

### **Letter of Community Commitment**

Dear Community Partners and Residents,

In response to the continuously evolving landscape of health priorities within our community, residents and partners are encouraged to collaborate in creating an updated Community Health Needs Assessment (CHNA) and Community Health Improvement Plan (CHIP) every five years. We as a community have made great strides in addressing the health priorities from the 2018 CHNA and CHIP process, and we are excited to expand upon these efforts as the opportunity to further improve the health of our residents continues.

Sumter County remains committed to improving the overall quality of life for residents. Over the next five years, we plan to improve our health for a lifetime. The objective is to address access to health resources and behavioral health across the lifespan, focusing on a comprehensive approach to prevention and treatment for residents of all ages. The partnerships will align programs and policies with the larger movement to create a more effective synergy of efforts to change the health outcomes by addressing these priorities within the community.

As you read through this report, I urge you to find a place in your local community to connect and actively make a difference where families live, work, play and learn. Please visit our website at <a href="https://www.sumter.floridahealth.gov">www.sumter.floridahealth.gov</a> where you will find specific opportunities and tools to learn more about creating a culture of health. While the CHIP is a community-driven and collectively owned health improvement plan, the Florida Department of Health in Sumter County is charged with providing administrative support, tracking, collecting data, and preparing the annual review report.

Thank you to our community partners for participating and providing valuable insights to collaboratively improve public health across Sumter County. We hope you find this community health improvement plan informative and useful as we work together on specific issues, programs, campaigns, and achievements that impact our community. Want to join us? Reach out to AskSumter@FLHealth.gov to learn more about how to get involved.

Sincerely,

Sanford D. Zelnick, D.O., M.S., Director Florida Department of Health in Sumter County

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# What is a Community Health Improvement Plan (CHIP)?

A Community Health Improvement Plan (CHIP) is a strategic roadmap developed by local health departments in collaboration with community stakeholders to address public health issues and improve the overall health and well-being of a community. It typically involves a comprehensive assessment of community health needs, identification of priority areas, and the development of strategies and actions to address those needs.

The National Association of County and City Health Officials (NACCHO) offers a framework known as Mobilizing for Action through Planning and Partnerships (MAPP) 2.0 to guide this process. MAPP 2.0 emphasizes community engagement, data-driven decision-making, and collaboration among various sectors such as healthcare, education, and government. In Sumter County, implementing MAPP 2.0 has had a significant impact by fostering partnerships, enhancing communication, and aligning resources to tackle key health challenges effectively. Through MAPP 2.0, Sumter County has been able to prioritize initiatives, allocate resources efficiently, and measure progress toward achieving better health outcomes for its residents.

To drive health improvement and enhance the performance of Sumter County's public health system, a diverse group of partners was assembled across public and private sectors to create a practical roadmap that enables and informs meaningful action. A collaborative process was deployed to promote inclusion and foster shared ownership of an actionable plan. This plan included performing assessments which formed the Community Health Needs Assessment (CHNA), identifying priority health areas, and defining goals and objectives for advancing the health of Sumter County. This process culminated in the development of Sumter County CHIP, which serves as a five-year blueprint for driving efficient and targeted collective action to enhance public health.

# Overview of the Full Cycle of a CHNA & CHIP Process

Sumter County and community partners will execute the CHIP.



CHNA identifies key unmet health needs and issues within a specific geographic area through systematic, comprehensive data collection and analysis.



A CHIP is a long-term, systematic effort to address public health problems based on the results of a CHNA.



Helps communities identify the health priorities of the individuals they serve.

Confirms that services available align with the needs of the community.

**CHNA** 

Fosters collaboration among community partners.



Provides a multi-year road map for how to address the priorities identified through the CHNA.

Coordinates resources of hospitals and community partners in a systematic manner.

**CHIP** 

Delineates the roles of partners in working to improve the health of the community.





Implementation of the CHIP

Refined as needed to continually adapt to and meet the needs of the community.

Incorporate additional resources as identified that may assist in the execution of the plan.

Sumter County's approach to both the CHNA and CHIP demonstrates a continued commitment to health equity in alignment with organizational strategic initiatives from the State of Florida and the Public Health Accreditation Board.

In an effort to drive health improvement and enhance the performance of Sumter County's public health system, leadership across the county assembled a diverse group of partners from various organizations to create a practical roadmap that enables and informs meaningful action.

