may reach their fullest human potential within a caring environment.
- Dixie County, where all can achieve health equity and a high quality of life for all.
- A community where all people achieve their fullest potential for optimal wellness across the lifespan.

**A vote at this same meeting resulted in the second option being selected as the vision statement: “Dixie County, a supportive community where all individuals can attain optimal health.”**

## Key Community Health Needs Assessment Issues

The following is a brief bulleted list of key insights each of the four assessments that comprised the MAPP CHNA. Ultimately, these key insights provided input to the CHIP process for Dixie County.

### Community Health Status Assessment

The Community Health Status Assessment provides a narrative summary of the data presented in the Tri-County Community Health Assessment Technical Appendix, which includes analysis of socio-economic barriers, community health status, and health system assessment. Myriad secondary data sources were used to examine the health of Dixie County, including the U.S. Census Bureau, the Florida Department of Health's FLHealthCHARTS, the Centers for Disease Control and Prevention's Behavioral Risk Factor Surveillance System, and the Florida Agency for Health Care Administration. Where available and pertinent, zip code tabulation areas (ZCTA) are examined and analyzed for Dixie County. More information on ZCTAs as well as a list of ZCTAs for Dixie County can be found in the Technical Notes section of the 2022 Tri-County Community Health Assessment Technical Appendix and will henceforth be presented as the ZCTA number followed by the area name: for example, 32628 Cross City. Through the analysis of data on these indicators of socio-economic barriers, community health status, and health system resources, this assessment answers the question: "How healthy is the community?"

A community health status assessment is a process of systematically gathering and analyzing data relevant to the health and well-being of a community. Such data can help to identify unmet needs as well as emerging issues. Data from this report can be used to explore and understand the health needs of Dixie County as a whole, as well as in terms of specific demographic, socioeconomic, and geographic subsets. The following summary includes data from these areas:

- Demographics and Socioeconomics
- Mortality and Morbidity
- Health Care Access and Utilization
- Behavioral Risk Factors
- Health Disparities
- Socio-economic Barriers

Many of the data tables in the 2022 Technical Appendix contain standardized rates for the purpose of comparing Dixie County and its individual zip code tabulation areas to the state of Florida as a whole. It is advisable to interpret these rates with caution when incidence rates are low (i.e., the number of new cases is small). Small variations from year to year can result in substantial shifts in the standardized rates. The data presented in this summary includes references to specific tables in the 2022 Technical Appendix so that users can refer to the numbers and the rates in context.

#### Key insights of this section include:

- Low per capita income, high rates of food insecurity and poverty, especially among children and Black/Hispanic residents.
  - Income and Poverty Estimates place poverty estimates for Dixie County at 23.2 percent of all ages and 31.1 percent of children, compared to only 12.4 percent and 17.2



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percent of Florida, respectively.

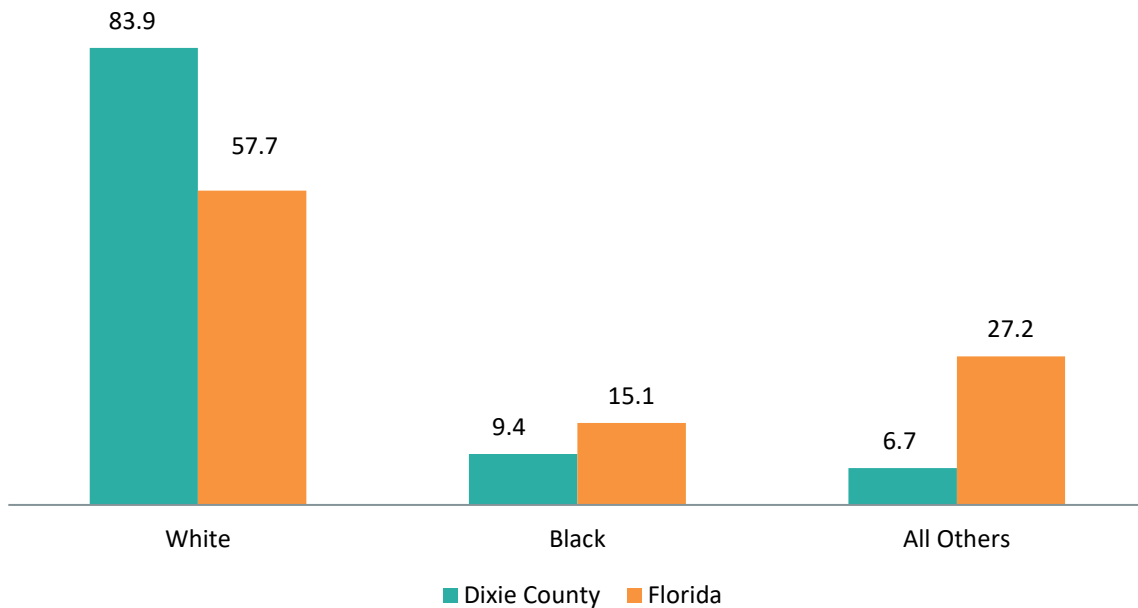
- Among all Dixie County residents, from 2016-2020 the ACS estimates that 16.8 percent of the population was in poverty, as well as 27.4 percent of children.
- Only 14.5 percent of the White population is in poverty. However, Black residents experience poverty rates that are three (3) times as high as those of their White counterparts, with 46.4 percent living in poverty. Similarly, Hispanic Dixie County residents experience poverty rates significantly higher, with 47.8 percent living in poverty.
- 2021 Dixie County had higher rates than the state of eligibility for free or reduced lunches for every grade level from Pre-Kindergarten through Middle School. To elaborate, those eligible made up:
  - 75.2 percent of Dixie County Pre-Kindergarten Students, 61.0 percent of Florida
  - 71.2 percent of Dixie County Kindergarten Students, 53.4 percent of Florida
  - 66.8 percent of Dixie County Elementary School Students, 56.6 percent of Florida
  - 63.7 percent of Dixie County Middle School Students, 55.1 percent of Florida
- Elevated mortality rates, especially due to Cancer, Heart Disease, Chronic Lower Respiratory Disease (CLRD), and Unintentional Injury.
  - Age-adjusted mortality rates are much higher for Dixie County than for the state, reaching 910.8 deaths per 100,000 population as compared to Florida's rate of 698.4 for 2018-2020 according to the Florida Bureau of Vital Statistics.
  - Cancer, the leading cause of death in Dixie County, accounts for 22.8 percent of all deaths in the county, like the state at 20.9 percent.
  - Heart disease accounts for 16.1 percent of all deaths in Dixie County and 22.0 percent of Florida deaths.
  - Dixie County leads the state in CLRD deaths by a large margin: 8.0 percent of deaths at 63.6 deaths per 100,000, as compared to 5.5 percent of Florida deaths at 36.2 deaths per 100,000.
  - Dixie County also depicts higher rates of death compared to the state due to unintentional injury (73.2 deaths versus 59.0).
- Higher rates of suicide, domestic violence, Baker Acts, Mental Health Emergency Department visits, obesity, and tobacco use and exposure.
  - 2020 data for mental health ED visits in Dixie County are higher than the state among all ages (90.6 visits per 1,000 population versus 56.8), children (15.7 versus 10.7), and especially adults (107.3 versus 68.2).
  - Involuntary exam initiations, informally known as Baker Acts, are a significant reflection of the status of care and resources for those who may be a harm to themselves or others. The rates of involuntary exam initiations in Dixie County are higher than in the state and have increased drastically from the 2014-2015 fiscal year to the 2018-2019 fiscal year, climbing from 544.0 exams per 100,000 persons to 1,282.0 for all ages.
  - Domestic violence offenses are much more prevalent in Dixie County than in the state overall. Dixie County reported 178 instances of domestic violence in 2020.
  - 69.9 percent of the Dixie County population is overweight or obese according to 2017-2019 BRFSS estimates.
  - Tobacco use and exposure is also extraordinarily high in Dixie County. 29.5 percent of

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adults are current smokers, far exceeding the state rate of 14.8 percent, and 26.5 percent are former smokers. The percentage of adults using chewing tobacco, snuff, or snus some days or every day also far surpasses the state rate – 13.5 percent as compared to 2.2 percent. Dixie County also contains a higher percentage of former e-cigarette users than the state – 22.3 percent compared to 18.4 percent.

- With respect to health status and quality of life, Dixie County presented worse rates than the state of every measure on the BRFSS, especially the percentage of adults with good to excellent overall health.
- Very limited access to healthcare facilities and providers.
- Dixie County is near the bottom third of counties in Florida based on health rankings from the Robert Wood Johnson Foundation and the University of Wisconsin.
  - Dixie County ranks as 62<sup>nd</sup> out of 67 counties in Florida for length of life, with a life expectancy of 74.9 years for all residents contrasting with the expected 79.4 years for the state.

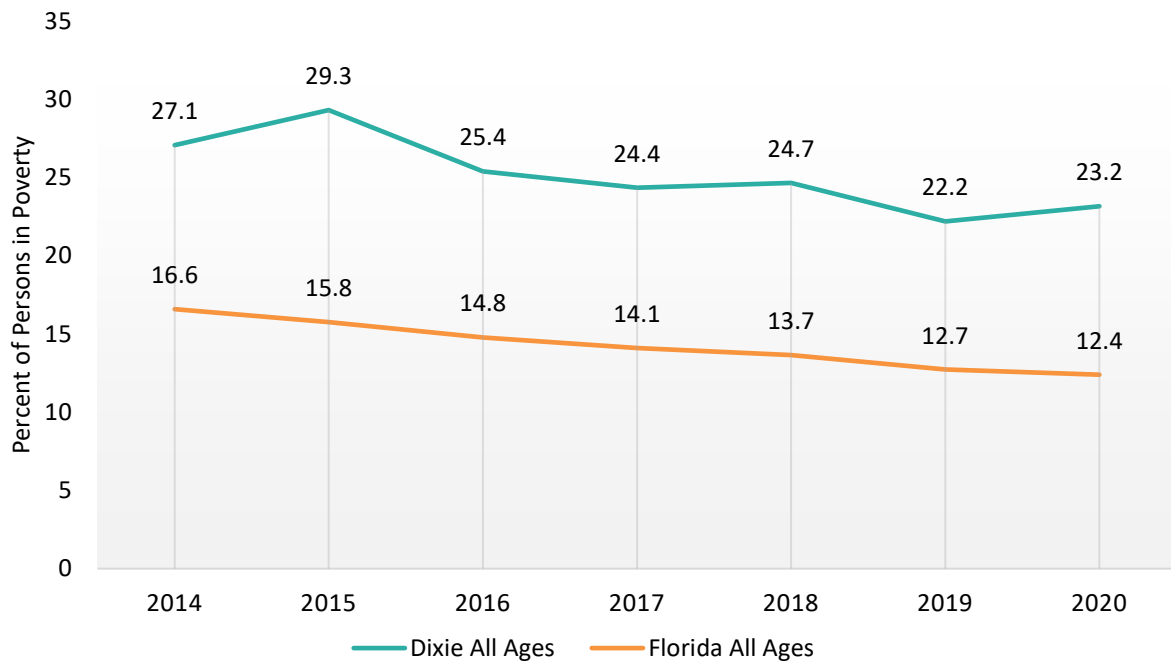
**FIGURE 2: PERCENTAGE POPULATION BY RACE, DIXIE COUNTY AND FLORIDA, 2020**



Source: Table 7, 2022 Technical Appendix, prepared by WellFlorida Council, 2022

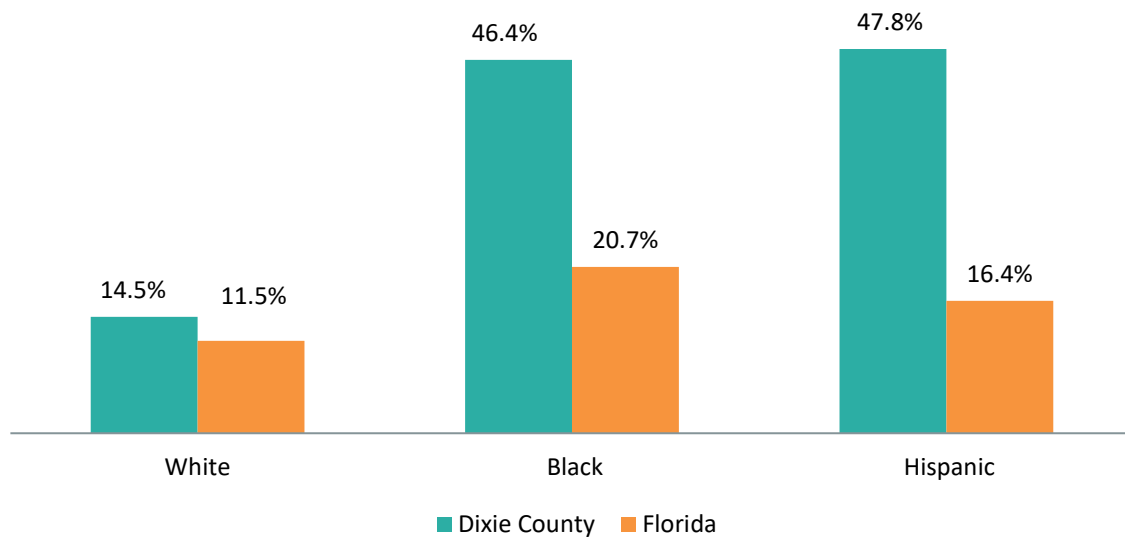
Dixie County is less racially diverse than the state, with 83.9 percent of the population reporting as White. The Black population makes up the largest racial minority at 9.4 percent of residents, followed by Two or More Races at 4.7 percent, and Other at 1.3 percent. American Indian and Alaska Native Alone, Asian Alone, and Native Hawaiian and Other Pacific Islander Alone cumulatively constitute less than one (1) percent of the Dixie County population.

