

# **Statewide Drug Policy Advisory Council Meeting Minutes**

Wednesday, August 28, 2024 2:00 p.m. EST Hybrid

#### Welcome/Introductions:

Joseph A. Ladapo, MD, PhD, State Surgeon General, opened the Statewide Drug Policy Advisory Council (Council) meeting. Dr. Ladapo thanked all members of the Council, designated appointees, and other participants for their continued partnership in this critical work. Introduction of new members and roll call was completed by advisory staff.

## The following members or designees were in attendance:

- Joseph A. Ladapo, MD, PhD, State Surgeon General, Florida Department of Health (DOH)
- Joe Spataro for Ashley Moody, Office of the Attorney General (OAG)
- Linda Pollard for Commissioner Mark Glass, Special Agent Supervisor, Florida Department of Law Enforcement (FDLE)
- Jeffrey Cece, MS, CPM for Shevaun Harris, Department of Children and Families (DCF)
- Joy Bennink for Secretary Dr. Eric Hall, Department of Juvenile Justice (DJJ)
- Jonathan Stephens for Commissioner Manny Diaz, Jr., Department of Education (DOE)
- Amy Vanness for Ricky Dixon, Department of Corrections (DOC)
- Doug Simon, Office of Policy and Budget (OBP)
- Captain Ryan Martina for Dave Kerner, Department of Highway Safety and Motor Vehicles (DHSMV)
- Captain David Rodriguez for Major General John Haas, Department of Military Affairs (DMA)
- Sheriff Peyton Grinnell, Governor Appointee: Drug Enforcement, Lake County Sheriff's Office
- Colonel Chris Rule for Sheriff Chad Chronister, Governor Appointee: Expertise in Drug Enforcement and Substance Abuse Programs and Services, Hillsborough County Sheriff's Office
- Sheriff Chris Nocco, Governor Appointee: Expertise in Drug Enforcement and Substance Abuse Services, Pasco Sheriff's Office
- Aaron Gerson for Judge Steve Leifman, 11th Judicial Circuit Court of Florida
- Peggy Sapp, Governor Appointee: Substance Abuse Prevention, Informed Families
- Melanie Brown-Woofter, Governor Appointee: Substance Abuse Treatment, Florida Behavioral Health Association
- Dean Inserra, Governor Appointee: Faith-Based Substance Abuse Treatment, City Church Tallahassee

## **Guests and Staff:**

L. Barkdale, Florida National Guard Yolanda Bonds, DOH Steven Broadway, DCF Sabrina Brown, DCF Melissa Bujeda, FDLE Jeanette Cherubini, DCF

Jon Conley, DOH Mackenna Davis, Cynergy Consulting LLC

David Devries, DCF Maggie Dilger, DOH

Christina During, DOH Jesseka Forbes, Agency for Health Care Administration (AHCA)

Nichole Fusilier, DCF Andrew Harrell, DJJ Melissa Jordan, DOH Dr. Brett Kirkland, FDLE

Megan Neel, DLE Tina Pettinghill, Groups Recover Together

Concha Prieto, DCF Amanda Regis, DCF

Daniel Rocha, DOH Dr. Kay Roussos-Ross, University of Florida

Anna Simmons, DOH William Young, DHSMV

## **Opening Remarks:**

Dr. Ladapo highlighted the work of the Council and noted National Overdose Awareness Week as well as the Coordinated Opioid Recovery (CORE) Network Program.

#### **Business**

#### 1. Approval of Meeting Minutes:

Joseph Spataro motioned to approve the May 22, 2024, meeting minutes. Jonathan Stephens seconded the motion. All in favor. The minutes were approved.

#### 2. Presentations:

- a. 2023 Interim Report on Drugs Identified in Deceased Persons Brett Kirkland, PhD, FDLE Key trends from the Florida Medical Examiner's Report:
  - Total drug-related deaths dropped by 533 (7%) compared to the first half of 2022.
  - Opioid-related deaths decreased by 470 (11%), while opioid-caused deaths decreased by 321 (10%).
  - Prescription drug-related deaths, defined as persons who died with one or more prescription drugs present, declined by 485 (10%) to 4,241. A total of 2,836 individuals died with at least one prescription drug in their system that was identified as the cause of death, down by 301 deaths (10%).

# Additional findings:

- Cathinones occurrences increased by 221 (105%) and there were 148 more deaths (101% increase), primarily involving N,N-Dimethylpentylone and its metabolite.
- Gabapentin occurrences decreased by 10%, mitragynine by 8%.
- There were 10 occurrences of difluoroethane and 278 of xylazine in January–June 2023.
- b. Treatment of Opioid Use Disorder in Pregnancy Kay Roussos-Ross, MD, University of Florida Dr. Roussos-Ross highlighted that mental health conditions, including suicide and substance use-related deaths, are the leading cause of pregnancy-related deaths, with 100% of these deaths deemed preventable. Key recommendations include:
  - **Screening**: Universal screening for substance use is recommended as all women are at risk. Pregnant women dependent on opioids should be treated with agonist medications (methadone or buprenorphine) rather than withdrawal or abstinence, which may harm the fetus.

#### Treatment:

- o **Opioid-Assisted Treatment**: Methadone/buprenorphine reduces illicit opioid use, risky behaviors, and HIV transmission. Patients on these treatments have a 70% lower mortality rate than untreated opioid users.
  - **Methadone**: Long half-life, high bioavailability, potential sedation, and respiratory depression with repeated doses.
  - Buprenorphine: Partial mu agonist, lowers risk of overdose, less respiratory depression.
- Medically Supervised Withdrawal: Abrupt opioid cessation during pregnancy is not recommended due to risks like preterm labor, fetal distress, and relapse. Withdrawal should be managed slowly, preferably inpatient.
- **Postpartum Care**: Continuous medical care is vital in the 'fourth trimester' (up to a year after childbirth) as postpartum depression affects up to 15% of mothers, with higher rates in minorities and those in poverty.

Access to treatment facilities and postpartum psychosocial support as well as family planning should be provided.

# 3. Review and Updates of Recommendations 7-10

- **a. Recommendation 7:** Live Healthy Act was passed and is being implemented, and DCF will provide an update on Opioid Settlement funds.
- **b. Recommendation 8:** The addition of Council members representing AHCA and the Office of Insurance Regulation is still recommended.
- **c. Recommendation 9:** The Department of Children and Families will send Council staff information on the statewide Recovery Oriented System of Care.
- **d. Recommendation 10:** Continue to support and monitor the implementation of the Baker and Marchman Act laws.

# 4. Adjournment:

Dr. Ladapo asked for a motion to adjourn the meeting. Melanie Brown-Woofter made the motion; the motion was seconded and approved by the Council. The meeting adjourned at 3:21 p.m. EST.