This collaborative process was deployed to promote inclusion and foster shared ownership of an actionable plan, which included compiling an assessment of the county's health, identifying priority health areas, and defining goals and objectives for advancing the health of Sumter County.

# The Community Health Improvement development process included partners throughout each phase.

With the priority health areas determined, the Sumter County MAPP Steering Committee created priority area taskforces and tasked them with identifying impactful goals for each of the two priority health areas. Proposed goals were presented by taskforce Chairs to the MAPP Steering Committee for approval.

Once priority area goals were aligned, the taskforces gathered to define specific, measurable, achievable, realistic, time-bound, inclusive, and equitable (SMARTIE) objectives for each priority area's goal. After a series of meetings, the MAPP Steering Committee reached consensus on goals and objectives for each priority area that will ultimately outline the path forward for enhancing the health of Sumter County.

Taskforce partners will track and report metrics toward implementation of the CHIP over the course of the five-year plan. This includes meeting quarterly to discuss progress and identification of actionable solutions or revisions to increase the effectiveness of the CHIP.

Taskforces will recommend enhancements to the plan to the MAPP Steering Committee who will, at a minimum, meet twice per year to monitor progress and once per year to revise the plan. The process of collective monitoring, status reporting and continuous improvement will ensure the plan remains relevant and effective.

# Health Priorities identified in the CHNA

Access to Health Resources
Behavioral Health



#### Plan Implementation Strategies

Engage stakeholders (see apendix)

Align strategies with existing interventions being led by the hospital and other organizations

Identify collaborative strategies to increase potential for impact

Select strategies to address priority areas

Set goals and objectives for the implenmentation strategies



#### Seek Feedback & Gain support

Conduct stakeholder meetings with each priority group



### **Approval**

Community Health Initiative Steering Commitee

## **Sumter County**

Sumter County lies at the heart of Florida, covering an area of 557.1 square miles and ranking as the 51st largest county in the state. It shares borders with Pasco, Marion, Citrus, Polk, Lake, and Hernando counties. As of 2023, the county's population stood at 131,832, with a median age of 68.1 and a median household income of \$70,105.00. Within this community, various neighborhoods boast differing populations. The neighborhood with the highest population hosts over 52,700 residents, while the one with the lowest comprises around 788 people.

These population variances can significantly impact the community. Neighborhoods with higher populations may strain resources like schools, healthcare facilities, and public services, potentially leading to longer wait times and restricted access to these vital resources. Conversely, neighborhoods with lower populations may face challenges in accessing amenities, services, and opportunities.

Recognizing these population differences is vital for community leaders and policymakers to pinpoint areas requiring additional resources and support. This ensures all residents enjoy an equitable and inclusive experience within the community.



### **Sumter County**

In Sumter County, Florida, there exists a distinctive distribution of population across various age groups, contributing to its status as the county with the highest median age in the United States, standing at 68.3 (Source: ACS). Data from the US Census Bureau ACS 5-year survey spanning 2018-2022 reveals that the largest age cohort in Sumter County comprises individuals aged between 65 and 74 years, constituting 31.6% of the population.

This underscores the significantly older demographic makeup of Sumter County. The second largest age group encompasses individuals aged 75 and above, accounting for 21.1% of the population.

Understanding the generational impact is paramount. Demographic trends in Sumter County indicate a simultaneous increase in the elderly population and a decline in younger age groups.

This trend suggests potential challenges related to an aging workforce and potential strains on healthcare and social services. According to the US Census Bureau ACS 5-year survey data for 2018-2022, Sumter County exhibits the lowest percentage of population in the labor force, standing at 24.5%, compared to the average for other Florida counties (Florida average = 52.31%).







### The Connection

Social Determinates of Health, Personal Behaviors, and Health Outcomes

Poor health outcomes, higher rates of disease and overall higher total deaths are the result of a complex interaction of multiple factors. Inadequate access to quality healthcare contributes to 10% of poor health and premature death while unhealthy behaviors account for 40% of illnesses and premature death in the United States. Smoking, unhealthy dietary practices, physical inactivity, and excessive alcohol consumption are the biggest contributors to chronic disease, premature deaths and disability in Florida and our nation.

Altering these unhealthy personal behaviors will dramatically improve Sumter County's health status but people do not make health decisions and behavior choices in isolation. Personal health decisions are made within a larger and complex set of social and physical surroundings, including the people around them; the places they live, work, learn, play, and gather; the options available to them; and practices of their peers.