**FIGURE 3: PERCENT OF PERSONS IN POVERTY FOR ALL AGES, DIXIE COUNTY AND FLORIDA, 2014-2020**

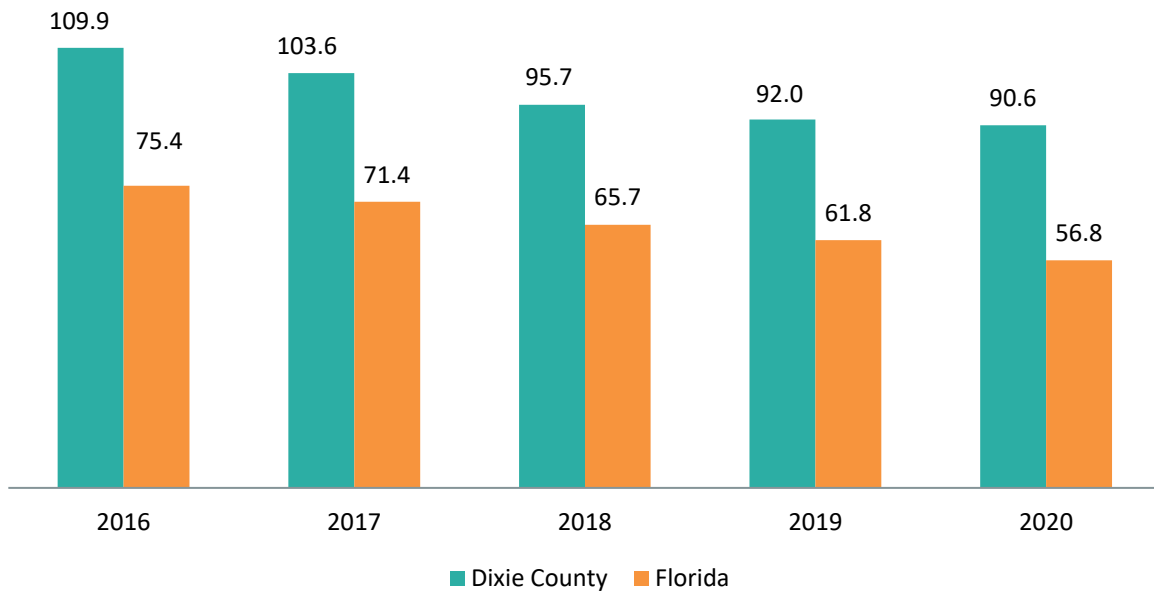


Source: Table 23, 2020 Technical Appendix, prepared by WellFlorida Council, 2022

**FIGURE 4: PERCENTAGE OF PERSONS IN POVERTY BY RACE AND ETHNICITY, DIXIE COUNTY AND FLORIDA, 2016-2020**



Source: Table 28, 2022 Technical Appendix, prepared by WellFlorida Council, 2022

**FIGURE 5: MENTAL HEALTH ED VISITS, DIXIE COUNTY AND FLORIDA, RATE PER 1,000 POPULATION, 2016-2020**

Source: Table 93, 2022 Technical Appendix, prepared by WellFlorida Council, 2022

Dixie County faces numerous challenges typical of a rural and poor community, including low income, few resources, and limited access to healthcare providers and other social services. The number of physicians, facilities, and other resources within the county is extremely low, and transportation to and from more distant clinicians and specialty care is both scarce and expensive. This may lead to individuals avoiding or delaying seeking care, which often manifests in high rates of avoidable hospitalizations, such as those seen in Dixie County. Although uptake of certain healthy behaviors is encouraging throughout the community, with high rates of pneumococcal vaccinations among adults and childhood recommended vaccinations, several other health outcomes associated with individual behaviors demand improvement, especially high rates of teen pregnancies, tobacco use, obesity, and domestic violence. Data also indicates multiple socioeconomic barriers to health and quality of life, including lower income relative to the state, higher poverty rates, racial and ethnic income disparities, and food insecurity. Health disparities and the underlying inequities require further research and consideration to understand the community's health problems and the extent to which these inequities contribute to them. As evidenced in this thorough and robust Community Health Assessment process and historic commitment to community collaboration, these findings will inform and inspire a new cycle of community health improvement planning for Dixie County.

## Community Themes and Strengths Assessment

A community survey was developed to poll individuals about community health issues and the healthcare system from the perspective of residents in Dixie, Gilchrist, and Levy Counties. Survey respondents selected their county of residence and survey responses were analyzed by county. For the purposes of this assessment, a community member was defined as any person 18 years of age or older who resides in the county selected. Responses from individuals who did not meet these criteria were not included in the data analysis. The survey included 16 core questions with additional items depending on responses, and nine (9) demographic items. The Qualtrics® web-based surveying platform was used to deliver the survey and collect responses. A web link and QR code made the survey accessible on any internet-enabled device, including smartphones. The survey was available in English and Spanish. Prior to deployment, the electronic survey was pre-tested for readability, functionality, and ease of use.

For the community survey, a convenience sampling approach (i.e., respondents self-select based on accessibility and willingness to participate) was utilized for collecting survey responses. The survey went live on June 8, 2022 and was available through August 19, 2022. Community partners widely distributed and promoted the surveys using email blasts, social media posts, press releases, flyers, and other print and electronic promotional materials. At the time the survey closed for Dixie County there were 123 completed, eligible surveys. There was one (1) survey completed in Spanish; the remaining 122 were completed in English. The overall survey completion rate was calculated at 76.1 percent; note that the ten (10) surveys deemed ineligible due to residency or age requirements were classified as complete because survey respondents answered all questions for which they qualified. The eligible, completed surveys from Dixie County residents were analyzed. Because of the small number of surveys completed in Spanish, the English and Spanish surveys were analyzed together.

### KEY FINDINGS FROM COMMUNITY SURVEY

The Community Themes and Strengths Assessment component represents the core of the community's input or perspective into the health problems and needs of the community. To determine the community's perspectives on priority community health issues and quality of life issues related to health care, surveys were used to collect input from community members at large. The Steering Committee worked with WellFlorida Council to determine survey questions and to distribute them electronically, both in Spanish and in English. Detailed analysis of survey responses is included in the Community Themes and Strengths Assessment segment of this report and seeks to understand "What is important to the community?" and "How is health and quality of life perceived in the community?".

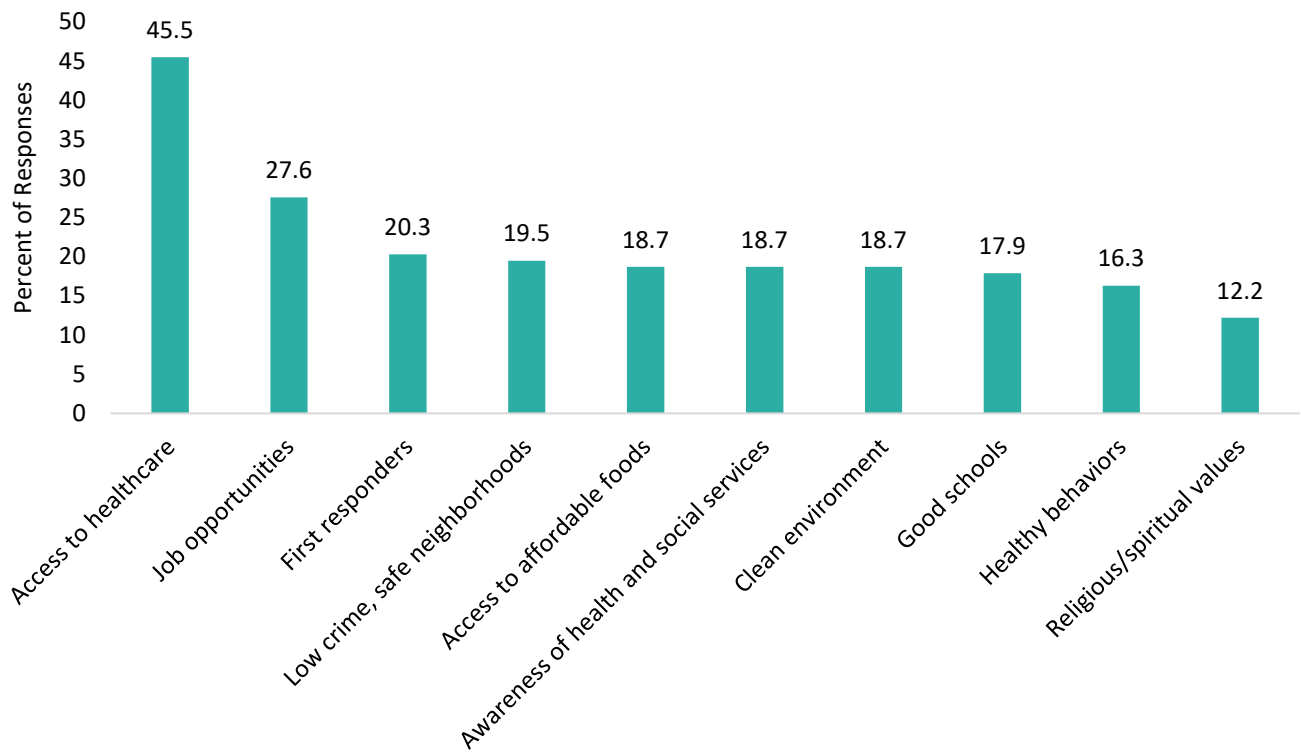
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- Most important factors that define a healthy community:
  1. Access to health care
  2. Job Opportunities
  3. First Responders
  4. Low Crime, safe neighborhoods
  5. Access to affordable foods

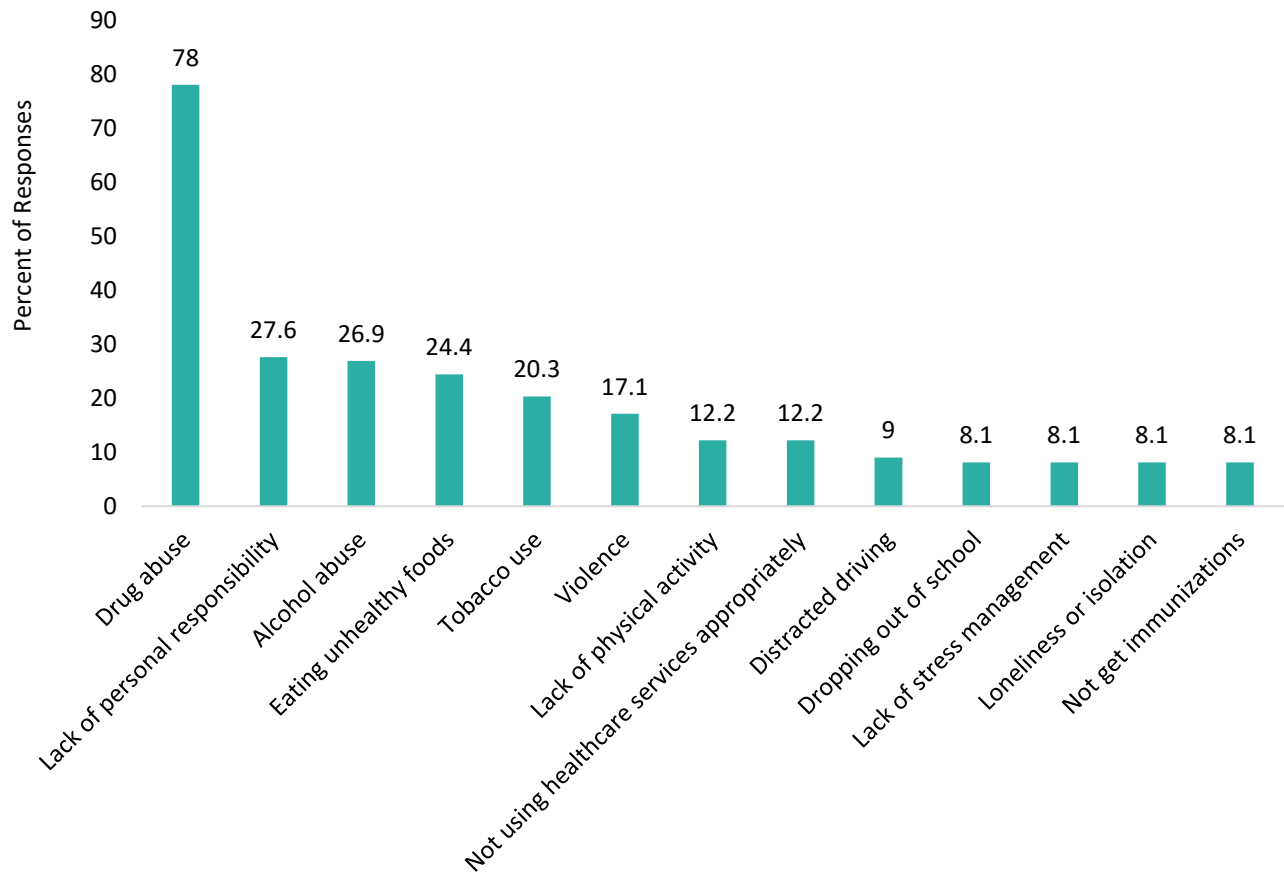
**FIGURE 6: TOP 10 FACTORS THAT CONTRIBUTE MOST TO A HEALTH COMMUNITY, DIXIE COUNTY, BY PERCENT OF RESPONSES, 2022**



Source: Dixie, Gilchrist, and Levy County Community Health Survey, 2022. Prepared by WellFlorida Council, 2022.