Even those with the healthiest of intentions may be quite limited in the choices they are able to make. How a person interacts with their social and physical surroundings is shaped by one's individual and socioeconomic characteristics such as gender, race/ethnicity, educational attainment, income level, housing condition, and geographic attributes.

For example, people with lower educational attainment are more likely to struggle to support themselves and their families due to unstable employment and low income. They typically spend a significant portion of their income to pay for housing, which takes away money for nutritious food for them and their family. Living in a low-income neighborhood with high crime rates and limited access to safe places for physical activity, affordable and healthy food, and high-quality healthcare contributes to a range of negative health outcomes.

These negative health outcomesinclude high stress levels, tobacco and alcohol addiction, physical inactivity, unhealthy diet, and delays in seeking preventive care and medical treatment. These unhealthy behaviors may lead to heart disease, stroke, cancer, diabetes, depression and many other health and social problems.

Inadequate access to quality healthcare contributes to 10% of poor health and premature death while unhealthy behaviors account for 40% of illnesses and premature death in the United States.



In Sumter County, adults report experiencing poor mental health for an average of 4.3 days, out of 30 days, a rate higher than the state average. Additionally, there's a shortage of clinical care providers, leading to a higher ratio of residents to care providers compared to the state average among Florida's 67 counties. This is especially evident with mental/behavioral health providers. In 2023, Sumter County only held a rate of 45 mental/behavioral health providers per 100,000 residents compared to Florida's average of 121.8 per 100,000(FL Charts)

# Engagement of Internal & External Partners

Sumter County's MAPP Steering Committee, created in 2011 as an evolution of the Community Health Needs Assessment, is a collective impact initiative created to unite and align resources to improve health equity and outcomes of the residents of Sumter County.

The Sumter County MAPP Steering Committee works by engaging businesses, civic leaders, non-profit, healthcare providers, educational partners, and faith-based organizations across the county to identify a common agenda; establish shared measurements foster mutually reinforcing activities; and encourage continued communication.

The Sumter County MAPP Steering Committee collaborative will continue to conduct a CHNA every five years to assess progress and directions toward meeting the vision of every Sumter County resident living well and thriving.

We would like to recognize our 2024 members who engaged in the development and implementation of the CHIP for their contributions to our collective impact effort:

Alzheimer's Association
Connie Storms

Be Free Lake Delrita Meisner

CareerSource Central

Florida Dyana Burke Gustavo Henriquez

Kaz Kasal Pamela Nabors

City of Bushnell Kelly Marcoux

City of Coleman Ruth Busby

Community Resident Nikita Goodson

Coping With Dementia Deb Selsavage

Dangers of Tobacco William Cousins

Department of Juvenile Justice

Ryan Dorenbush

E3 Family Solutions, Inc Darla Huddleston Wendi Hileman Early Learning Coalition
Sandra Woodard

First Assembly of God

Patsy

Florida Department of Children

and Families
Joelle Aboytes

Healthy Start Blaire Cope

Hobby Horse Day Care

Charese Gage

Lake-Sumter State College Christopher Leibner Minerva Haugabrooks

Langley Health Services Rebecca Hallman

LifeStream Behavioral Health

BE Thompson Jacob Temple Susan Lake

LuvExtension Linda Krupski

Mid Florida Homeless Coalition

Amber Tucker Barbara Wheeler Parsons Circle Community Outreach Mildred Milligan

Red Cross

Steve Thompson

Sumter County Emergency Management Dave Casto

Sumter County School District Casey Ferguson Eric Suber

Sumter County Sheriff's Office Beth Hunt Robert Siemer Sharon Howard

Salvation Army Daphne Simmons

Select Specialty Hospital Joel Ernst

Splendidly Made LLC/Local ARPN Denise McChandler

Sumter CAP Coalition Rozanne Grady

Sumter County Board of County Commissioners Bradley Arnold Stephen Kennedy Sumter County Clerk's

Office Erin Munz

Suwannee River AHEC

Carla Roman

The Haven of Lake & Sum-

ter Counties Rebecca Teston

The Villages Health Amy Wixted

The Villages Public Safety

Kara Watts

Kenneth Wannen Lt. John Longacre

UF Health
Carla VandeWeerd

cana randerreera

UF Health Central Florida Charlotte Martin

UF Health The Villages Phyllis Baum

Wildwood City Government Melissa Tuck

Wildwood Police Department Roni Wood

Young Artists Beverly Steele Florida Department of Health in Sumter County

Julia Hayes

Keith Hunter

Vicki Bergeron

Eric Witzgall

Olivia Ellard

Megan McCarthy

**Brittney McCann** 

**Mackenzie Stewart** 

Robbin Washburn

Berina Fern

**Chloe Castrodad** 

**Emily Mask** 

Candice Sibilia

**Amanda Jones** 

**Anita Spivey** 

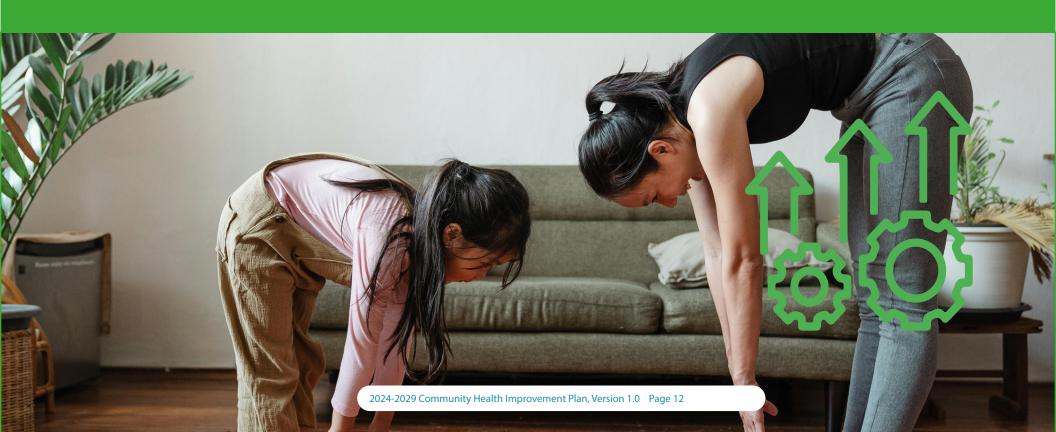
Leah Caldi-Rayno

**Barry Martina** 



# 2024-2029 CHIP Health Priorities

Access to Healthcare Resources Behavioral Health



# Health Priority: Access to Healthcare Resources

Access must be defined more broadly as ensuring that all people have the opportunity to get the medical, public health, and social services they need to live healthier lives. Building a culture of health means that people are able to access high-quality, affordable care to prevent or treat medical issues that may arise.

Enhancing access to healthcare resources necessitates effective interagency collaboration and communication.

Caregiver support must be improved by utilizing existing resources and creating new ones to mitigate risk factors and enhance health outcomes. Prioritizing health literacy, nutrition, and emergency response preparedness alongside comprehensive caregiver support strategies can significantly elevate overall quality of life.

Access to healthcare resources is a critical health priority for Sumter County, as evidenced by significant disparities in healthcare provider ratios compared to state averages.

With 2,570 residents per primary care physician, 3,010 residents per dentist, and a staggering 1,940 residents per mental health provider, Sumter County faces considerable challenges in ensuring adequate access to essential healthcare services.

These statistics highlight a pressing need for improved healthcare infrastructure and resources within the county. Furthermore, addressing these disparities is essential for addressing social determinants of health (SDoH) and promoting health equity. As emphasized by national sources, such as the Centers for Disease Control and Prevention (CDC) and the World Health Organization (WHO), equitable access to healthcare is fundamental for achieving optimal health outcomes and reducing health disparities.

By addressing access to healthcare resources, Sumter County can work towards improving the overall health and well-being of its residents, mitigating the impact of social determinants of health, and fostering a healthier community for all.

Clinical Care Provider	Sumter County	Florida
Primary Care Physicians	2,570:1	1,380:1
Dentist	3,010:1	1,580:1
Mental Health Providers	1,940:1	510:1

#### AREA OF FOCUS FROM CHNA

**Availability of Services** 

Individuals with all types of insurance lack easy access to primary care services, which connects patients to services

#### **CHIP STRATEGIES**

Strengthen Community Health Advocacy

Enhance community outreach and education initiatives to raise awareness about available healthcare resources and empower residents to advocate for their health needs.