- Behaviors with the greatest negative impact on overall health:
  1. Drug Abuse
  2. Personal Responsibility
  3. Alcohol Abuse
  4. Eating unhealthy foods/drinks
  5. Tobacco use

**FIGURE 7: TOP 10 BEHAVIORS WITH GREATEST NEGATIVE IMPACT ON HEALTH, DIXIE COUNTY, BY PERCENT OF RESPONSES, 2022**

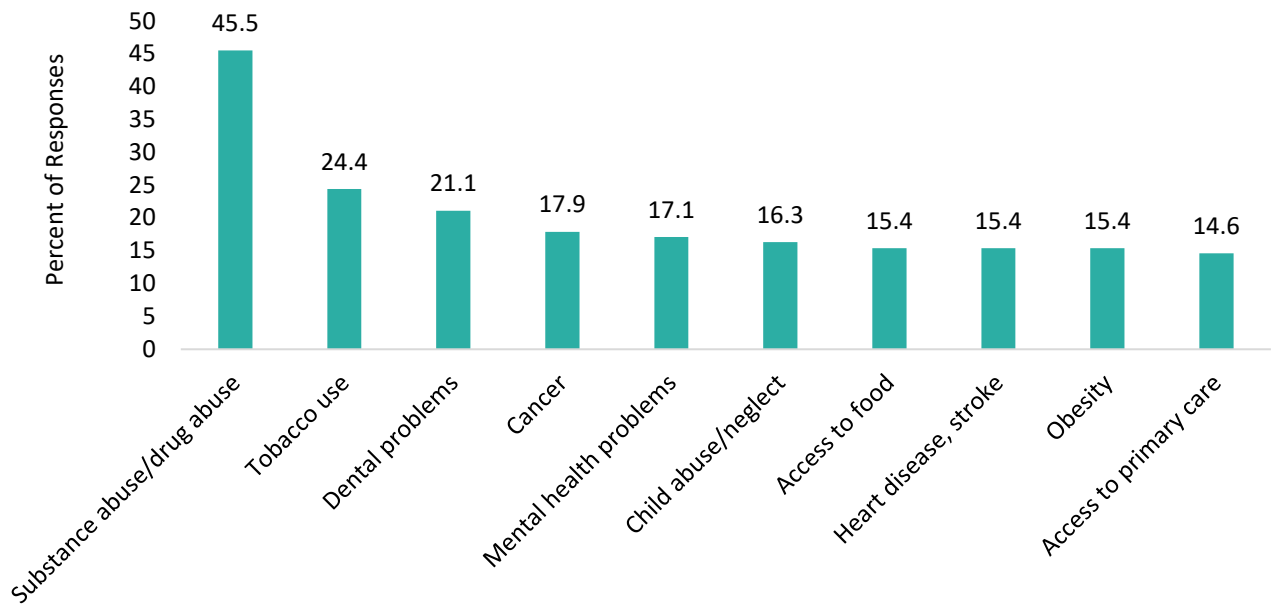


Source: Dixie, Gilchrist, and Levy County Community Health Survey, 2022. Prepared by WellFlorida Council, 2022.

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- Most Important Ranked Health Issues to be Addressed in Dixie County, by Percent of Responses, 2022
  1. Substance/drug abuse
  2. Tobacco Use
  3. Dental Problems
  4. Cancer
  5. Mental health problems

**FIGURE 8: TOP 10 RANKED MOST IMPORTANT HEALTH ISSUES TO BE ADDRESSED IN DIXIE COUNTY, BY PERCENT OF RESPONSES, 2022**

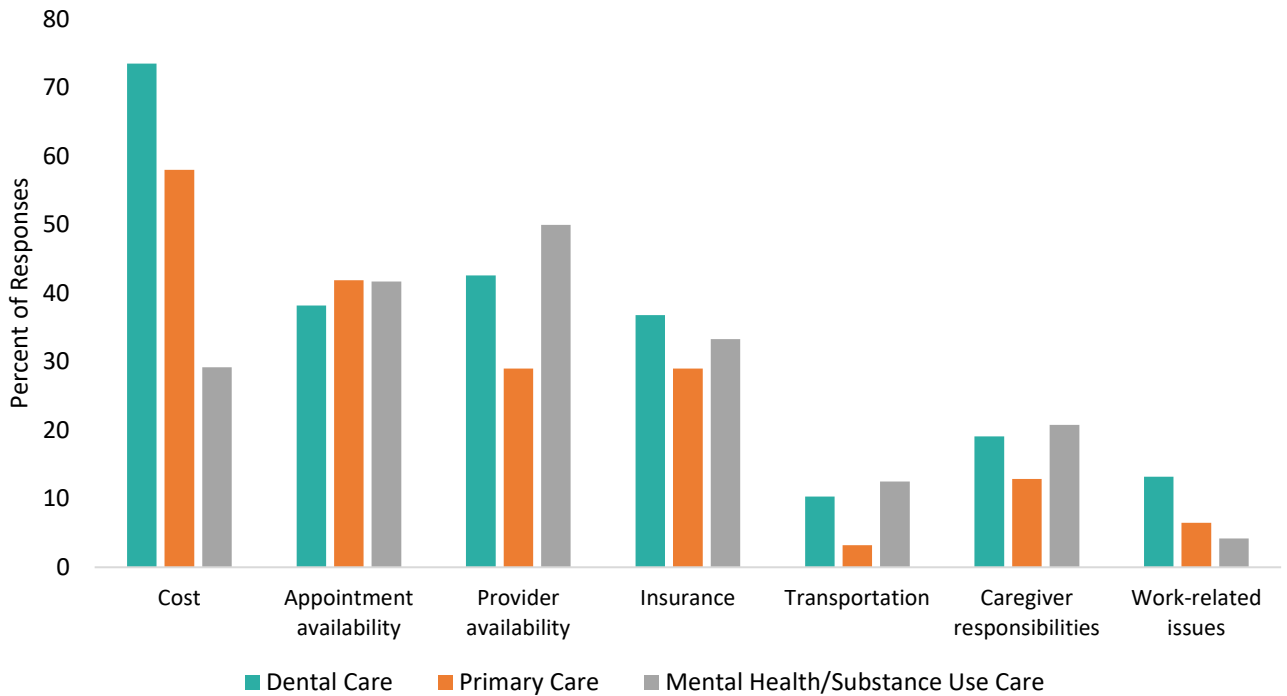


Source: Dixie, Gilchrist, and Levy County Community Health Survey, 2022. Prepared by WellFlorida Council, 2022.



- Reasons why individuals did not receive dental, primary, and/or mental health care.
  - Dental
    - Cost – 73.5%
    - No dentists available – 42.6%
    - No appointments available/long wait times – 38.2%
    - Service not covered by insurance or have no insurance – 36.8%
  - Primary Care
    - Cost – 58.0%
    - No appointments available/long wait times – 41.9%
    - No primary care providers (doctors, nurses) available – 29.0%
    - Service not covered by insurance or have no insurance – 29.0%
  - Mental Health
    - No mental health care providers available – 50.0%
    - No appointments available/long wait times – 41.7%
    - Service not covered by insurance or have no insurance – 33.3%
    - Cost – 29.2%

**FIGURE 9: BARRIERS TO DENTAL, PRIMARY/FAMILY, AND MENTAL HEALTH/SUBSTANCE USE CARE EXPERIENCE BY SURVEY RESPONDENTS, DIXIE COUNTY, BY PERCENT OF RESPONSES, 2022**



Source: Dixie, Gilchrist, and Levy County Community Health Survey, 2022. Prepared by WellFlorida Council, 2022.

## OBSERVATIONS FROM PROVIDER SURVEY

Likewise, to determine providers' perspectives on the priority community health issues and quality of life issues related to health care, surveys were used to collect input from 58 health care, behavioral health care, health education, and social services providers. The Steering Committee worked with WellFlorida Council to determine survey questions and to distribute them electronically, both in Spanish and in English. Detailed analysis of survey responses is included in the Community Themes and Strengths Assessment segment of this report and seeks to understand "What is important to the community?" and "How is health and quality of life perceived in the community?".

- An array of healthcare and social service providers and community partners responded to the survey. The largest single group of survey respondents, representing 25.9 percent of the total, were from social and/or community services. This was closely followed by nurses at 22.4 percent. The occupations of others who participated in the survey included pharmacy technicians, public health preparedness and environmental health specialists, social workers, administrators, case managers, and certified nursing assistants, to name a few. Survey participants represented a range of ages and length of time in their profession. At both ends of the career spectrum, about 29 percent had been in their profession for less than five years while about a quarter (25.9 percent) reported having more than 20 years of experience.
- More than half (53.5 percent) of the providers and partners who took the survey rated the overall health of Dixie, Gilchrist, and Levy County residents as somewhat healthy with another 31.0 percent giving overall health a rating of unhealthy. Providers and partners ranked the most important health issues that need to be addressed as substance/drug abuse, mental health problems, dental problems, tobacco use, and access to primary care. These survey respondents identified the five behaviors with the greatest negative impact on overall health as alcohol abuse, dropping out of school, drug abuse, unhealthy eating and drinking, and lack of physical activity.
- While there was some agreement between the providers and partners and Dixie County survey respondents on the most important health issues, such as mental health and substance and drug abuse problems, community members ranked obesity as their third top concern followed by access to primary or family care and access to food. Behaviors with negative impacts on health were also somewhat in alignment between community and provider and partner survey respondents. Drug and alcohol abuse as well as unhealthy eating and drinking practices made the top of both lists. Providers and partners spotlighted education (i.e., dropping out of school) as very impactful whereas community members focused on general lack of personal responsibility, distracted driving, and not getting immunizations. As did the community at large, providers and partners ranked access to healthcare services as the most important factor that contributes to a healthy community (37.9 percent of responses).
- Healthcare providers and community partners ranked several access-related behaviors among those with the greatest negative impact on overall health in the region. These included not getting immunizations (17.2 percent), not using birth control (15.5 percent), and not using healthcare services appropriately (13.8 percent).
- Overall accessibility to health care for Dixie, Gilchrist, and Levy County residents was deemed by responding providers and partners as fair (50.0 percent). For providers and partners, the healthcare services most difficult to obtain in the Tri-County area were emergency room, specialty, dental, in-patient, and mental/behavioral health care.

- According to the providers and partners who took the survey, the most common barriers for their clients in self-management of chronic diseases and conditions were cost (60.3 percent), lack of sufficient time with the healthcare provider (32.8 percent), lack of knowledge (27.6 percent), and inability to use technology effectively (20.7 percent).
- Strategies ranked highest by providers and partners to improve health outcomes included increasing access to dental services (62.0 percent), increasing access to mental health and primary care services (53.4 percent), and providing education on available services (also 53.4 percent). Further, more than half (51.7 percent) of healthcare and social service providers and partners cited establishing community partnerships to address issues collectively as a key strategy to improving individual and population health.

## Forces of Change Assessment

The Forces of Change Assessment focuses on answering the questions: “What is occurring or what might occur that affects the health of our community or the local public health system?” and “What specific threats or opportunities are generated by these occurrences?”. The Dixie County Forces of Change Assessment aimed at identifying forces – such as trends, factors, and events – that are or will be influencing the health and quality of life of the community and the work of the community to improve health outcomes.

- Trends are patterns over time, such as migration in and out of a community or a growing disillusionment with government.
- Factors are discrete elements, such as a community’s large ethnic population, an urban setting, or the jurisdiction’s proximity to a major waterway.
- Events are one-time occurrences, such as a hospital closure, a natural disaster, or the passage of new legislation.

On September 13, 2022, the Dixie County Community Health Needs Assessment Steering Committee convened a group of community leaders to participate in this Forces of Change Assessment. Prior to the Forces of Change discussion, WellFlorida Council presented preliminary data findings from the secondary and primary data reviews so participants would be familiar with Dixie County demographics, health conditions and behaviors, healthcare resources, and perspectives of community members and providers. Discussions began with brainstorming to identify the possible forces that may hinder or help the community in its quest for improvement in community health outcomes.

***Please note: The Forces of Change for Dixie County table reflects qualitative opinion data collected during the Forces of Change Assessment. Comments and discussions are summarized in the table and accurately catalog comments from the facilitated discussion; however, these are not a reflection of the Florida Department of Health and cannot be attributed to one person, rather these are summaries of a group discussion in aggregate.***

- Trends
  - Social/Behavioral
    - Aging Population, Especially Due to Older Adults Moving into Community.
    - Influx of People (In General).
    - Increase in High School Dropouts.
    - Increasing Dental Problems.
    - Increased Distrust of Science and Authority.

- Increase in Drug Potency.
- Factors
  - Social/Behavioral
    - Privacy Highly Valued.
    - High Rates of Vaping Among Students.
    - Lack of Connection Between Programs and Clients.
    - Lack of Obstetrical Care.
  - Social/Economic
    - Lack of Transportation Services for Healthcare Purposes.
    - No dentists available.
- Events
  - Social/Behavioral
    - New High School built, and grade levels reorganized.
  - Economic
    - 2008 recession.
    - Inflation.
  - Political
    - Changes in Laws on Marijuana.
    - Can no longer make local policies regarding vaping.

## **MAPP Phase 4: Identifying Strategic Issues**

The intersecting themes, recurring issues, and major health needs in Dixie County as identified through the community health assessment process are listed below. The themes articulated below emerged from the three assessments conducted as part of Dixie County’s MAPP process. That process included the health status assessment through a comprehensive secondary data review, the community themes and strengths assessment that generated primary data collected from the community at large and from healthcare providers, and a facilitated forces of change discussion with community partners to consider current and future influences on health, the healthcare and public health systems, and quality of life. These intersecting themes were considered in the identification and prioritization of potential strategic issues. For ease of understanding common themes and root causes, the key issues are grouped below into categories including socio-economic barriers, health status and health behaviors, health resources, and community infrastructure. Many of the key issues emerged as concerns across multiple of the intersecting theme areas shown below; however, each issue is only listed once.