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### Health Priority: Behavioral Health

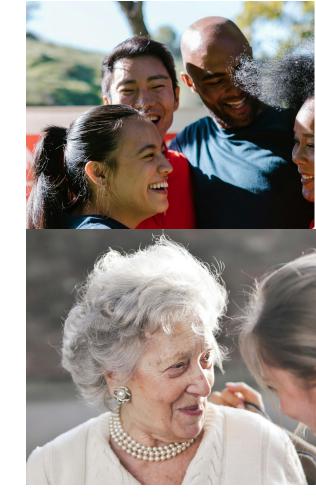
Behavioral health encompasses mental illness, substance abuse, and human trafficking, making it a critical health priority for Sumter County. Mental and emotional well-being enables individuals to realize their own abilities, cope with the normal stresses of life, work productively, and contribute to his or her community. By addressing stigma, literacy issues, and expanding access to behavioral health resources, risks associated with behavioral health can be mitigated, improving overall health outcomes.

Behavioral health is a crucial health. priority for Sumter County due to its significant impact on overall well-being and the prevalence of mental health challenges within the community. According to national data, mental health disorders affect approximately one in five adults in the United States, with rates of depression, anxiety, and substance abuse on the rise. In Sumter County, the need for addressing behavioral health is underscored by local data revealing a high ratio of 1,940 residents per mental health provider. This scarcity of mental health professionals highlights the urgent need to prioritize behavioral health initiatives. Addressing behavioral health aligns with the recognition of social determinants of health (SDoH) as influential factors in

community well-being. Individuals facing economic instability, inadequate housing, or social isolation are more susceptible to mental health challenges. Therefore, strategies aimed at improving behavioral health must consider and address these underlying social determinants.

To tackle these challenges, Sumter County can implement targeted strategies such as developing and implementing behavioral health awareness campaigns. These campaigns should aim to increase community understanding of behavioral health, reduce stigma surrounding mental illness, and raise awareness of available resources and support services. By partnering with local organizations, healthcare providers, and community leaders, Sumter County can effectively disseminate information and promote access to mental health resources.

Expanding behavioral health engagement with providers is another crucial strategy. By increasing providers' awareness of behavioral health issues and available resources, Sumter County can enhance the delivery of mental health services within the community. This includes providing training opportunities, workshops, and resources to equip healthcare providers with the knowledge and skills necessary to address behavioral health concerns effectively.





National resources such as the Substance Abuse and Mental Health Services Administration (SAMHSA) emphasize the importance of integrating behavioral health into primary care settings and promoting community-based approaches to mental health care. By implementing these evidence-based strategies and leveraging local partnerships, Sumter County can address the behavioral health needs of its residents, reduce disparities, and foster a healthier and more resilient community.

While Sumter County has not recorded any human trafficking cases, it's crucial to remain vigilant as this issue is on the rise statewide in Florida. Increasing awareness and resources for combating human trafficking is essential to prevent its occurrence within the county. Human trafficking not only poses a severe threat to individual victims but also undermines the safety and well-being of communities.

By partnering with statewide initiatives and organizations dedicated to combating human trafficking, Sumter County can enhance its capacity to identify and respond to potential cases, provide support to victims, and raise awareness among residents. The Florida Coalition Against Human Trafficking provides valuable resources and training opportunities for communities to address this pressing issue and safeguard vulnerable individuals. Through proactive measures and collaborative efforts, Sumter County can contribute to the broader effort of combating human trafficking and ensuring the safety and dignity of all its residents.

### Areas of Focus from CHNA

**Insufficient Services** 

For individuals of all ages, there is a lack of behavioral health services in our community across all acuity levels.

Extended wait times present challenges especially in crisis. Capacity constraints due to a lack of clinicians.

Capacity constraints due to a lack of clinicians trained in human trafficking. **Concerns Among Youth** 

In adolescents, there is increased anxiety and depression.

**Concerns Among Adults** 

Mental health issues for adults were exacerbated by the pandemic. Providers have noticed an increase in substance abuse. Increased isolation, anxiety and fear have also been observed in older adults.

### **CHIP Strategies**

Develop and Implement Behavioral Health Awareness Campaigns:

Launch community-wide campaigns aimed at increasing behavioral health literacy, reducing stigma, and promoting awareness of available resources and support services in Sumter County.

Expand Behavioral Health Engagement with Providers:

Increasing providers awareness of behavioral health knowledge in the community.

# Appendices

Appendix A: Access to Healthcare Resources

Appendix B: Behavioral Health Appendix C: Alignment Table



### Appendix A: Access to Healthcare Resources

Strategy 1: Strengthen Community Health Advocacy: Enhance community outreach and education initiatives to raise awareness about available healthcare resources and empower residents to advocate for their health needs.