- Socio-Economic Barriers
  - Poverty
  - Income disparities by race, gender, and ethnicity
  - Limited employment opportunities
  - Lower educational achievement
  - Rising school drop-out rates
  - Unaffordable housing and utility costs
  - Food insecurity
  - Violence and unsafe neighborhoods
- Health Outcomes, Conditions, and Behaviors

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- Rising and persistently high rates of death and prevalence of
  - Cardiovascular Problems (heart disease, stroke, hypertension)
  - Cancer
  - Diabetes
  - Lung ailments (Chronic Lower Respiratory Disease)
  - Chronic Liver Disease
  - Alzheimer’s Disease
  - Suicide
  - Unintentional injuries
- Overweight and obesity resulting from poor nutrition and physical inactivity.
- Mental and behavioral health problems
- Substance abuse
  - Tobacco and nicotine-delivery system use, particularly among youth
  - Illegal drug and prescription drug abuse
  - Alcohol
  - Marijuana and cannabidiol (CDB) product abuse
- Maternal, infant, and child health
  - Teen pregnancy
  - Poorer birth outcomes related to late prenatal care.
  - Child abuse and neglect
- Lower life expectancy
- Disparities in health outcomes by race, ethnicity, income
- Access to healthcare and social services
  - Healthcare provider shortages including primary, dental, mental, and behavioral healthcare professionals.
  - Lack of obstetric, family planning, and prenatal care services
  - Health insurance issues
    - High uninsured rates
    - High costs for health insurance, including premiums and deductibles.
    - Provider acceptance of plans and benefits such as Medicaid
  - Transportation to healthcare services
  - Inappropriate or non-use of existing resources
    - Use of Emergency Departments for routine care
    - Low health literacy and challenges navigating the healthcare system.
  - Inequities in healthcare and social service access

At the November 17, 2022, meeting, Dixie County Community Health Needs Assessment Steering Committee members reviewed the data and findings from the entire community health assessment process. Steering Committee members discussed the issues and themes and confirmed that the list above accurately reflected the areas of concern for Dixie County. In addition, the characteristics of strategic issues were reviewed to assure a common understanding of their scope, scale, and purpose.

**TABLE 10: CRITERIA FOR RANKING STRATEGIC PRIORITY ISSUES, DIXIE COUNTY, 2022**

Importance and Urgency	Impact	Feasibility	Resource Availability
<ul style="list-style-type: none"> <li>• Issue severity</li> <li>• Burden to large or priority populations</li> <li>• Of great community concern</li> <li>• Focus on equity</li> </ul>	<ul style="list-style-type: none"> <li>• Potential effectiveness</li> <li>• Cross cutting or targeted reach</li> <li>• Ability to demonstrate progress</li> </ul>	<ul style="list-style-type: none"> <li>• Community capacity</li> <li>• Political will</li> <li>• Acceptability to the community</li> </ul>	<ul style="list-style-type: none"> <li>• Financial costs</li> <li>• Staffing</li> <li>• Stakeholder support</li> <li>• Time</li> </ul>

Source: Adapted from National Association of County and City Health Officials (N.A.C.C.H.O.). *Community Health Assessment and Improvement Planning*. Retrieved November 10, 2022, <https://www.naccho.org/programs/public-health-infrastructure/performance-improvement/community-health-assessment/mapp/phase-4-identify-strategic-issues>

### *Strategic Priority Issue Areas Identified*

- Access to Healthcare and Social Services, including:
  - Dental care
  - Primary care
  - Mental healthcare services
  - Obstetrics, prenatal, and family planning care
  - Barriers to care including insurance, transportation, demand, culture and language, and community awareness.
- Mental and Behavioral Health, including:
  - Substance misuse prevention, including:
    - Tobacco and nicotine delivery systems
    - Alcohol misuse
    - Illegal and prescription drug use and misuse
  - Local policy, ordinance, and enforcement related to substance use.
- Healthy Lifestyles with emphasis on:
  - Heart and lung health
  - Diabetes prevention and management
  - Primary prevention and promotion of
    - Screenings
    - Immunizations
    - Safe environment
    - Health literacy for appropriate use of resources and services.

Thoughtful consideration was also given to issues that were ultimately set aside. Much discussion took place about changes in Dixie County's population and in-migration of people from out of state and from other parts of Florida. Concerns were raised about meeting the basic needs of all Dixie County residents including newcomers, many of whom are senior citizens. Related issues of job opportunities and lower

incomes were also examined and debated. There was agreement on the importance of these issues and their impact on health and wellbeing. The Steering Committee also agreed that some groups are disproportionately impacted such as senior citizens, working families with children, and single parents. Weighing the importance of these issues and balancing feasibility and resources available for implementing strategies to address these concerns, the Steering Committee tabled population growth and its economic impact as priority issues. The Steering Committee also took the approach of including access to mental and behavioral healthcare services in the broader healthcare access strategy so that an emphasis on prevention, education, and a focus on youth as a priority population would be clear.

Steering Committee members discussed and acknowledged that many of the strategic priority issues have shared root causes, related contributing factors, and will be addressed by common strategies that will have the potential to address multiple issues simultaneously. As part of the community health assessment process, several recommendations and considerations for planning and sustained, successful implementation emerged as a result of discussions among community partners. As Dixie County partners move forward with community health improvement planning, it is important to bring these points forward.

### *Key Considerations*

- Promote a culture of community health as a system of many diverse partners and organizations.
- Foster a unifying community organizing principle and capacity building system around shared outcomes and measures.
- Create a core system of metrics to monitor and improve the performance of a community health system and to inform collective and individual entity investment in community health.
- Develop resource availability and educate on the appropriate utilization of services and programs.
- Enhance or create preventive programs, services, and resources to address behaviors that lead to or exacerbate chronic disease conditions, including cardiovascular disease, cancer, mental health problems, substance abuse, and tobacco use.
- Enhance or create programs to manage oral health more effectively and efficiently.
- Enhance or create policy, programs, and environmental change to address unintentional injuries and suicide.
- Create initiatives to increase the availability of primary, specialty, dental, and mental health professionals, and services.
- Consider a policy, environmental change, interventions, and programs to address root causes that include social and economic conditions that impact health.

### **MAPP Phase 5: Formulate Goals and Strategies**

Within this phase the Community Health Improvement Plan Partnership (CHIPP) worked towards developing goals, identifying specific strategies, and writing Specific Measurable Achievable Realistic and Timely (SMART) objectives. After reviewing the MAPP assessments, the Dixie CHIPP convened for monthly meetings where partners discussed what the group wanted to achieve moving forward. The Dixie County Health Department strived to ensure that there was diverse representation of subject matter experts. For example, the CHIPP did not want to make decisions regarding tobacco policies within the school district without having the individuals responsible for the Tobacco Free Florida Grant and the school district present. Action Plans were utilized to assign lead entities and performance measures. For information about tracking and status indicators, reports can be pulled from the Florida Department of Health's Performance Improvement Management (PIM's) ClearPoint system. The status of objectives will be discussed at the monthly CHIP meetings conducted by the Dixie County Health Department.

### **MAPP Phase 6: Action Cycle**

This phase includes implementation of the CHIP and regular evaluation of the status of the goals and objectives. The CHIP group is always striving for quality improvement. Meetings are conducted on a regular basis to ensure that the CHIP goals and objectives remain feasible. The CHIP is monitored by the PIMS ClearPoint system. When appropriate, the plan objectives can be revised but there must be a general consensus from the collective. Monthly review of the objectives with regular communication will enable the group to make the best decisions moving forward.



## Dixie County CHIP (Goals, Strategies and Objectives)

A key component of Dixie County’s CHIP is an overarching strategy to conduct a community outreach in January 2023 to present the results of the needs assessment and the CHIP to the key leaders and decision makers in Dixie County including representatives of:

- Dixie County Board of County Commissioners
- City Commissions
- County and City Managers
- Clerks of County and Cities
- Dixie County Sheriff’s Department
- City Police Departments
- UF–IFAS Extension Office
- Emergency Medical Services
- Dixie County Health Department
- Family Medical
- Dixie County School Board and Public Schools
- Ministerial Association and Churches
- Physicians and Dentists
- Meridian Health Care
- Local Libraries
- Dixie County School District
- Tri-County Community Resource Center
- Community Organizations (Chamber, Rotary, etc.)
- Social Services Providers
- Department of Children and Families
- Department of Corrections
- Dixie County Jail
- Leading Community Businesses
- Haven Hospice
- Suwannee River Economic Council
- Gilchrist Prevention Coalition
- American Red Cross
- Alachua County Health Department – WIC
- Dixie County Day Cares
- Well Florida Council
- Rural Women’s Health Project
- University of Florida, Cancer Institute
- Dixie County Anti-Drug Coalition
- Hanley Foundation

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The following Dixie County CHIP is presented below as goals, strategies and objectives, and the action plans that include key activities, lead roles, community resources, targeted dates for key activities and evaluation measures.

<b>Goal 1: Increase healthy life expectancy, including the reduction of health disparities, to improve and foster healthy behaviors of all groups.</b>					
<b>Objectives</b>	<b>Strategy</b>	<b>Action Steps / Performance Measures</b>	<b>Possible Policy Changes Needed</b>	<b>Lead Agency</b>	<b>Key Partners and Resources</b>
<p>1.1 – Through December 31, 2026, increase the percentage of mothers who initiate breastfeeding in Dixie County from a rate of 71.2 (2021) to 76.2.</p> <p>Baseline: Rate of 71.2, Target: 76.2.</p> <p>Data Source: Florida Health CHARTS</p>	1.1.1 – Provide Certified Lactation Counseling to residents of Dixie County.	<ol style="list-style-type: none"> <li>1. Have an employee of the Dixie County Health Department maintain their CLC certification.</li> <li>2. Partner with local pediatricians and daycares to offer CLC services.</li> <li>3. Provide CLC support and classes in Dixie County.</li> </ol>	<ul style="list-style-type: none"> <li>• None</li> </ul>	<ul style="list-style-type: none"> <li>• Florida Department of Health in Dixie County</li> </ul>	<ul style="list-style-type: none"> <li>• Local doctors' offices</li> <li>• Local daycares</li> <li>• Local Pregnancy Centers</li> </ul>
	1.1.2 – Continue to support the Breast Pump Lending Program offered by FDOH – Dixie County.	<ol style="list-style-type: none"> <li>1. Coordinate breast pumps lending program with local organizations.</li> </ol>	<ul style="list-style-type: none"> <li>•</li> </ul>		<ul style="list-style-type: none"> <li>• Local doctors' offices</li> <li>• Local daycares</li> <li>• Local Pregnancy Centers</li> </ul>
	1.1.3 – Coordinate with local organizations and offices to help set-up a Breastfeeding friendly environment.	<ol style="list-style-type: none"> <li>1. Promote program to women who recently gave birth trying to return to work.</li> <li>2. Partner with local organizations to coordinate a space.</li> </ol>	<ul style="list-style-type: none"> <li>•</li> </ul>		<ul style="list-style-type: none"> <li>• Local doctors' offices</li> <li>• Local daycares</li> <li>• Local Pregnancy Centers</li> </ul>
1.2 – By December 31, 2024, increase	1.2.1 – Provide pack and plays or	<ol style="list-style-type: none"> <li>1. Create partnerships</li> </ol>	<ul style="list-style-type: none"> <li>• None</li> </ul>	<ul style="list-style-type: none"> <li>• Florida Depart</li> </ul>	<ul style="list-style-type: none"> <li>• Local doctors' offices</li> <li>• Local daycares</li> </ul>

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<p>the number of safe sleep educational messaging that reaches families from 1650 (2022) to 3000.</p> <p>Baseline: 1650 educational messages, Target: 3000.</p> <p>Data Source: Internal</p>	<p>other safe sleep environments to families whose infants need a safe place to sleep.</p>	<p>with community partners to utilize Healthy Start, Healthy Families and the Healthy Babies Programs.</p> <p>2. Increase utilization of families and parents/guardians who sign-up for the Healthy Start and Healthy Families programs.</p>		<p>ment of Health in Dixie County</p>	<ul style="list-style-type: none"> <li>Local Pregnancy Centers</li> </ul>
	<p>1.2.2 – Research alternative sleep environments for parents and guardians. (Complete)</p>	<p>1. Converse with the Healthy Start Coalition to see grant information on what allowable safe sleep environments are.</p> <p>2. Report findings back to the group.</p>	<ul style="list-style-type: none"> <li>None</li> </ul>		<ul style="list-style-type: none"> <li>Local doctors’ offices</li> <li>Local daycares</li> <li>Local Pregnancy Centers</li> </ul>
	<p>1.2.3 – Create QR codes with information on safe sleep.</p>	<p>1. Create information that can be accessed with the QR code.</p> <p>2. Print and laminate the QR code.</p> <p>3. Distribute the QR Code to local businesses and doctor offices.</p>	<ul style="list-style-type: none"> <li></li> </ul>		<ul style="list-style-type: none"> <li>Local doctors’ offices</li> <li>Local daycares</li> <li>Local Pregnancy Centers</li> </ul>
	<p>1.2.4 - Partner with local organizations to distribute safe sleep information to the community.</p>	<p>1. Participate in outreach events.</p> <p>2. Partner with local EM and EMS to distribute safe</p>	<ul style="list-style-type: none"> <li>None</li> </ul>		<ul style="list-style-type: none"> <li>Local doctors’ offices</li> <li>Local daycares</li> <li>Local Pregnancy Centers</li> <li>Emergency Services</li> </ul>

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		<p>sleep information.</p> <p>3. Partner with local doctor’s offices to distribute to their patients.</p>			
<p>1.3 – By December 31, 2024, increase the outreach and education opportunities throughout Dixie County that share accurate, reliable, and cohesive information regarding colorectal cancer screening opportunities from 0 (2023) to 4.</p> <p>Baseline: 0 events, Target: 4 events.</p> <p>Data Source: Internal</p>	<p>1.3.1 – Partner with Well Florida Council Inc to utilize the inflatable colon procured through their grant.</p>	<p>1. Coordinate with Well Florida on the colon’s availability.</p> <p>2. Utilize the giant inflatable colon as an immersive educational experience.</p>	<ul style="list-style-type: none"> <li>• None</li> </ul>	<ul style="list-style-type: none"> <li>• Florida Department of Health in Dixie County</li> </ul>	<ul style="list-style-type: none"> <li>• Well Florida Council</li> <li>• Suwannee River Area Health Education Center (SRAHEC)</li> </ul>
	<p>1.3.2 – Coordinate and schedule with event spaces to set up the colon.</p>	<p>1. Research perspective events.</p> <p>2. Partner with local organizations to utilize event space to set up the colon.</p>	<ul style="list-style-type: none"> <li>• Class scheduling within the school district.</li> </ul>		<ul style="list-style-type: none"> <li>• Well Florida Council</li> <li>• Suwannee River Area Health Education Center (SRAHEC)</li> </ul>
	<p>1.3.3 - Discuss the importance of colorectal screenings.</p>	<p>1. Educate community members (target audience aged 40 – 75) on the importance of colorectal cancer screening.</p> <p>2. Educate residents younger than 50 with high risk for colorectal cancer to ask their doctors for special instructions on their colorectal cancer screening plan.</p>	<ul style="list-style-type: none"> <li>•</li> </ul>		<ul style="list-style-type: none"> <li>• Well Florida Council</li> <li>• Suwannee River Area Health Education Center (SRAHEC)</li> </ul>

		<ol style="list-style-type: none"> <li>3. Designate a local healthcare provider or community health worker to provide a scripted walking tour of the Giant Colon.</li> <li>4. Have residents complete pre and post survey questions before and after the walk through of the colon.</li> <li>5. Tour the six stations within the Giant Colon including normal colon tissue, benign polyp, Crohn’s disease, malignant polyp, colon cancer, and advanced colon cancer.</li> </ol>			
	<p>1.3.4 - Offer screening information to clients for those uninsured and insured.</p>	<ol style="list-style-type: none"> <li>1. Distribute importance screening information to the community.</li> <li>2. Refer those that are uninsured to a health insurance navigator or the Tri-County Resource Center to gain coverage.</li> <li>3. Refer those</li> </ol>	<ul style="list-style-type: none"> <li>•</li> </ul>		<ul style="list-style-type: none"> <li>• Well Florida Council</li> <li>• SRAHEC</li> <li>Local doctors’ offices</li> </ul>

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		uninsured to primary care providers that will utilize the sliding fee scale.			
1.4 – By December 1, 2025, conduct 5 5k events within Dixie County from 1 (2021).  Baseline: 1 Event in 2021, Target 5 events in 2025.  Data Source: Internal	1.4.1 – Conduct planning committee meetings.	1. Send a sign up to the CHIP partners to volunteer for the planning committee.  1. Conduct planning meetings.	• None	• Forward Fitness	• FDOH – Dixie • Dixie County Anti-Drug Coalition • UF-IFAS
	1.4.2 – Promote the event to the community.	1. Partner with local organizations to post flyers and information about the event.	• None		• FDOH – Dixie • Dixie County Anti-Drug Coalition • UF-IFAS

**Goal 2 – Improve the health care resources in Dixie County.**

<b>Objectives</b>	<b>Strategy</b>	<b>Action Steps / Performance Measures</b>	<b>Possible Policy Changes Needed</b>	<b>Lead Agency</b>	<b>Key Partners and Resources</b>
2.1 – By June 30, 2025, increase the number of Blood Pressure Self-Monitoring classes held in Dixie County from 1 (2021-2022) to 3.  Baseline: 1 class, Target: 3 classes.  Data Source: Internal	2.1.1 - Conduct blood pressure screenings and referrals in the community.	1. Identify community events and screening opportunities.  2. Recruit staff to conduct screenings.	• None	• Florida Department of Health in Dixie County	• Dixie County Public Library • Local doctors' offices • Agape Garden
	2.1.2 - Partner with local organizations to conduct Blood Pressure Self-Monitoring classes.	1. Identify community-based organizations to conduct classes.  2. Promote and recruit to the classes.	• None		• Dixie County Public Library • Local doctors' offices • Agape Garden
2.2 – By December 31, 2025, utilize the	2.2.1 – Promote the Mobile Outreach Clinic	1. Create a flyer or brochure about the	• None	• Florida Department of Health in	• Dixie County Anti-Drug Coalition • Local doctors' offices

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mobile outreach clinic to increase health care services for underserved geographical areas from 0 (2022) to 5 per county in Dixie, Gilchrist, and Levy.	to the community.	Mobile Outreach Clinic. 2. Meet with partners to distribute information about what the Mobile Outreach Clinic can offer.		Dixie County	<ul style="list-style-type: none"> <li>• Dixie County Public Library</li> <li>• Suwannee River Area Health Education Center (SRAHEC)</li> </ul>
Baseline: 0 areas served, Target 5.  Data Source: Internal	2.2.2 - Identify areas to take the mobile outreach clinic.	1. Research locations. 2. Identify a liaison for the specific region. 3. Record findings and report back to the group.	<ul style="list-style-type: none"> <li>• None</li> </ul>		<ul style="list-style-type: none"> <li>• Dixie County Anti-Drug Coalition</li> <li>• Local doctors' offices</li> <li>• Suwannee River Area Health Education Center (SRAHEC)</li> </ul>
2.3 – By June 30, 2024, increase the number of workshops throughout Dixie County that share information about signing up regarding the Navigator Program opportunities	2.2.1 – Promote the Navigator Program.	1. Attend outreach events to distribute information about the services offered. 2. Attend community meetings with local partners.	<ul style="list-style-type: none"> <li>• None</li> </ul>	<ul style="list-style-type: none"> <li>• Suwannee River Area Health Education Center (SRAHEC)</li> </ul>	<ul style="list-style-type: none"> <li>• Florida Department of Health in Dixie County</li> </ul>
	2.2.3 - Schedule locations for the mobile outreach clinic.	1. Coordinate dates and times. 2. Coordinate staffing for internal and external partners. 3. Promote the Mobile Outreach Clinic for the designated date.	<ul style="list-style-type: none"> <li>• None</li> </ul>		<ul style="list-style-type: none"> <li>• Dixie County Anti-Drug Coalition</li> <li>• Local doctors' offices</li> <li>• Dixie County Public Library</li> <li>• Suwannee River Area Health Education Center (SRAHEC)</li> </ul>

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<p>from 0 (2023) to 4.</p> <p>Baseline: 0 events, Target: 4 Events.</p> <p>Data Source: Suwannee River Area Health Education Center</p>	<p>2.2.2 - Identify areas to implement workshops.</p>	<ol style="list-style-type: none"> <li>1. Research locations.</li> <li>2. Identify a liaison for the specific region.</li> <li>3. Record findings and report back to the group.</li> </ol>	<ul style="list-style-type: none"> <li>• None</li> </ul>		<ul style="list-style-type: none"> <li>• Florida Department of Health in Dixie County</li> </ul>
	<p>2.2.3 - Schedule locations for the mobile outreach clinic.</p>	<ol style="list-style-type: none"> <li>1. Coordinate dates and times.</li> <li>2. Coordinate staffing.</li> <li>3. Promote the Workshops for the designated dates.</li> </ol>	<ul style="list-style-type: none"> <li>• None</li> </ul>		<ul style="list-style-type: none"> <li>• Florida Department of Health in Dixie County</li> </ul>
<p>2.4– By December 31<sup>st</sup>, 2025 increase awareness and the ability to recognize the signs of human trafficking (HT) by delivering education to community organizations.</p> <p>Baseline: TBD, Target: TBD</p> <p>Data Source: North Central Florida Human Trafficking Task Force</p>	<p>2.4.1: Identify current partners that have and have not received training.</p>	<ol style="list-style-type: none"> <li>1. Coordinate with Local Human Trafficking Service Provider for current demographics.</li> <li>2. Identify and develop a list of local partners who have not received training.</li> <li>4. Identify a list of organizations that can provide HT Trainings.</li> </ol>	<ul style="list-style-type: none"> <li>• None</li> </ul>	<ul style="list-style-type: none"> <li>• Gateway to Fr33dom Human Trafficking Task Force.</li> </ul>	<ul style="list-style-type: none"> <li>• Lutheran Services Florida (LSF) Health Systems</li> <li>• FDOH – Dixie County</li> <li>• Tri-County Community Resource Center</li> <li>• Meridian Health Care</li> <li>• Dixie County Sherriff's Department</li> <li>• Law Enforcement from neighboring counties</li> <li>• One More Child</li> </ul>
	<p>2.4.2: Provide training opportunities to identified partners who have not received</p>	<ol style="list-style-type: none"> <li>1. Coordinate dates, venue, and times.</li> <li>2. Coordinate with speakers and organizers.</li> </ol>	<ul style="list-style-type: none"> <li>• None</li> </ul>	<ul style="list-style-type: none"> <li>• Gateway to Fr33dom Human Trafficking Task Force.</li> </ul>	<ul style="list-style-type: none"> <li>• Lutheran Services Florida (LSF) Health Systems</li> <li>• FDOH – Dixie County</li> <li>• Tri-County Community Resource Center</li> </ul>



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	trainings.	3. Promote the trainings to designated partners.			<ul style="list-style-type: none"> <li>• Meridian Health Care</li> <li>• Dixie County Sherriff's Department</li> <li>• Law Enforcement from neighboring counties</li> <li>• One More Child</li> </ul>
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**Goal 3: Reduce the impact of pediatric and adult mental, emotional, and behavioral health disorders.**

Objectives	Strategy	Action Steps / Performance Measures	Possible Policy Changes Needed	Lead Agency	Key Partners and Resources
<p>3.1 – By March 30<sup>th</sup>, 2024, implement a mental health court program for Dixie County from 0 (2022) to 1.</p> <p>Baseline: 0 mental health courts, Target: 1 mental health court.</p> <p>Data Source: Hanley Foundation</p>	3.1.1 - Conduct stakeholder meetings.	<ol style="list-style-type: none"> <li>1. Identify stakeholders.</li> <li>2. Meet with stakeholders to join the partnership.</li> <li>3. Clarifying the grant as to who must participate by Florida Statute.</li> </ol>	<ul style="list-style-type: none"> <li>• Section 394.657</li> </ul>	<ul style="list-style-type: none"> <li>• The Hanley Foundation</li> <li>• Dixie County Anti-Drug Coalition</li> <li>• Meridian Behavioral Health</li> </ul>	<ul style="list-style-type: none"> <li>• State Attorney</li> <li>• Dixie County Courthouse</li> <li>• Dixie County Board of County Commissioners</li> <li>• Dixie County Sherriff's Office</li> <li>• North Central Florida Regional Housing Authority</li> <li>• Department of Juvenile Justice</li> <li>• Cross City Police</li> <li>• State Probation Circuit</li> <li>• Circuit Court</li> <li>• Well Florida Council</li> <li>• LSF Health Systems</li> </ul>
	3.1.2 - Determine leadership and mental health court model.	<ol style="list-style-type: none"> <li>1. Determine leadership involved within Mental Health Court.</li> <li>2. Meet with the Judge to discuss the grant.</li> </ol>	<ul style="list-style-type: none"> <li>• None</li> </ul>		<ul style="list-style-type: none"> <li>• Dixie County Anti-Drug Coalition</li> <li>• State Attorney</li> <li>• Dixie County Courthouse</li> <li>• Dixie County Board of County Commissioners</li> <li>• Dixie County Sherriff's Office</li> <li>• North Central Florida Regional Housing Authority</li> <li>• Department of Juvenile Justice</li> <li>• Meridian Behavioral Health</li> <li>• Cross City Police</li> </ul>

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					<ul style="list-style-type: none"> <li>• State Probation Circuit</li> <li>• Circuit Court</li> <li>• Well Florida Council</li> <li>• LSF Health Systems</li> </ul>
	3.1.3: Create and improve policies and procedures for mental health court.	<ol style="list-style-type: none"> <li>1. Research policies and procedures.</li> <li>2. Compile a list of perspective policies and procedures.</li> <li>3. Base policies and procedures off Florida Statutes and other Mental Health Courts.</li> <li>4. Approval of policies and procedures by the Court Judge, State Attorney, Public Defender, and others required by law.</li> </ol>	•		<ul style="list-style-type: none"> <li>• State Attorney</li> <li>• Dixie County Courthouse</li> <li>• Dixie County Board of County Commissioners</li> <li>• Dixie County Sherriff's Office</li> <li>• North Central Florida Regional Housing Authority</li> <li>• Department of Juvenile Justice</li> <li>• Meridian Behavioral Health</li> <li>• Cross City Police</li> <li>• State Probation Circuit</li> <li>• Circuit Court</li> <li>• Well Florida Council</li> <li>• LSF Health Systems</li> </ul>
	3.1.4: Hire specialty court coordinator.	<ol style="list-style-type: none"> <li>1. Create a contract with the Community Coalition Alliance to hire a specialty court coordinator.</li> </ol>	•		<ul style="list-style-type: none"> <li>• State Attorney</li> <li>• Dixie County Courthouse</li> <li>• Dixie County Board of County Commissioners</li> <li>• Dixie County Sherriff's Office</li> <li>• North Central Florida Regional Housing Authority</li> <li>• Department of Juvenile Justice</li> <li>• Meridian Behavioral Health</li> <li>• Cross City Police</li> <li>• State Probation Circuit</li> <li>• Circuit Court</li> <li>• Well Florida Council</li> <li>• LSF Health Systems</li> </ul>
	3.1.5: Coordinate	<ol style="list-style-type: none"> <li>1. Create a contract for</li> </ol>	•		<ul style="list-style-type: none"> <li>• State Attorney</li> <li>• Dixie County</li> </ul>