Objectives	Workgroup Members	Data Source	Baseline Value	Target Value
AC 1.1 Increase the amount of community partners utilized to distribute a comprehensive healthcare resource guide from 1 to 15 by December 31, 2024.	Chloe Castrodad (DOH-Sumter Health Education), Berina Fern (DOH-Sumter Health Education), Emily Mask (DOH-Sumter Health Education)	Internal Tracking Spreadsheet	1	15
AC 1.2 Utilize partners to organize 1 community event focused on health advocacy skills, navigating healthcare systems, and understanding healthcare rights from a baseline of 0 by December 31, 2025.	Wendi Hileman (E3 Family Solutions), Darla Huddleston (E3 Family Solutions), Rozanne Grady (Sumter Community Action Partnership [CAP])	Internal Tracking Spreadsheet	0	1
AC 1.3 Host 2 annual medication review events in the community from a baseline of 0 to increase access to pharmaceutical care by December 31, 2025.	Brittney McCann (DOH-Sumter Epidemiology)	Internal Tracking Spreadsheet	0	2
AC 1.4 Increase the number of customized resource lists created for residents from 37 to 200 by January 1, 2026.	Brittney McCann (DOH-Sumter Epidemiology)	Internal Tracking Spreadsheet	37	200
AC 1.5 Increase the number of crisis intervention specialists providing direct referrals to health services at the Sumter County Sheriff's Office from 2 to 4 by December 31,2024.	Sharon Howard (Sumter County Sheriff's Office)	Number of filled positions	2	4

### Appendix B: Behavioral Health

Strategy 1. Develop and Implement Behavioral Health Awareness Campaigns: Launch community-wide campaigns aimed at increasing behavioral health literacy, reducing stigma, and promoting awareness of available resources and support services in Sumter County

Objectives	Workgroup Members	Data Source	Baseline Value	Target Value
BH 1.1 Increase the number of annual social media posts by community partners aimed to reduce stigma and promote awareness of available behavioral health resources from 3 to 4 by December 31, 2024.	Roni Wood (Wildwood Police Department)	Social media/ Internal Tracking Spreadsheet	3	4
BH 1.2 Collaborate with community partners to host 1 Mental Health First Aid training to local law enforcement, school staff, and healthcare professionals by December 31, 2024.	Charlotte Martin (UF Health Central Florida), Rebecca Hallman (Lang-ley Health Services), Susan Lake (Lifestream)		0	1
BH 1.3 Collaborate with community partners to host 1 Mental Health Summit for the Aging Population by December 31, 2025	Charlotte Martin (UF Health Central Florida), Rebecca Hallman (Lang- ley Health Services), Susan Lake (Lifestream)	Internal Tracking Spreadsheet	0	1
BH 1.4 Collaborate with community partners to host a mental health education series to community members by December 31, 2026.	Charlotte Martin (UF Health Central Florida), Rebecca Hallman (Lang- ley Health Services), Susan Lake (Lifestream)	Internal Tracking Spreadsheet	0	1
BH 1.5 Collaborate with The Villages Social Clubs to implement 1 intervention targeting stroke survivors and their caregivers to promote behavioral health wellness from a baseline of 0 to 1 by December 31, 2024.	TBA (The Villages Clubs), Susan Lake (Lifestream)	Internal Tracking Spreadsheet	0	1

Strategy 2: Expand Behavioral Health Engagement with Providers: Increasing providers awareness of behavioral health knowledge in the community.

Objectives	Workgroup Members	Data Source	Baseline Value	Target Value
BH 2.1 Administer an annual survey to Sumter County providers regarding awareness of behavioral health knowledge in the community from a baseline of 0 to 1 by December 31, 2024.	Mackenzie Stewart, Megan McCarthy (DOH-Sumter Epidemiology) Carla VandeWeerd (UF Health)	Baseline survey/ gap analysis, SurveyMonkey	0	1
BH 2.2 Collaborate with partners to develop a training program aimed at enhancing behavioral health education with existing healthcare providers from a baseline of 0 to 1 by December 31, 2025.	Charlotte Martin (UF Health Central Florida ) Rebecca Hallman (Langley Health Services) Susan Lake (Lifestream)	Internal Tracking Spreadsheet	0	1
BH 2.3 Increase the amount of Deterra and/or Dispose RX drug deactivation systems distributed as part of the "En- couraging Communities to be Family Friendly" efforts from 4,925 to 6,000 by December 31, 2025.	Wendi Hileman, Darla Huddleston (E3 Family Solutions) Rozanne Grady (Sumter Community Action Partnership [CAP])	E3 Family Solutions Annual Report	4925	6000
BH 2.4 Increase the amount of Sumter County youth exposed to Human Trafficking Prevention education from 40 to 200 by December 31, 2025.	Wendi Hileman (E3 Family Solutions), Darla Huddleston (E3 Family Solutions), Rozanne Grady (Sumter Community Action Partnership [CAP])	E3 Family Solutions Annual Report	40	200
BH 2.5 Increase the amount of Sumter County adults exposed to Human Trafficking Preven- tion education from 50 to 300 by December 31, 2025.	Wendi Hileman (E3 Family Solutions), Darla Huddleston (E3 Family Solutions), Rozanne Grady (Sumter Community Action Part- nership [CAP])	E3 Family Solutions Annual Report	50	300

## Appendix C: Alignment Table

DOH-Sumter Objective	State Health Improvement Plan Goals	National: Healthy People 2030 Goal	National: Robert Wood Johnson County Health Ranking	Local: Other
BH 1.1 Increase the number of annual social media posts by community partners aimed to reduce stigma and promote awareness of available behavioral health resources from 3 to 4 by December 31, 2024.	MW4: Reduce suicide behaviors and deaths	Health Conditions>Men- tal Health and Mental Disorders>Improve men- tal health.	Health Factors> Clinical Care>Access to Care>- Mental Health Providers  Health Factors>Social & Economic Factors>Com- munity Safety>Suicides	
BH 1.2 Collaborate with community partners to host 1 Mental Health First Aid training to local law enforcement, school staff, and healthcare professionals by December 31, 2024.	MWI: Reduce the impact of adult mental, emotional, and behavioral health disorders.  MW2: Reduce the impact of pediatric mental, emotional, and behavioral health disorders.	Health Conditions>Men- tal Health and Mental Disorders>Improve men- tal health.	Health Factors>Clinical Care>Access to Care>- Mental Health Providers	
BH 1.3 Collaborate with community partners to host 1 Mental Health Summit for the Aging Population by December 31, 2025.	MWI: Reduce the impact of adult mental, emotional, and behavioral health disorders.	Health Conditions>Men- tal Health and Mental Disorders>Improve men- tal health.	Health Outcomes>Quality of Life>Poor Mental Health Days  Health Outcomes>Quality of Life>Frequent Mental Distress	

DOH-Sumter Objective	State Health Improvement Plan Goals	National: Healthy People 2030 Goal	National: Robert Wood Johnson County Health Ranking	Local: Other
BH 1.4 Collaborate with community partners to host a mental health education series to community members by December 31, 2026.	MW1: Reduce the impact of adult mental, emotional, and behavioral health disorders.	Health Conditions>Men- tal Health and Mental Disorders>Improve men- tal health.	Health Outcomes>Qual- ity of Life>Poor Mental Health Days  Health Outcomes>Qual- ity of Life>Frequent Men- tal Distress	
BH 1.5 Collaborate with The Villages Social Clubs to implement 1 inter- vention targeting stroke survivors and their care- givers to promote be- havioral health wellness from a baseline of 0 to 1 by December 31, 2024.	AD3: Enhance support for those living with Alzheimer's disease and related dementias and their caregivers	Health Conditions>De- mentias> Improve health and quality of life for people with dementia, including Alzheimer's disease.	Health Outcomes>Quality of Life>Poor Mental Health Days  Health Outcomes>Quality of Life>Frequent Mental Distress	
BH 2.1 Administer an annual survey to Sumter County providers regarding awareness of behavioral health knowledge in the community from a baseline of 0 to 1 by December 31, 2024.	MWI: Reduce the impact of adult mental, emotional, and behavioral health disorders.  MW2: Reduce the impact of pediatric mental, emotional, and behavioral health disorders.	Health Conditions>Mental Health and Mental Dis- orders>Improve mental- health.	Health Outcomes>Qual- ity of Life>Poor Mental Health Days  Health Outcomes>Qual- ity of Life>Frequent Men- tal Distress	