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	<p>required services with providers.</p>	<p>services through Meridian.</p> <ol style="list-style-type: none"> <li>2. Partner with Tri-County Resource Center.</li> <li>3. Contact United Way for Services.</li> <li>4. Identify a homelessness coalition that serves Dixie County.</li> </ol>			<p>Courthouse</p> <ul style="list-style-type: none"> <li>• Dixie County Board of County Commissioners</li> <li>• Dixie County Sherriff’s Office</li> <li>• North Central Florida Regional Housing Authority</li> <li>• Department of Juvenile Justice</li> <li>• Meridian Behavioral Health</li> <li>• Cross City Police</li> <li>• State Probation Circuit</li> <li>• Circuit Court</li> <li>• Well Florida Council</li> <li>• United Way – North Florida</li> <li>• Tri-County Resource Center</li> <li>• LSF Health Systems</li> </ul>
	<p>3.1.6: Hear diversion cases and follow program model.</p>	<ol style="list-style-type: none"> <li>1. Determine if defendant qualifies for Mental Health Court through a screening process.</li> <li>2. Provide Mental Health Court Services.</li> </ol>	<ul style="list-style-type: none"> <li>•</li> </ul>		<ul style="list-style-type: none"> <li>• Dixie County Anti-Drug Coalition</li> <li>• State Attorney</li> <li>• Dixie County Courthouse</li> <li>• Dixie County Board of County Commissioners</li> <li>• Dixie County Sherriff’s Office</li> <li>• North Central Florida Regional Housing Authority</li> <li>• Department of Juvenile Justice</li> <li>• Meridian Behavioral Health</li> <li>• Cross City Police</li> <li>• State Probation Circuit</li> <li>• Circuit Court</li> <li>• Well Florida Council</li> </ul>
	<p>3.1.7: Promote services to the community.</p>	<ol style="list-style-type: none"> <li>1. Host a community event with community partners.</li> <li>2. Create and</li> </ol>	<ul style="list-style-type: none"> <li>•</li> </ul>		<ul style="list-style-type: none"> <li>• State Attorney</li> <li>• Dixie County Courthouse</li> <li>• Dixie County Board of County Commissioners</li> </ul>

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		promote media advertisements.			<ul style="list-style-type: none"> <li>• Dixie County Sherriff’s Office</li> <li>• North Central Florida Regional Housing Authority</li> <li>• Department of Juvenile Justice</li> <li>• Meridian Behavioral Health</li> <li>• Cross City Police</li> <li>• State Probation Circuit</li> <li>• Circuit Court</li> <li>• Well Florida Council</li> <li>• LSF Health Systems</li> </ul>
<p>3.2 – By February 30<sup>th</sup>, 2024, implement a teen court program for Dixie County from 0 (2022) to 1.</p> <p>Baseline: 0 Teen Courts, Target: 1 Teen Court implemented.</p> <p>Data Source; Hanley Foundation</p>	3.2.1 - Conduct stakeholder meetings.	<ol style="list-style-type: none"> <li>1. Identify stakeholders.</li> <li>2. Meet with stakeholders to join the partnership.</li> <li>3. Create sub-groups.</li> <li>4. Partner with the Anti-Drug Coalition to conduct Teen Court, Mental Health Court, and Handle with Care Groups.</li> <li>5. Partner with community partners and create a Reinvestment Committee.</li> </ol>	<ul style="list-style-type: none"> <li>• None</li> </ul>	<ul style="list-style-type: none"> <li>• The Hanley Foundation</li> <li>• Dixie County Anti-Drug Coalition</li> <li>• Dixie County High School Criminal Justice Program - Amy Jones</li> </ul>	<ul style="list-style-type: none"> <li>• Dixie County School District</li> <li>• Dixie County Anti-Drug Coalition</li> <li>• State Attorney</li> <li>• Dixie County Courthouse</li> <li>• Dixie County Board of County Commissioners</li> <li>• Dixie County Sherriff’s Office</li> <li>• North Central Florida Regional Housing Authority</li> <li>• Department of Juvenile Justice</li> <li>• Meridian Behavioral Health</li> <li>• Cross City Police</li> <li>• State Probation Circuit</li> <li>• Circuit Court</li> <li>• Well Florida Council</li> <li>• LSF Health Systems</li> </ul>
	3.2.2 - Determine leadership and teen court model.	<ol style="list-style-type: none"> <li>1. Hire the Teen Court coordinator.</li> <li>2. Choose from 4 different models.</li> </ol>	<ul style="list-style-type: none"> <li>• None</li> </ul>	<ul style="list-style-type: none"> <li>• Dixie County School District</li> <li>• Dixie County Anti-Drug Coalition</li> <li>• State Attorney</li> <li>• Dixie County Courthouse</li> <li>• Dixie County Board of County Commissioners</li> </ul>	

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					<ul style="list-style-type: none"> <li>• Dixie County Sherriff’s Office</li> <li>• North Central Florida Regional Housing Authority</li> <li>• Department of Juvenile Justice</li> <li>• Meridian Behavioral Health</li> <li>• Cross City Police</li> <li>• State Probation Circuit</li> <li>• Circuit Court</li> <li>• Well Florida Council</li> <li>• Dixie County High School - Amy Jones</li> <li>• LSF Health Systems</li> </ul>
3.2.3: Create policies and procedures for teen court.	<ol style="list-style-type: none"> <li>1. Research policies and procedures.</li> <li>2. Compile a list of perspective policies and procedures.</li> <li>3. Base policies and procedures off Florida Statutes.</li> <li>4. Meet with the Reinvestment Committee to determine policies and procedures.</li> <li>5. Create and determine a referral system for Teen Court.</li> </ol>	<ul style="list-style-type: none"> <li>• Florida Statute: 938.19</li> </ul>	<ul style="list-style-type: none"> <li>• The Hanley Foundation</li> <li>• Dixie County Anti-Drug Coalition</li> <li>• Dixie County High School Criminal Justice Program - Amy Jones</li> </ul>	<ul style="list-style-type: none"> <li>• Dixie County Anti-Drug Coalition</li> <li>• State Attorney</li> <li>• Dixie County Courthouse</li> <li>• Dixie County Board of County Commissioners</li> <li>• Dixie County Sherriff’s Office</li> <li>• North Central Florida Regional Housing Authority</li> <li>• Department of Juvenile Justice</li> <li>• Meridian Behavioral Health</li> <li>• Cross City Police</li> <li>• State Probation Circuit</li> <li>• Circuit Court</li> <li>• Well Florida Council</li> <li>• LSF Health Systems</li> </ul>	
3.2.4: Train teen participants.	<ol style="list-style-type: none"> <li>1. Recruit students from the Criminal Justice’s Program and previous teen court respondents to serve as jurors.</li> <li>2. Develop youth</li> </ol>	<ul style="list-style-type: none"> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>• The Hanley Foundation</li> <li>• Dixie County Anti-Drug Coalition</li> <li>• Dixie County High</li> </ul>	<ul style="list-style-type: none"> <li>• Dixie County Anti-Drug Coalition</li> <li>• State Attorney</li> <li>• Dixie County Courthouse</li> <li>• Dixie County Board of County Commissioners</li> <li>• Dixie County Sherriff’s Office</li> </ul>	

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		<p>court training curriculum.</p> <p>3. Conduct the curriculum.</p>		<p>School Criminal Justice Program - Amy Jones</p>	<ul style="list-style-type: none"> <li>• North Central Florida Regional Housing Authority</li> <li>• Department of Juvenile Justice</li> <li>• Meridian Behavioral Health</li> <li>• Cross City Police</li> <li>• State Probation Circuit</li> <li>• Circuit Court</li> <li>• Well Florida Council</li> <li>• LSF Health Systems</li> </ul>
	<p>3.2.6: Hear teen cases and follow program model.</p>	<ol style="list-style-type: none"> <li>1. Coordinate with the Courthouse a time designated for Teen Court.</li> <li>2. Create a case docket.</li> <li>3. Conduct the Teen Court.</li> </ol>	<ul style="list-style-type: none"> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>• The Hanley Foundation</li> <li>• Dixie County Anti-Drug Coalition</li> <li>• Dixie County High School Criminal Justice Program - Amy Jones</li> </ul>	<ul style="list-style-type: none"> <li>• Dixie County Anti-Drug Coalition</li> <li>• State Attorney</li> <li>• Dixie County Courthouse</li> <li>• Dixie County Board of County Commissioners</li> <li>• Dixie County Sherriff's Office</li> <li>• North Central Florida Regional Housing Authority</li> <li>• Department of Juvenile Justice</li> <li>• Meridian Behavioral Health</li> <li>• Cross City Police</li> <li>• State Probation Circuit</li> <li>• Circuit Court</li> <li>• Well Florida Council</li> <li>• LSF Health Systems</li> </ul>
	<p>3.2.7: Promote services to the community.</p>	<ol style="list-style-type: none"> <li>1. Host a community event inviting parents, guardians, and community partners.</li> <li>2. Create and promote media advertisements.</li> </ol>	<ul style="list-style-type: none"> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>• The Hanley Foundation</li> <li>• Dixie County Anti-Drug Coalition</li> <li>• Dixie County High School Criminal Justice Program - Amy Jones</li> </ul>	<ul style="list-style-type: none"> <li>• Dixie County Anti-Drug Coalition</li> <li>• State Attorney</li> <li>• Dixie County Courthouse</li> <li>• Dixie County Board of County Commissioners</li> <li>• Dixie County Sherriff's Office</li> <li>• North Central Florida Regional Housing Authority</li> <li>• Department of Juvenile Justice</li> </ul>

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					<ul style="list-style-type: none"> <li>Justice</li> <li>Meridian Behavioral Health</li> <li>Cross City Police</li> <li>State Probation Circuit</li> <li>Circuit Court</li> <li>Well Florida Council</li> <li>LSF Health Systems</li> </ul>
<p>3.3 - By December 31<sup>st</sup>, 2024 implement the Handle with Care Program with the Dixie County School District and Dixie County Law Enforcement.</p>	<p>3.3.1 – Host a Luncheon and present information regarding the Handle with Care Program.</p>	<ol style="list-style-type: none"> <li>Show the Handle with Care Program video detailing what the program is, what it can accomplish and who needs to take part.</li> <li>Collect signed MOU’s for the respective partners.</li> </ol>	•	<ul style="list-style-type: none"> <li>Hanley Foundation and the Dixie County Anti-Drug Coalition</li> </ul>	<ul style="list-style-type: none"> <li>Dixie County Anti-Drug Coalition</li> <li>Dixie County Schools</li> <li>Dixie County High School SWAT</li> <li>Dixie County Sherriff’s Office</li> <li>Cross City Police Department</li> <li>Florida Department of Health in Dixie County</li> <li>Meridian Behavioral Health</li> <li>UF IFAS</li> </ul>
<p>Baseline: 0 Handle with Care Programs implemented, Target: 1 Handle with Care implemented.</p> <p>Data Source: Hanley Foundation</p>	<p>3.3.2 – Present to the Dixie County School Board what the Handle with Care program is.</p>	<ol style="list-style-type: none"> <li>Show the Handle with Care Program video detailing what the program is, what it can accomplish and who needs to take part.</li> </ol>	•	<ul style="list-style-type: none"> <li>Hanley Foundation and the Dixie County Anti-Drug Coalition</li> </ul>	<ul style="list-style-type: none"> <li>Dixie County School Board</li> <li>Dixie County Schools</li> <li>Dixie County Sheriff’s Office</li> <li>Cross City Police Department</li> </ul>
	<p>3.3.3 – Provide Trauma Informed Care Training for appropriate professionals.</p>	<ol style="list-style-type: none"> <li>Meet with the Superintendent of the Dixie County School Board.</li> <li>Present information regarding the Trauma Informed Care Training.</li> <li>Schedule trainings for professional development</li> </ol>	•	<ul style="list-style-type: none"> <li>Community Coalition Alliance – Laura Holley</li> </ul>	<ul style="list-style-type: none"> <li>Hanley Foundation</li> <li>Dixie County School District</li> <li>Dixie County Schools</li> </ul>

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		days.			
	3.3.4 – Provide Handle with Care Training for Dixie County Law Enforcement and Dixie County School Board/Schools.	<ol style="list-style-type: none"> <li>1. Identify individuals at the school level and law enforcement level that will enlist in a train-the-trainer Handle with Care.</li> <li>2. Once trained, these Trainers will bring it back to their respective organizations and provide trainings to the necessary staff.</li> </ol>	•	<ul style="list-style-type: none"> <li>• Hanley Foundation and the Dixie County Anti-Drug Coalition</li> </ul>	<ul style="list-style-type: none"> <li>• Dixie County Sherriff's Department</li> <li>• Cross City Police Department</li> <li>• Dixie County School Board</li> <li>• Dixie County Schools</li> </ul>
	3.3.5 – Promote Youth Mental Health First Aid Training and Mental Health First Aid Trainings to the community.	<ol style="list-style-type: none"> <li>1. Identify potential community members to participate in the Youth Mental Health First Aid and the Mental Health First Aid Training.</li> <li>2. Create a sign-up sheet for those interested.</li> <li>3. Schedule the Youth Mental Health First Aid and the Mental Health First Aid Trainings (Two will be offered/year.)</li> </ol>	•	<ul style="list-style-type: none"> <li>• Community Coalition Alliance – Laura Holley</li> </ul>	<ul style="list-style-type: none"> <li>• Dixie County Sherriff's Department</li> <li>• Cross City Police Department</li> <li>• First Responders</li> <li>• Florida Department of Health in Dixie County</li> <li>• Dixie County Community Members</li> </ul>
	3.3.6 – Promote Services to the Community on Handle with Care.	<ol style="list-style-type: none"> <li>1. Create presentations for the community detailing the</li> </ol>	•	<ul style="list-style-type: none"> <li>• Hanley Foundation and the Dixie County</li> </ul>	•