DOH-Sumter Objective	State Health Improvement Plan Goals	National: Healthy People 2030 Goal	National: Robert Wood Johnson County Health Ranking	Local: Other
BH 2.2 Collaborate with partners to develop a training program aimed at enhancing behavioral health education with	MW1: Reduce the impact of adult mental, emotional, and behavioral health disorders.	Health Conditions>Men- tal Health and Mental Disorders>Improve men- tal health.		
existing healthcare providers from a baseline of 0 to 1 by December 31, 2025.	MW2: Reduce the impact of pediatric mental, emotional, and behavioral health disorders.	Settings and Sys- tems>Health care>Im- prove health care.		
BH 2.3 Increase the amount of Deterra and/or Dispose RX drug deactivation systems distributed as part of the "Encouraging Communities to be Family Friendly" efforts from 4,925 to 6,000 by December 31, 2025.	MW 3: Reduce substance use disorders and drug overdose deaths.	Health behaviors>Drug and Alcohol use>Reduce misuse of drugs and alcohol	Health Factors>Health Behaviors>Alcohol and Drug Use>Drug Overdose Deaths	
BH 2.4 Increase the amount of Sumter County youth exposed to Human Trafficking Prevention education from 40 to 200 by December 31, 2025.	ISV 3: Prevent or reduce injuries in vulnerable populations	Health Behaviors>Vio- lence Prevention> Prevent violence and related inju- ries and deaths.	Social & Economic Factors>Community Safety>Injury Deaths	

DOH-Sumter Objective	State Health Improvement Plan Goals	National: Healthy People 2030 Goal	National: Robert Wood Johnson County Health Ranking	Local: Other
AC 1.1 Increase the amount of community partners utilized to distribute a comprehensive healthcare resource guide from 1 to 15 by December 31, 2024.	AC 1.1 Increase the amount of community partners utilized to distribute a comprehensive healthcare resource guide from 1 to 15 by December 31, 2024. SEC 2: Improve access to high-quality health care services for all across the lifespan.	Settings and Systems>Health care>Improve health care.	Health Factors>Clinical Care>Access to Care>Pri- mary Care Physicians  Health Factors>Clinical Care>Access to Care>Other Primary Care Providers  Health Factors>Clinical Care>Access to Care>Men- tal Health Providers	
AC 1.2 Utilize partners to organize I community event focused on health advocacy skills, navigating healthcare systems, and understanding healthcare rights from a baseline of 0 by December 31, 2025.	SEC 2: Improve access to high-quality health care services for all across the lifespan.	Settings and Sys- tems>Health care>Im- prove health care.	Health Factors>Clinical Care>Access to Care>Pri- mary Care Physicians  Health Factors>Clinical Care>Access to Care>Other Primary Care Providers  Health Factors>Clinical Care>Access to Care>Men- tal Health Providers	
AC 1.3 Host 2 annual medication review events in the community from a baseline of 0 to increase access to pharmaceutical care by December 31, 2025.	SEC 2: Improve access to high-quality health care services for all across the lifespan.	Settings and Sys- tems>Health care>Im- prove health care.		Sumter County Able, Stable, & Well Evaluation Plan: Process Measures

DOH-Sumter Objective	State Health Improvement Plan Goals	National: Healthy People 2030 Goal	National: Robert Wood Johnson County Health Ranking	Local: Other
AC 1.4 Increase the number of customized resource lists created for residents from 37 to 200 by January 1, 2026.	SEC 2: Improve access to high-quality health care services for all across the lifespan.	Settings and Sys- tems>Health care>Im- prove health care.	Health Factors>Clinical Care>Access to Care>Pri- mary Care Physicians  Health Factors>Clinical Care>Access to Care>Other Primary Care Providers  Health Factors>Clinical Care>Access to Care>Men- tal Health Providers	Sumter County Able, Stable, & Well Evaluation Plan: Pro- cess Measures
AC 1.5 Increase the number of crisis intervention specialists providing direct referrals to health services at the Sumter County Sheriff's Office from 2 to 4 by December 31,2024.	MWI: Reduce the impact of adult mental, emotional, and behavioral health disorders.  MW2: Reduce the impact of pediatric mental, emotional, and behavioral health disorders.	Health Conditions>Men- tal Health and Mental Disorders>Improve men- tal health.	Health Factors>Clinical Care>Access to Care>Men- tal Health Providers	







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Join us on a journey of empowerment and resilience as we navigate the intricate intersections of health, equity, and justice. Together, let us build a future where every individual has the opportunity to thrive