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		<p>Handle with Care Program.</p> <ol style="list-style-type: none"> <li>Schedule dates for a community meeting.</li> <li>Promote on social media and other outlets detailing dates on the meeting.</li> </ol>		Anti-Drug Coalition	
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Goal 4 – Increase education on substance use prevention, treatment, and support resources available to Dixie County residents.					
Objectives	Strategy	Action Steps / Performance Measures	Possible Policy Changes Needed	Lead Agency	Key Partners and Resources
<p>4.1 – By December 31, 2026, reduce the percentage of adults who are current smokers from 29.5% (2019) to 28.5%.</p> <p>Baseline: 29.5%, Target 28.5%</p> <p>Data Source: Florida Health CHARTS</p>	<p>4.1.1 - Offer a virtual or in-person group quit sessions.</p>	<ol style="list-style-type: none"> <li>Coordinate with local organizations to host in person group quit sessions.</li> <li>Recruit participants.</li> </ol>	<ul style="list-style-type: none"> <li>None</li> </ul>	<ul style="list-style-type: none"> <li>Suwannee River Area Health Education Center (SRAHEC)</li> </ul>	<ul style="list-style-type: none"> <li>Dixie County Public Library</li> <li>North Florida Medical</li> <li>Florida Department of Health in Dixie County</li> </ul>
	<p>4.1.2 - Provide continuing education and continuing medical education credits to healthcare professionals.</p>	<ol style="list-style-type: none"> <li>Coordinate with health care professionals.</li> <li>Host in person or via virtually.</li> <li>Conduct trainings to healthcare professional about helping patients quit, motivational interviewing, brief interventions, and referring tobacco users to the Tobacco Free Florida</li> </ol>	<ul style="list-style-type: none"> <li>None</li> </ul>		<ul style="list-style-type: none"> <li>Dixie County Public Library</li> <li>North Florida Medical</li> <li>Florida Department of Health in Dixie County</li> </ul>

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		AHEC Program and other Tobacco Free Florida Quit Your Way Services.			
<p>4.2 – By June 30, 2024, complete the passage of an ordinance by local governmental agencies supporting changes in the Florida Clean Indoor Air Act allowing for local creation of tobacco-free parks and beaches from 0 to 12.</p> <p>Baseline: 0 Tobacco-Free Parks, Beaches and/or Boat Ramps, Target: 12 Tobacco-Free Parks, Beaches, and/or Boat Ramps.</p> <p>Data Source: Quit Doc Foundation</p>	<p>4.2.1 - Present to the Board of County Commissioners data and resources regarding House Bill 105.</p>	<ol style="list-style-type: none"> <li>Partner with community partners to present to the Board of County Commissioners information regarding House Bill 105.</li> <li>Generate talking points.</li> <li>Propose an ordinance to be created for Dixie County.</li> </ol>	<ul style="list-style-type: none"> <li>House Bill 105</li> </ul>	<ul style="list-style-type: none"> <li>Quit Doc Foundation</li> </ul>	<ul style="list-style-type: none"> <li>Dixie County School Board</li> <li>Dixie County Board of County Commissioners</li> <li>Dixie County High School – SWAT</li> </ul>
	<p>4.2.2 - Gather specific data on Dixie County through the initiation of park clean-ups, with a focus on tobacco littering throughout the parks.</p>	<ol style="list-style-type: none"> <li>Research parks, beaches and boat ramps within Dixie County.</li> <li>Partner with the school and local community partners to coordinate a pick-up day.</li> <li>Gather boots on the ground data and information to present to the Board of County Commissioners.</li> </ol>	<ul style="list-style-type: none"> <li>Local Ordinance</li> </ul>	<ul style="list-style-type: none"> <li>Dixie County School Board</li> <li>Dixie County Board of County Commissioners</li> <li>Dixie County High School – SWAT</li> </ul>	
	<p>4.2.3 - Partner with the Dixie County Attorney to create and write an ordinance.</p>	<ol style="list-style-type: none"> <li>Meet with the Dixie County Attorney.</li> <li>Have the Dixie County Attorney</li> </ol>	<ul style="list-style-type: none"> <li>Local Ordinance</li> </ul>	<ul style="list-style-type: none"> <li>Dixie County School Board</li> <li>Dixie County Board of County Commissioners</li> </ul>	

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		review the ordinance.			<ul style="list-style-type: none"> <li>Dixie County High School – SWAT</li> </ul>
	4.2.4 - Present the written ordinance to the Board of County Commissioners and advertise it to the community.	<ol style="list-style-type: none"> <li>Create a motion to advertise the ordinance in the local paper for two weeks prior to the first hearing.</li> <li>Have the motion approved by the Board of County Commissioners.</li> </ol>	<ul style="list-style-type: none"> <li>Local Ordinance</li> </ul>	<ul style="list-style-type: none"> <li></li> </ul>	<ul style="list-style-type: none"> <li>Dixie County School Board</li> <li>Dixie County Board of County Commissioners</li> <li>Dixie County High School – SWAT</li> </ul>
	4.2.5 - Prepare youth to speak to the Board of County Commissioners.	<ol style="list-style-type: none"> <li>Gather data and information to develop talking points.</li> </ol>	<ul style="list-style-type: none"> <li>Local Ordinance</li> </ul>	<ul style="list-style-type: none"> <li></li> </ul>	<ul style="list-style-type: none"> <li>Dixie County School Board</li> <li>Dixie County Board of County Commissioners</li> <li>Dixie County High School – SWAT</li> </ul>
	4.2.6 – Create a County Ordinance about Tobacco and Vape Free Parks and Beaches.	<ol style="list-style-type: none"> <li>Write the ordinance.</li> <li>Motion to approve the ordinance.</li> <li>Written into policy.</li> </ol>	<ul style="list-style-type: none"> <li>Local Ordinance</li> </ul>	<ul style="list-style-type: none"> <li></li> </ul>	<ul style="list-style-type: none"> <li>Dixie County School Board</li> <li>Dixie County Board of County Commissioners</li> <li>Dixie County High School – SWAT</li> </ul>
	4.2.6 - Post signage at parks and beaches	<ol style="list-style-type: none"> <li>Create signage.</li> </ol>	<ul style="list-style-type: none"> <li>Local Ordinance</li> </ul>	<ul style="list-style-type: none"> <li></li> </ul>	<ul style="list-style-type: none"> <li>Dixie County School Board</li> <li>Dixie County Board of County Commissioners</li> <li>Dixie County High School – SWAT</li> </ul>
4.3 – By June 30, 2024, increase the outreach and education opportunities throughout Dixie County that share accurate, reliable, and cohesive information	4.3.1 – Gather data about Menthol Cigarette usage.	<ol style="list-style-type: none"> <li>Research data on Menthol Cigarettes.</li> <li>Present data to local community leaders.</li> </ol>	<ul style="list-style-type: none"> <li>None</li> </ul>	<ul style="list-style-type: none"> <li>Quit Doc Foundation</li> </ul>	<ul style="list-style-type: none"> <li>Dixie County School Board</li> <li>Dixie County Board of County Commissioners</li> <li>Dixie County High School – SWAT</li> </ul>
	4.3.2 – Partner with local organizations to	<ol style="list-style-type: none"> <li>Create key health messaging.</li> </ol>	<ul style="list-style-type: none"> <li>None</li> </ul>		<ul style="list-style-type: none"> <li>Dixie County School Board</li> <li>Dixie County Board</li> </ul>

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<p>regarding Menthol Cigarettes from 0 (2023) to 5.</p> <p>Baseline: 0 educational opportunities, Target: 5 educational opportunities.</p>	<p>share information about health effects, community impact, and ways to quit.</p>	<p>2. Generate proof points to share with community leaders.</p>			<p>of County Commissioners</p> <ul style="list-style-type: none"> <li>Dixie County High School – SWAT</li> </ul>
	<p>4.3.3 – Create educational information.</p>	<p>3. Generate key graphics to share with the community.</p> <p>4. Create flyers to pass out to the community.</p>	<ul style="list-style-type: none"> <li></li> </ul>	<ul style="list-style-type: none"> <li></li> </ul>	<ul style="list-style-type: none"> <li>Dixie County School Board</li> <li>Dixie County Board of County Commissioners</li> <li>Dixie County High School – SWAT</li> </ul>
<p>4.4 – By June 30, 2024, adopt into School Board Policy SB8.32 the prohibition of the acceptance of tobacco industry gifts and curriculum.</p> <p>Baseline: 0 policy, Target: 1 policy.</p>	<p>4.4.1 – Create additional policy information.</p>	<p>1. Generate wording on policy examples from the American Heart Association, NEOLA 2021, and the Public Health Law Center.</p> <p>2. Have the Quit Doc membership present policy examples.</p> <p>3. Adopt or revise current policy.</p> <p>4. Passage of the new policy.</p>	<ul style="list-style-type: none"> <li>Policy SB8.32</li> </ul>	<ul style="list-style-type: none"> <li>Quit Doc Foundation</li> </ul>	<ul style="list-style-type: none"> <li>Dixie County School Board</li> <li>Dixie County Schools</li> </ul>
<p>4.5 – By June 30, 2025, lower the Students Who Have Used Cigarettes, Cigars, Hookah, Electronic Vapor Products, Flavored Cigarettes or Flavored Cigars in the Past 30 Days</p>	<p>4.5.1 – Increase the number of outreach events that promotes quitting inhaled nicotine products.</p>	<p>1. Coordinate with local cessation organizations.</p> <p>2. Pass out information to the public about the importance of quitting the usage of inhaled</p>	<ul style="list-style-type: none"> <li></li> </ul>	<ul style="list-style-type: none"> <li>Dixie County Anti-Drug Coalition</li> </ul>	<ul style="list-style-type: none"> <li>Quit Doc</li> <li>Dixie County Schools</li> <li>Dixie County School Board</li> </ul>

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from 28.5% to 26.5%.		nicotine products.			
Data Source: Florida Health CHARTS					

## Alignment with State and National Priorities

The 2022-2026 Dixie County Community Health Improvement Plan has been reviewed for alignment with the following state and national guidelines:

- Florida State Health Improvement Plan 2022-2026 from the Florida Department of Health
- Healthy People 2030 from the United States Department of Health and Human Services
- National Prevention Strategy – America’s Plan for Better Health and Wellness (June 2011) from the National Prevention Council

Each objective under each goal was reviewed to determine where within each of these state or national guidelines the objective was in alignment.

Objective	HP 2030	FSHIP	NPS	Evidence-Based Sources:
<b>Goal 1: Increase healthy life expectancy, including the reduction of health disparities, to improve and foster healthy behaviors of all groups.</b>				
1.1 – Through December 31, 2026, increase the percentage of mothers who initiate breastfeeding in Dixie County from a rate of 71.2 (2021) to 76.2.	Topic: Infants Goal: Improve the health and safety of infants. Objectives: MICH-15, MICH 16	Goal MCH 2: Reduce infant morbidity and mortality. Objective MCH 2.5.	Priorities: Healthy Eating  Recommendation 5. Support policies and programs that promote breastfeeding. Page 35.  Key Indicators: Proportion of infants who are breastfed exclusively through 6 months, page 35.	<a href="#">Breastfeeding: Primary Care Interventions</a> ; 2016.  <a href="#">The Surgeon General's Call to Action to Support Breastfeeding</a> ; 2011.
1.2 – By December 31, 2024, increase the number of safe sleep educational messaging that reaches families from 1650 (2022) to 3000.	Topic: Infants Goal: Improve the health and safety of infants. Objectives: MICH-15, MICH 16	Goal ISV 1: Prevent or reduce childhood injuries. Objective ISV 1.1.	N/A	<a href="#">Safe to Sleep</a> ; 2023.
1.3 – By December 31, 2024, increase the outreach and education opportunities throughout Dixie County that share	Topic: Cancer Goal: Reduce new cases of cancer and cancer-related illness, disability, and death. Objectives: C-01, C-06, C-07	Goal CD 1.4: Reduce new cases of cancer and cancer-related illness, disability, and death. Objective CD 1.4.	Strategic Directions: Clinical and Community Preventive Services  Recommendations: 4. Support implementation of community-based preventive services and	<a href="#">Colorectal Cancer Education, Screening and Prevention Program (CCESP): Empowering Communities for Life</a> ; 2018.  <a href="#">Colorectal Cancer Screening Intervention</a>

## Dixie County Community Health Improvement Plan (CHIP) – 2023-2026

<p>accurate, reliable, and cohesive information regarding colorectal cancer screening opportunities from 0 (2023) to 4.</p>			<p>enhance linkages with clinical care, page 19.</p> <p>Recommendations 5 Reduce barriers to accessing clinical and community preventive services, especially among populations at greatest risk, page 19.</p> <p>Key Indicators: Proportion of adults aged 50 to 75 years who receive colorectal cancer screening based on the most recent guidelines, page 19.</p>	<p><a href="#">Program (CCSIP), 2020.</a></p>
<p>1.4 – By December 1, 2025, conduct 5 5k events within Dixie County from 1 (2021).</p>	<p>Topic: Physical Activity Goal: Improve health, fitness, and quality of life through regular physical activity. Objectives: PA-01</p>	<p>Goal CD 6: Promote the attainment and maintenance of health through nutrition, physical activity, and supportive lifestyle behaviors. Objectives: CD 6.2</p>	<p>Strategic Direction: Healthy and Safe Community Environments Recommendation: 4: Integrate health criteria into decision-making, where appropriate, across multiple sectors.</p>	<p><a href="#">Physical Activity: Creation of or Enhanced Access to Places for Physical Activity Combined with Informational Outreach Activities, 2001.</a></p> <p><a href="#">Physical Activity: Park, Trail, and Greenway Infrastructure Interventions when Combined with Additional Interventions, 2021.</a></p>

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Objective	HP 2020	FSHIP	NPS	Evidence-Based Sources:
<b>Goal 2 – Link the residents of Dixie County to social and health services and resources available.</b>				
2.1 – By June 30, 2025, increase the number of Blood Pressure Self-Monitoring classes held in Dixie County from 1 (2021-2022) to 3.	Topic: Heart Disease and Stroke Goal: Improve cardiovascular health and reduce deaths from heart disease and stroke. Objectives: HDS-01, HDS-04	Goal CD 2: Improve cardiovascular health by reducing new cases, disability and death from heart disease, stroke, and other related illnesses. Objective CD 1.4.	Strategic Directions: Clinical and Community Preventive Services.  Recommendations 1. Support the National Quality Strategy’s focus on improving cardiovascular health, page 19.  Key Indicators: Proportion of adults aged 18 years and older with hypertension whose blood pressure is under control, page 19	<a href="#">Heart Disease and Stroke Prevention: Self-Measured Blood Pressure Monitoring Interventions for Improved Blood Pressure Control When Used Alone</a> ; 2015.  <a href="#">The Surgeon General’s Call to Action to Control Hypertension</a> ; 2020.  <a href="#">Economics of Self-Measured Blood Pressure</a> ; 2017.  <a href="#">Self-Measured Blood Pressure Monitoring Improves Outcomes: Recommendation of the Community Preventative Services Task Force</a> ; 2017.  <a href="#">Community Guide Cardiovascular Disease Economic Reviews: Tailoring Methods to Ensure Utility of Findings</a> ; 2017.  <a href="#">Systematic Review of Self-Measured Blood Pressure</a> ; 2022.
2.2 – By December 31, 2025, utilize the mobile outreach clinic to increase health care services for underserved geographical areas from 0 (2022) to 5 per county in Dixie, Gilchrist, and Levy.	Topic: Family Planning Goal: Improve pregnancy planning and prevent unintended pregnancy. Objectives: FP-01, FP-09  Topic: Cancer Goal: Reduce new cases of cancer and cancer-related	Goal SEC 2: Improve access to high-quality health care services for all across the lifespan. Objective SEC 2.2.	Priorities: Reproductive and Sexual Health.  Recommendations: 1 Increase the use of preconception and prenatal care, page 44.  Recommendations: 4 Enhance early detection of HIV, viral hepatitis, and other STIs and improve linkage to care, page 45.	Family Planning: <a href="#">Providing Quality Family Planning Services: Recommendations of CDC and the U.S. Office of Population Affairs</a> ; 2014. <a href="#">Recommendations for Providing Quality Sexually Transmitted Diseases Clinical Services</a> , 2020.  Cervical Cancer Screenings: <a href="#">Prevention Care Management</a> , 2006.



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	<p>illness, disability, and death. Objectives: C-05, C-09</p> <p>Topic: Oral Conditions Goal: Improve oral health by increasing access to oral health care, including preventive services. Objectives: OH-02, OH-09, OH-10</p> <p>Topic: Vaccination Goal: Increase vaccination rates. Objectives: IID-07, IID-08, IID-09, IID-D03</p>		<p>Key Indicators: Proportion of sexually active persons aged 15 to 44 years who received reproductive health services, page 45.</p> <p>Strategic Directions: Clinical and Community Preventive Services.</p> <p>Recommendations: 4 Support implementation of community-based preventive services and enhance linkages with clinical care, page 19.</p> <p>Recommendations 6: Enhance coordination and integration of clinical, behavioral, and complementary health strategies, page 20.</p>	<p><a href="#">Tailored Communication for Cervical Cancer Risk</a>, 2013.</p> <p>Oral Health: <a href="#">Oral Health in Children and Adolescents Aged 5 to 17 Years: Screening and Preventive Interventions</a>, 2023.</p> <p><a href="#">Pit and fissure sealants versus fluoride varnishes for preventing dental decay in the permanent teeth of children and adolescents</a>, 2020.</p> <p><a href="#">Interventions with pregnant women, new mothers, and other primary caregivers for preventing early childhood caries</a>, 2019.</p> <p>Vaccinations: <a href="#">Vaccines National Strategic Plan</a>, 2021. <a href="#">Vaccination Programs: Requirements for Child Care, School, and College Attendance</a>, 2016.</p>
<p>2.3 – By June 30, 2024, increase the number of workshops throughout Dixie County that share information about signing up regarding the Navigator Program opportunities from 0 (2023) to 4.</p>	<p>Topic: Health Insurance Goal: Increase health insurance coverage. Objectives: AHS-01, AHS-02, AHS-03, AHS-R03</p>	<p>Goal MCH 1: Increase access to quality primary, preventative and sub-specialty care for infants, children, and adolescents.</p>	<p>Strategic Directions: Clinical and Community Preventive Services.</p> <p>Recommendations: 4 Support implementation of community-based preventive services and enhance linkages with clinical care, page 19.</p> <p>Recommendations 6: Enhance coordination and integration of clinical, behavioral, and complementary health strategies, page 20.</p>	<p><a href="#">Strategies for expanding health insurance coverage in vulnerable populations</a>, 2014.</p> <p><a href="#">Covering All Kids: States Setting the Pace</a>, 2008.</p>

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2.4 – By December 31st, 2025, increase awareness and the ability to recognize the signs of human trafficking (HT) by delivering education to community organizations.	N/A	Goal ISV 3: Prevent or reduce injuries in vulnerable populations. Objective: ISV 3.2	N/A	<a href="#">Evidence-Based Human Trafficking Policy: Opportunities to Invest in Trauma-Informed Strategies, 2019.</a>  <a href="#">Evidence-based Care of the Human Trafficking Patient, 2019.</a>
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## Dixie County Community Health Improvement Plan (CHIP) – 2023-2026

Objective	HP 2020	FSHIP	NPS	Evidence-Based Sources:
<b>Goal 3 – Improve the health care resources in Dixie County.</b>				
3.1 – By March 30th, 2024, implement a mental health court program for Dixie County from 0 (2022) to 1.	Topic: Mental Health and Mental Disorders Goal: Improve mental health. Objectives: MHMD-04, MHMD-07	Goal MW 1: Reduce the impact of adult mental, emotional, and behavioral disorders.	Priorities: Mental and Emotional Well-being, page 48 Recommendations: 4 Promote early identification of mental health needs and access to quality services., page 49.	<a href="#">Mental Health and Mental Illness: Collaborative Care for the Management of Depressive Disorders</a> , 2010.  <a href="#">Mental Health and Mental Illness: Mental Health Benefits Legislation</a> , 2012.  <a href="#">Mental Health Courts</a> , 2010.
3.2 – By February 30th, 2024, implement a teen court program for Dixie County from 0 (2022) to 1.	Topic: Adolescents Goal: Improve the health and well-being of adolescents. Objectives: EH-D01	Goal MW 2: Reduce the impact of pediatric mental, emotional, and behavioral health disorders.	Priorities: Mental and Emotional Well-being, page 48 Recommendations: 4 Promote early identification of mental health needs and access to quality services., page 49.	<a href="#">A Guide for Implementing Teen Court Programs</a> , 1996.  <a href="#">Youth Courts - Youth People Delivering Justice</a> , 1995.
3.3 - By December 31st, 2024, implement the Handle with Care Program within the Dixie County School District and Dixie County Law Enforcement from 0 (2022) to 1.	Topic: Adolescents Goal: Improve the health and well-being of adolescents. Objectives: AH-D01	Goal ISV 4: Increase mitigation of Adverse Childhood Experiences (ACE's) as a statewide prevention strategy. Objectives: ISV 4.	Priorities: Mental and Emotional Well-being, page 48 Recommendations: 1 Promote positive early childhood development, including positive parenting and violence-free homes, page 48.	<a href="#">Children's Exposure to Violence: A Comprehensive National Survey</a> , 2009.

## Dixie County Community Health Improvement Plan (CHIP) – 2023-2026

Objective	HP 2020	FSHIP	NPS	Evidence-Based Sources:
<b>Goal 4 – Increase education on substance use prevention, treatment, and support resources available to Dixie County residents.</b>				
<p>4.1 – By December 31, 2026, reduce the percentage of adults who are current smokers from 29.5% (2019) to 28.5%.</p>	<p>Topic: Tobacco Use Goal: Reduce illness, disability, and death related to tobacco use and secondhand smoke. Objectives: TU-01, TU-02, TU-03, TU-13, TU-14</p>	<p>Goal MW 3: Reduce substance use disorders and drug overdose deaths. Objectives: MW 3.2.</p>	<p>Priorities: Tobacco Free Living Recommendations: 1. Support comprehensive tobacco free and other evidence-based tobacco control policies, page 28.  Recommendations: 3 Expand use of tobacco cessation services, page 28.  Recommendations: 4. Use media to educate and encourage people to live tobacco free, page 29.  Key Indicators: Proportion of adults who are current smokers (have smoked at least 100 cigarettes during their lifetime and report smoking every day or some days), page 29.</p>	<p><a href="#">Secondhand Smoke Exposure and the Impact of Smokefree Policies</a>, 2021.  <a href="#">Tobacco Cessation: Change Packet</a>, 2021.  <a href="#">Tobacco Use: Comprehensive Tobacco Control Programs</a>, 2014.  <a href="#">Tobacco Smoking Cessation in Adults, Including Pregnant Persons: Interventions</a>, 2021.  <a href="#">Tobacco Use: Internet-based Cessation Interventions</a>, 2019.  <a href="#">Tobacco Use: Quitline Interventions</a>, 2012.</p>
<p>4.2 – By June 30, 2024, complete the passage of an ordinance by local governmental agencies supporting changes in the Florida Clean Indoor Air Act allowing for local creation of tobacco-free parks and beaches from 0 to 12.</p>	<p>Topic: Health Policy Goal: Use health policy to prevent disease and improve health. Objectives: TU-17</p>	<p>Goal MW 3: Reduce substance use disorders and drug overdose deaths. Objectives: MW 3.1, MW 3.2</p>	<p>Priorities: Tobacco Free Living Recommendations: 1. Support comprehensive tobacco free and other evidence-based tobacco control policies, page 28.  Recommendations: 3 Expand use of tobacco cessation services, page 28.  Recommendations: 4. Use media to educate and encourage people to live tobacco free, page 29.  Key Indicators: Proportion of adults who are current smokers (have smoked at least 100 cigarettes during their</p>	<p><a href="#">Secondhand Smoke Exposure and the Impact of Smokefree Policies</a>, 2021.  <a href="#">Tobacco Use: Smoke-Free Policies</a>, 2012.  <a href="#">Preventing Tobacco Use Among Youth and Young Adults</a>, 2012.</p>

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			<p>lifetime and report smoking every day or some days), page 29.</p> <p>Key Indicators: Proportion of adolescents who smoked cigarettes in the past 30 days, page 29.</p> <p>Key Indicators: Proportion of youth aged 3 to 11 years exposed to secondhand smoke, page 29.</p>	
<p>4.3 – By June 30, 2024, increase the outreach and education opportunities throughout Dixie County that share accurate, reliable, and cohesive information regarding Menthol Cigarettes from 0 (2023) to 5.</p>	<p>Topic: Tobacco Use Goal: Reduce illness, disability, and death related to tobacco use and secondhand smoke. Objectives: TU-01, TU-03</p>	<p>Goal MW 3: Reduce substance use disorders and drug overdose deaths. Objectives: MW 3.2</p>	<p>Healthy Priorities: Tobacco Free Living, page 28.</p> <p>Recommendations: 1. Support comprehensive tobacco free and other evidence-based tobacco control policies, page 28.</p> <p>Recommendations: 3 Expand use of tobacco cessation services, page 28.</p> <p>Recommendations: 4. Use media to educate and encourage people to live tobacco free, page 29.</p> <p>Key Indicators: Proportion of adults who are current smokers (have smoked at least 100 cigarettes during their lifetime and report smoking every day or some days), page 29.</p> <p>Key Indicators: Proportion of adolescents who smoked cigarettes in the past 30 days, page 29.</p>	<p><a href="#">Secondhand Smoke Exposure and the Impact of Smokefree Policies</a>, 2021.</p> <p><a href="#">Tobacco Use: Smoke-Free Policies</a>, 2012.</p> <p><a href="#">Preventing Tobacco Use Among Youth and Young Adults</a>, 2012.</p>
<p>4.4 – By June 30, 2024, adopt into School Board Policy SB8.32 the</p>	<p>Topic: Tobacco Use Goal: Reduce illness, disability,</p>	<p>Goal MW 3: Reduce substance use disorders and</p>	<p>Healthy Priorities: Tobacco Free Living, page 28.</p>	<p><a href="#">Tobacco Use: Smoke-Free Policies</a>, 2012.</p>

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prohibition of the acceptance of tobacco industry gifts and curriculum.	and death related to tobacco use and secondhand smoke. Objectives: TU-04, TU-06, TU-20	drug overdose deaths. Objectives: MW 3.1	Recommendations: 1. Support comprehensive tobacco free and other evidence-based tobacco control policies, page 28.  Key Indicators: Proportion of adolescents who smoked cigarettes in the past 30 days, page 29.	<a href="#">Preventing Tobacco Use Among Youth and Young Adults</a> , 2012.
4.5 – By June 30, 2025, lower the Students Who Have Used Cigarettes, Cigars, Hookah, Electronic Vapor Products, Flavored Cigarettes or Flavored Cigars in the Past 30 Days from 28.5% to 26.5%.	Topic: Tobacco Use Goal: Reduce illness, disability, and death related to tobacco use and secondhand smoke. Objectives: TU-04, TU-06, TU-20	Goal MW 3: Reduce substance use disorders and drug overdose deaths. Objectives: MW 3.1	Healthy Priorities: Tobacco Free Living, page 28.  Recommendations: 1. Support comprehensive tobacco free and other evidence-based tobacco control policies, page 28.  Key Indicators: Proportion of adolescents who smoked cigarettes in the past 30 days, page 29.	<a href="#">Secondhand Smoke Exposure and the Impact of Smokefree Policies</a> , 2021.  <a href="#">Tobacco Cessation: Change Packet</a> , 2021.  <a href="#">Tobacco Use: Comprehensive Tobacco Control Programs</a> , 2014.  <a href="#">Tobacco Smoking Cessation in Adults, Including Pregnant Persons: Interventions</a> , 2021.  <a href="#">Tobacco Use: Internet-based Cessation Interventions</a> , 2019.  <a href="#">Tobacco Use: Quitline Interventions</a> , 2012.

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